

Welcome to

KURRANULLA ABORIGINAL CORPORATION

Acknowledgement of Country

Naggangbi Gwealgulli Nhuranhung Nhay

Welcome, this is Gweagal People's Land.

Kurranulla Aboriginal Corporation would like to acknowledge the Gweagal People of the Dharawal Nation, the Traditional Owners of the Land on which Kurranulla is located and the Land on which we meet, walk, work and live.

We would like to extend this acknowledgement to Elders; past, present and emerging.

WHO WE ARE

Kurranulla Aboriginal Corporation (KAC) is a not for profit organisation that incorporated on 21st November 1994 under the Aboriginal Councils and Associations Act 1976.

Kurranulla is a drop in centre for local Aboriginal and Torres Strait Islander Community living in the Sutherland Shire and St George areas.

Kurranulla strives to develop closer ties between Aboriginal and non-Aboriginal groups and promote Aboriginal culture.

OUR MISSION

Kurranulla Aboriginal Corporation is dedicated to providing the highest quality services, delivered in a culturally safe and appropriate way, to meet the needs of Aboriginal people and families across South East Sydney, Inner West, St George and Sutherland Shire.

OUR VISION

Our vision at Kurranulla is to provide high-quality culturally appropriate services to achieve meaningful and long-lasting outcomes for the local Aboriginal community living within South East Sydney, Inner West, St George and Sutherland Shire.

As a regional leader, we the Kurranulla Aboriginal Corporation aim for reconciliation, recognition and opportunities to provide better futures for the young and the old, the fortunate, the disadvantaged, for men and women alike.





OUR VALUES AND PHILOSOPHY

OUR VALUES

CONNECTION

We value and recognise the connections to family, country and community

CULTURE

We strive to develop closer ties between Aboriginal and non-Aboriginal groups and promote Aboriginal culture

INTEGRITY

We are honest, ethical and will always do what is right

RESPECT

Guides the way we operate at all levels - with stakeholders, service providers, clients, the community and our own team

EMPOWERMENT

We strive to empower Aboriginal people and their families by providing a number of holistic wrap-around services to meet the needs of community

OUR PHILOSOPHY

Kurranulla Aboriginal Corporation believe in:

- The rights of people to make informed choices and maintain their independence in their own lives
- The rights of people to dignity, respect, privacy and confidentiality
- The rights of people to be valued as individuals
- The rights of people to access services on a non-discriminatory basis, and
- The rights of the community to receive accountable and responsive services.

OUR SERVICES

CHSP

The Commonwealth Home Support Program (CHSP) is currently offered by Kurranulla Aboriginal Corporation, and provides local Aboriginal people, who are 50 years and over and need assistance, with entry-level support services to live independently and safely at home.

Our Support Programs

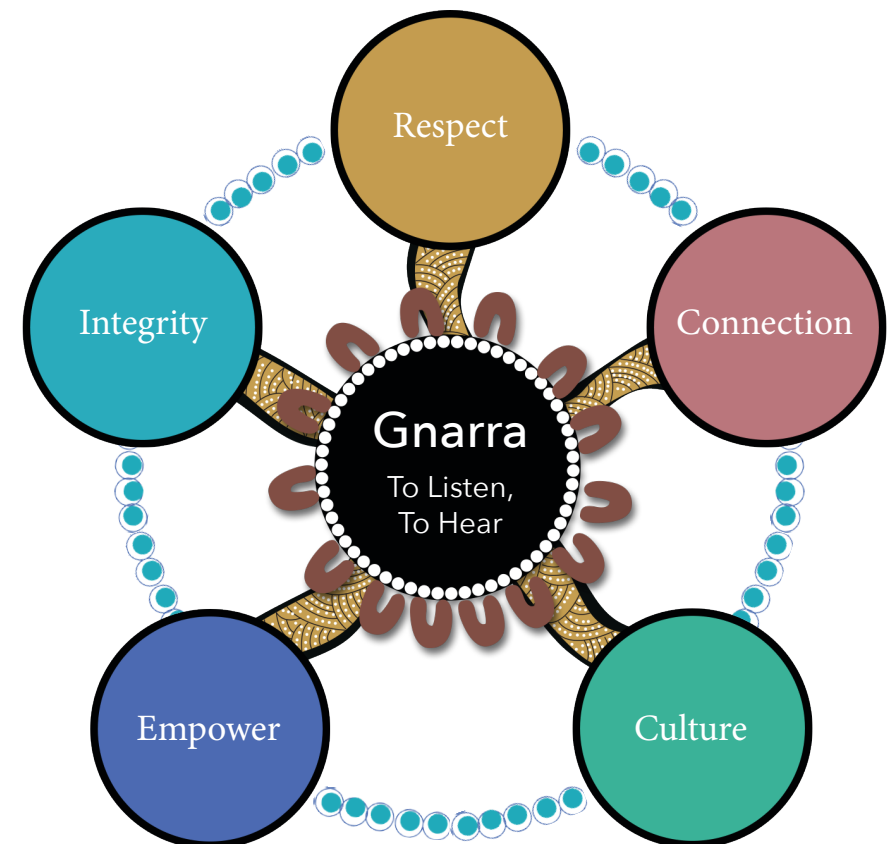
Kurranulla Aboriginal Corporation provides Commonwealth Home Support Program services (CHSP).

The range of CHSP service types delivered include:

- Assistance for Care and Housing**
Supports people 45 years and over who are on a low income and are homeless, or at risk of homelessness, to access appropriate and sustainable housing as well as community care and other support services.
- Social Support (Groups)**
Assists people to participate in community life and develop social connections through group-based activities.
- Social Support (Individuals)**
Assists people individually to participate in community life and feel socially included.
- Transport and Personal Assistance**
Assistance with shopping, visiting health practitioners and attending social activities.

GNARRA Model of Care

"Gnarra" symbolises Aboriginal values that are central to Kurranulla's approach: "To listen - to hear", the messages from Aboriginals and Torres Strait Islanders in the Sutherland Shire and St George area will lay the foundation stones for the right approach to accessing services.



NDIS

If you have an NDIS plan and are looking for services to meet your own goals, or the goals of someone you care for, we have dedicated Aboriginal workers who can speak to you about the service type you would like. Supports for participants fall into 3 categories:

1. **CORE** - A support that allows a participant to complete daily living activities like cleaning the house or gardening.
2. **CAPITAL** - A support that assists payment, such as assistive technologies, equipment and home modifications.
3. **CAPACITY BUILDING** - A support that enables a participant to build their independence and skills such as exercising or learning to use public transport.

Our services include:

- 📍 **Support Coordination** provides short term or ongoing assistance for connecting with service providers who are suitable for your needs, coordinating your supports and managing your NDIS plan.
- 📍 **Accommodation and Tenancy** support ensures participants obtain and retain appropriate accommodation, which can include assistance with rental applications or tenancy obligations.
- 📍 **Assistance with Personal Domestic Activities** includes undertaking and/or developing skills to maintain the home where the participant is in their own home and has sole or substantial responsibility for its maintenance.
- 📍 **House and/or Yard Maintenance** can be provided for activities that participants are not able to undertake.
- 📍 **Group/Centre Activities** are supported to enable a participant to engage in community, social or recreational activities in a group.
- 📍 **Travel Assistance and Transport** includes accompanying participants on outings or transporting them from their home to the community.

SOCIAL AND EMOTIONAL WELLBEING

Kurranulla provides culturally safe Aboriginal Mental Health and Drug and Alcohol support and engagement for Aboriginal people and their families who primarily reside within the Sutherland and St George Local Government Areas.

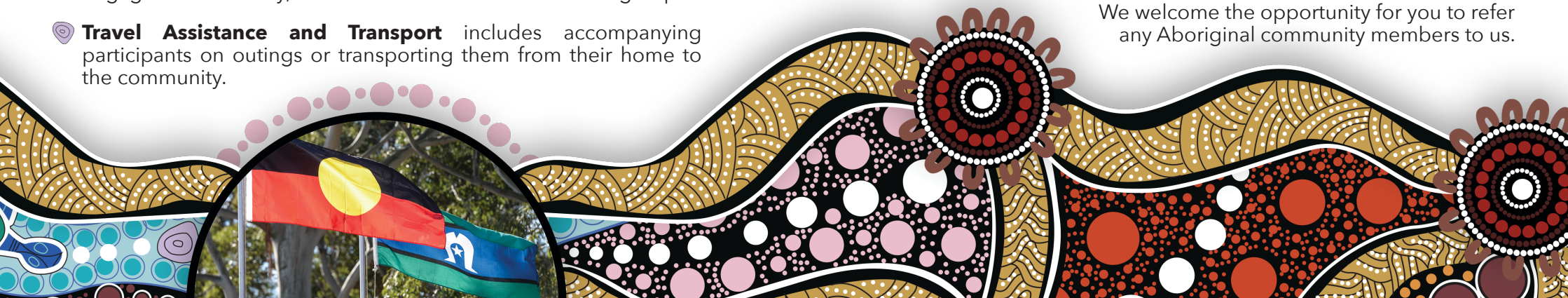
The service provides an Aboriginal cultural perspective within the multidisciplinary treatment process across both inpatient and community settings in respect to referrals, Mental Health & Drug and Alcohol interventions, treatment reviews and discharge planning.

The service also undertakes Mental Health and Drug and Alcohol promotion, early intervention, prevention and community liaison tasks in support of the development of culturally appropriate Mental Health and Drug and Alcohol services within the SESLHD.

The key roles of our Aboriginal Mental Health and Alcohol and Other Drugs workers are:

- Supporting the care coordination, navigation and transitions of care for Aboriginal people and their families;
- Providing a visible presence within the local Aboriginal community, offering education about Mental Health and Drug and Alcohol issues, and personal support or advice to people who need help accessing specialist Mental Health and Drug and Alcohol assessment and treatment;
- Liaising with relevant community stakeholders to support the development of culturally appropriate Mental Health and Drug and Alcohol services for Aboriginal people within SESLHD;
- Providing assistance to Sutherland and St George Mental Health and AOD services including inpatient units with regards to Aboriginal patients and delivery of care in a culturally safe manner.

We welcome the opportunity for you to refer any Aboriginal community members to us.



COMMUNITY AND CULTURAL PROGRAMS

Yanadi Women's Group

Yanadi Women's Group is a social support group that brings together Aboriginal women to participate in a range of activities every week, including arts and crafts, candle making, traditional weaving, jewellery making as well as regular health and well-being activities.

Gumbul Djaadja (strong brother) Men's Group

The Men's Group is a social support group that brings together Aboriginal men aged 16 years and over every week to participate in activities like fishing, BBQ'S, cultural outings, attending movies and football games, as well as regular health and well-being activities.

Aboriginal Youth Group

Our team bring with them a wealth of cultural knowledge through their own lived experiences to deliver a cultural program for youth aged 12-18 years old that is aimed at ensuring they can develop a strong connection to their culture and identity.

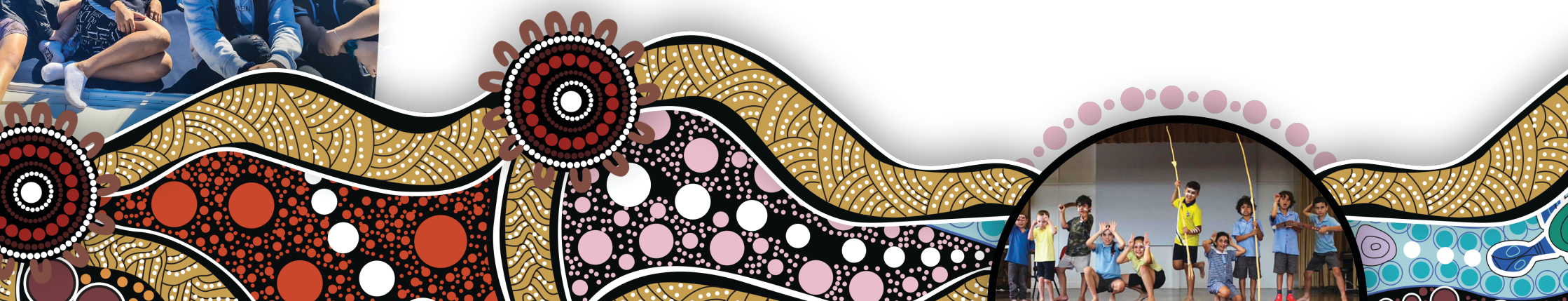
Aboriginal Kids Cultural Program

Our Aboriginal Kids Cultural Program is aimed at helping Aboriginal children aged 4-11 years old to stay connected while building resilience, belonging, and connection to community and future opportunities. The kids participate in activities such as art, dance, storytelling, didgeridoo, and so much more.

Cultural Safety Training

Cultural Safety is an interactive training workshop for organisations and their staff, designed to build greater cultural capacity within their work practices, communications and service delivery. We provide the framework to develop a deeper understanding of Aboriginal history, world views, personal biases and cultural differences, through the 4 key topics, including:

- Historical date
- Walking in Two Worlds
- Cultural Values
- Impact of world views and cultural values on service delivery





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For more information about Kurranulla, visit:

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