

Aboriginal Palliative Care Coordinator

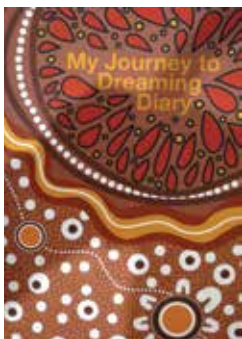


Cancer Council of NSW

<https://www.cancerCouncil.com.au/>
<https://www.cancerCouncil.com.au/aboriginalcancer/>
<https://www.cancerCouncil.com.au/get-support/pro-bono-program/legal-financial-issues-fact-sheets/>

AH&MRC

The Aboriginal Health & Medical
Research Council of NSW
www.ahmrc.org.au



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SESLHD Aboriginal Palliative Care printed June 2021

"Supporting a person who needs palliative care: A guide for family and friends"
Peter Hudson, Rosalie Hudson, 2012. Victoria Australia.

Aboriginal Palliative Care

*It is more than
you think...*

Artwork: "Stepping Stones" – Annette Webb



Calvary

Health Care Kogarah



Health
South Eastern Sydney
Local Health District

What is Palliative Care?

Palliative care services help people with a life threatening illness. Palliative care seeks to relieve suffering by aiming to meet physical, psychosocial and spiritual concerns. The focus of care is on managing symptoms, providing comfort and helping to support the person who has the illness and their relatives and friends.

Many people live with these serious illnesses for many years. There comes a time when a person may require additional support.

Palliative care aims to relieve suffering by carefully addressing any painful or distressing symptoms. Early referral to palliative care is important to make sure you have things in order to live your life well.

Palliative care is

- not the end of all active treatment
- not confined to the last hours or days of life
 - not the withdrawal of food and fluids
- not the 'default' position when all else fails
 - not hastening death by use of drugs
 - not artificially prolonging life*

Services offered are:

- Management of pain and other symptoms related to your condition.
- Equipment needed to help you in your home.
 - Support from psychologists, counsellors and Aboriginal health workers.
 - Linkage with other hospital and community services.
 - Respite care for the patient when extra care is needed.
- At home support if you choose to remain at home.
- Aboriginal and Torres Strait Islander family rooms.
 - Support for Aboriginal and Torres Strait Islander customs and cultures.