

26 March 2019

Mobile van offering free breast screening soon in La Perouse

Women in south eastern Sydney are encouraged to take advantage of a BreastScreen NSW mobile van which will be visiting the Aboriginal Community Health Centre in La Perouse from 1-5 April, 2019.

Women are able to access free mammograms to help detect breast cancer early, with BreastScreen NSW urging women aged 50-74 years in particular to make the most of the van's visit to the local community in April.

South Eastern Sydney and Illawarra BreastScreen Director, Ms Robyn Schubert, said early detection improves survival rates.

"Twenty minutes every two years – shorter than an average lunch break – could save your life or the life of a woman you love. Just come and get your free mammogram," said Ms Schubert.

"Screening mammograms can find breast cancers in the earliest stages, before signs or symptoms may be felt or noticed by a woman, or her doctor."

BreastScreen NSW provides screening mammograms for women aged 50-74 years without symptoms. Women aged 40-49 years and over 74 years are also welcome and eligible. BreastScreen NSW recommends women have a regular screening mammogram every two years.

Key points about breast cancer:

- 9 out of 10 women diagnosed with breast cancer have no known family history.
- More than 1 in 8 women in NSW will be diagnosed with breast cancer in their lifetime.
- Breast cancer is the most common cancer in Aboriginal women.

All radiography staff are female and no GP referral is required. Women can make an appointment with BreastScreen NSW by:

- going online to breastscreen.nsw.gov.au
- by calling 13 20 50
- or simply by visiting the Aboriginal Community Health Centre, 1 Elaroo Avenue, La Perouse between 1-5 April, 2019, between the hours of:

Monday	8.30am – 4.30pm
Tuesday	9.00am – 5.00pm
Wednesday	8.30am – 4.30pm
Thursday	8.00am – 5.00pm
Friday	8.00am – 3.00pm

For more information or to find your closest BreastScreen, please visit www.breastscreen.nsw.gov.au