

Registered Nurse GradStart 2025

Mental Health Service

Why SESLHD Mental Health Service for your GradStart year?

[SESLHD Mental Health Services](#) offers the opportunity for new Registered Nurses to develop your clinical skills and practice across a wide range of services. Our services are networked in the north (Eastern Suburbs Mental Health Service) and the south (St George and Sutherland Mental Health Services) and provide both inpatient and community services.

Come and join us at SESLHD Mental Health Services and work in some of Australia's leading tertiary referral and teaching hospitals: Prince of Wales Hospital; St George Hospital; and Sutherland Hospital.

As a new Registered Nurse you can nominate your preference from the three sites.

As a Registered Nurse within our Mental Health Service, you can take advantage of our affiliations with leading educational institutions, such as the University of NSW, University of Tasmania, and University of Technology Sydney. You can build your clinical expertise and assist us to provide excellent and evidenced-based practice.

We offer you the opportunity to gain experience and learn as part of our dynamic interdisciplinary team.

Our services include a Mental Health Intensive Care Unit, Acute Mental Health Units, Psychiatric Emergency Care Centre, Mental Health Rehabilitation Unit, community-based services including acute community care, and community-based rehabilitation. We also provide specialist services for children and adolescents, Police Ambulance and Clinical Early Response (PACER), Suicide Prevention Outreach Team (SPOT), SafeHaven, perinatal services and consultation/liaison service to the general hospital population.

We are proud to say our Mental Health Service is a pioneer in mental health practice in Australia. Initiatives such as Keeping the Body in Mind and the South Eastern Sydney Recovery College are recent examples of this.

Our Mental Health Service can provide you with a wide range of career options. We look forward to you joining our service.

Commencement dates

Mental Health Services offers one intake per year, typically February.

What we offer you in your GradStart year

Our team in Mental Health Services prides itself on providing you with a nurturing setting as a new Registered Nurse. Our goal is to support you to develop professionally and reach your full potential.

You will be part of our exciting GradStart Program that has a strong focus on person-centered and compassionate care. You will have the opportunity to participate in a range of learning experiences including formal practice and professional development, all the while being present in a supportive learning environment.

You will receive specialised orientation to the organisation and supernumerary status at the commencement of each of your clinical rotations. To support your career, you will be provided individualised learning and development opportunities and access to in-service and continuing professional education.

You will also have the support of a clinical preceptor, mentor and attend regular clinical supervision.

Formal education will also be provided, including study days on critical thinking, reflection and evidence based mental health practice.

As a new Registered Nurse you will be supported to work in a variety of mental health settings including: Intensive Care; Acute Inpatient; Sub Acute Inpatient; Rehabilitation; Psychiatric Emergency, Acute Care Team, Adult Community and Older Adult Mental Health settings.

Opportunities to participate in the SESLHD Recovery College courses will also be available.

Other details

You will receive specialised orientation to the organisation, facility, and ward. This includes supernumerary status at the commencement of each of your clinical rotations. You are provided with flexible rostering on a 7-day rotating roster.

There is no on-site staff accommodation at the three hospital sites.

There is paid-parking facility at each facility, and they are easily accessible by public transport. For further information, visit each hospital site:

- [Prince of Wales Hospital](#)
- [St George Hospital](#)
- [Sutherland Hospital](#)

Questions?

If you have any questions about this GradStart program, please contact:

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All enquiries welcomed!