



# THE SUTHERLAND HOSPITAL GRADSTART PROGRAM 2025

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# A WORD FROM THE DONM

## JOANNE NEWBURY DIRECTOR OF NURSING & MIDWIFERY

On behalf of our entire nursing and midwifery community, I extend a warm welcome to you and express my gratitude for taking the time to read this message. It brings me immense pleasure to invite you into our inclusive and dynamic community of dedicated nurses and midwives at The Sutherland Hospital.

As the Director of Nursing and Midwifery, I consider it a privilege to lead a team that is deeply committed to driving excellence in patient care, innovative practice, and continuous professional development. At The Sutherland Hospital, we take pride in fostering a person-centred culture where each member of our team is valued, respected, and supported in their journey to make a meaningful impact on our community, providing care that exceeds expectations.

We are unwavering in our commitment to our people. We strongly believe in nurturing a culture of collaboration, compassionate leadership, and clinical excellence, ensuring that every nurse has the opportunity to develop and expand their skill set, explore new possibilities, and contribute to the continual improvement of patient care and human experience.

By joining our team, you would be embarking on a rewarding journey filled with opportunities for professional development, career progression, personal fulfillment, and meaningful connections. Together we work tirelessly to uphold our commitment to providing compassionate, person-centred care that makes a difference to those we work with and are privileged to care for.



# THE SUTHERLAND HOSPITAL



The Sutherland Hospital and Community Health Service can be found in the picturesque Sutherland Shire, affectionately referred to as 'The Shire'. This stunning area boasts pristine surf beaches, sparkling waterways, and breathtaking national parks. Additionally, it is home to a large Westfield Shopping Centre. The Shire is known for its coastal tranquility and modern sophistication.

The Sutherland Hospital provides a wide array of inpatient and outpatient healthcare services. With 375 inpatient beds, the hospital attends to over 60,000 patients annually in the Emergency Department.

The recently completed \$81.5 million operating theatre redevelopment enhances the hospital's facilities, with ongoing construction and renovation projects providing exceptional state of the art care while maintaining its welcoming community-oriented atmosphere.

The Sutherland Hospital is part of the South Eastern Sydney Local Health District and is located in Caringbah, just a short 5 minute drive from the popular beachside suburb of Cronulla. Conveniently situated a half-hour drive south of Sydney, it is also easily accessible via public transportation. The hospital is affiliated with various universities including the University of New South Wales and the University of Wollongong.



# PERIOPERATIVE STREAM

The purpose of the transition program is to nurture and empower you as a new Registered Nurse to encourage you to reach your potential. We aim to support you in the workplace using a person-centred approach allowing you opportunities to consolidate both theoretical and clinical skills.

## GENERAL STREAM

Our General Stream GradStart program is both flexible and supportive. You can preference an array of specialties such as Child & Adolescent Health, Emergency Department, Critical Care Medicine, Aged Care, Cardiology, Cancer Services, and Medical and Surgical Wards.

Our programs offer a unique opportunity to work full-time or part-time hours and while the traditional program offers rotations through two clinical settings, a 12 month single rotation program is available



Our 12-month Perioperative Stream is a new and exciting program tailored for nurses who are passionate about developing their skills in all areas of perioperative services. Working alongside a team of preceptors and CNEs you will enhance your skills and knowledge in all aspects of perioperative nursing within our new state-of-the-art perioperative suite.

This supported program guides you through Post Anaesthetic Care Unit (PACU), Anaesthetics, Surgical Short Stay Unit & Scrub Scout (Theatres).



## PaCH & MENTAL HEALTH

As part of the General Stream you have the option to preference working for 6 months in either Mental Health or Primary and Community Health (PaCH). These rotations allow for a supported introduction to areas that include Child & Family Health, Drug & Alcohol and Mental Health both inpatient and in the community.

## THE GARRAWARRA CENTRE



The General Stream offers a rotation to The Garrawarra Centre, an accredited Dementia Specific public and teaching Residential Aged Care Facility (RACF), which is affiliated with the University of Wollongong. The centre is located just south of Waterfall, approximately 24km south of The Sutherland Hospital. Set in a beautiful natural bush setting, 10 minutes from stunning beaches and coastline, the centre is one of the few purpose-built dementia specific facilities in NSW.

Garrawarra Centre will appeal to nurses who have a particular interest in working within the complex specialty of dementia and who are committed to developing person-centred care. Working within a multidisciplinary team framework, nurses specialise in the safety, management and care of people in the end stages of dementia, working closely with the residents' families and friends to ensure the highest possible quality of life for each of the residents.

## REGISTERED MIDWIFE GRADSTART

The Midwifery GradStart program aims to ensure newly Registered Midwives enhance their clinical skills and knowledge within a structured and supportive environment. Our range of clinical experiences will consolidate your midwifery studies.

Each clinical area is overseen by a clinical midwifery educator and an overarching midwifery educator to assist with support and clinical practice.

Rotations include all clinical areas in Maternity Services at The Sutherland Hospital, including the Birthing Unit, Maternity Inpatient Unit, and the Antenatal Clinic.

Midwifery graduates are provided with study days for additional education to enhance their midwifery skills and knowledge. There is an extensive orientation program which includes supernumerary clinical orientation days and study days tailored to your clinical and learning needs



# EXCITING OPPORTUNITIES



- Flexible work/life balance with part-time and full-time options
- Rotations through either one or two dynamic clinical settings
- Dedicated preceptorship program
- Reflective supervision groups
- Leadership development
- GradStart Clinical Nurse Educators to support your learning and development 12 hours a day, 7 days a week
- After-Hours Clinical Nurse Educators seven days a week
- Ongoing support from a variety of clinical leaders and experts including Clinical Nurse Specialists, Clinical Nurse Consultants and Nurse Practitioners
- Protected education time
- Minimum of four full-day GradStart specific workshops
- GradStart specific education calendar with monthly inservices
- Specialty learning packages
- Clinical competency assessments
- Hospital & unit specific training & education programs
- Extended hospital, nursing & clinical orientation program including protected supernumerary time
- Opportunity for advanced skill development

*Choosing The Sutherland Hospital for your transition year immerses you in a realm of exciting possibilities to consolidate your knowledge and broaden your skills .*

*Our focus is on placing you at the core, providing the support and assistance necessary to allow you to shine brightly.*



# ‘ILLUMINATING THE PATHWAY’ TRANSITION TO SPECIALTY PRACTICE



The Sutherland Hospital & Community Health Services are committed to continuous learning with exciting opportunities for professional development that extends beyond your first year with our transition to speciality practice programs from second year onwards.

Our Emergency and Critical Care Year (ECCY) program is a 12-month supportive initiative that enables a cohort of nurses, who are selected through a merit based system, to rotate through Critical Care Medicine, Emergency Department and Coronary Care Unit. This program, supported by Clinical Nurse Consultants and Clinical Nurse Educators, allocates protected time for workshops such as Advanced Life Support and Resus4Kids. Many program graduates have advanced to leadership positions within the organization.

Furthermore, our new TAPPS program is centred on rotations through Theatre, Anaesthetics, and Post Anaesthetics Care Unit. Both of these programs provide an opportunity to further enhance your skills and knowledge in specialties through supported programs, even without prior experience (pending successful application).





# COMMENCEMENT DATES

**RN GradStart General Stream** intakes in February and March

**RN GradStart Perioperative Stream** Intake in February

**RM GradStart** Intake in February

We offer a flexible supportive program with opportunities to work part time as well as full time.

We support your development whether you prefer to stay in one area for the whole 12 months or would like to gain further skills and knowledge through rotating through two differing, exciting specialties including and not limited to critical care areas.

# INFORMATION & CONTACTS

More information about **The Sutherland Hospital**  
<https://seslhd.health.nsw.gov.au/sutherland-hospital>

More information about **South Eastern Sydney Local Health District**  
<https://seslhd.health.nsw.gov.au/>

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