

**INSTRUCTIONS TO PATIENTS REQUESTING AN APPOINTMENT FOR
AN ELECTRONYSTAGMOGRAPHY (E.N.G.)**

1. Please have your EARS checked by the doctor requesting the test or your local doctor **BEFORE** the appointment.
2. Do **not** drink any ALCOHOL in the 24 hours prior to the test.
3. Do **not** take any tranquilizers for five (5) days before the test (including sedatives, barbiturates, anti-histamines).
4. Do **not** take any anti-vertigo or anti-dizziness drugs for five (5) days before the test (including Serc, Stemetil, Vontril).
5. Do **not** have anything to eat or drink for two (2) hours before the test.
6. If you feel unable to carry out any of these instructions, please check with your own doctor before confirming the appointment.
7. Patients suffering from Epilepsy should continue with the medication taken to control fits.
8. The E.N.G test will take about one and half (1½) hours.

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