

# POWH Anaesthetic RMO Critical Care information Night

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# Why Anaesthesia?

- \* Varied work
- \* Work in a team
- \* It's useful
- \* Post training employment prospects are good
- \* Flexible work hours
- \* Portability
- \* Well paid
- \* Interesting and exciting!

# What do Anaesthetists actually do?

- \* Anaesthetising patients in OT
- \* Anaesthetising patients not in OT
- \* Intensive Care medicine
- \* Peri-operative medicine
- \* Pain medicine
- \* Research and teaching
- \* Third World
- \* Hyperbaric Medicine
- \* Retrieval





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# Role of the Anaesthetist in the Hospital Setting

- \* Pre-operative consultation
- \* Preparation (lines etc)
- \* Anaesthesia (regional vs. GA) – what type of GA/what type of regional?
- \* Intra-operative management
- \* Management of anaesthetic (or surgical) emergencies
- \* Post-operative issues (pain management, nausea and vomiting, complications etc)

# Anaesthetic Subspecialties

- \* Paediatric anaesthesia
- \* Cardiothoracic anaesthesia
- \* Perfusion anaesthesia
- \* Neuro-anaesthesia
- \* Obstetric anaesthesia
- \* Vascular anaesthesia
- \* Transplantation anaesthesia



# Becoming an Anaesthetist

- \* Express an interest early
- \* Rotational Training Scheme hospital appointment confers training advantages
- \* Attend anaesthetic department meetings
- \* Work hard and honestly
- \* Treat your work colleagues well

# Pro's and Cons

## Pros

- \* Very flexible work environment
- \* No inpatients
- \* Family friendly
- \* Varied work
- \* Controlled 'on-call'
- \* Team environment
- \* High patient satisfaction

## Cons

- \* Short term relationship with patient
- \* Patients never come just for an anaesthetic
- \* Lack of recognition & understanding
- \* Simple anaesthetics can become repetitive
- \* Lack of autonomy
- \* On-call

# Why I love Anaesthesia (and would do it all again)

- \* Interesting, challenging & rewarding
- \* Variety of practice
- \* Useful with immediate reward
- \* Lots of professional interaction
- \* Flexible work hours
- \* Balanced hospital/home life
- \* Teaching and research
- \* Great opportunities and experience

# About POWH

- 440 adult beds (not including the SCH & RHW)
- All surgical subspecialties with the exception of acute trauma
- Dedicated obstetrics, cardiothoracic, neurosurgical, vascular and paediatric anaesthetic terms
- Paediatric cases outside of dedicated paediatric term both in hours and after hours
- 26 registrar positions
- 9 Fellow positions (exclusive of hyperbaric medicine)
- 5 Critical Care RMO positions

# Who's who

- \* Academic Head – Currently recruiting to this position
- \* Dr Robert Turner – Administrative Head
- \* Dr Darren Wolfers – Deputy Head
- \* Dr Aine Duggan – Director of Cardiothoracic anaesthesia
- \* Dr Jan Lehm – Director of Diving and Hyperbaric Medicine
- \* Louisa Lowes – Director of Peri-operative medicine
- \* Dr Khor (Khor) – Director of Pain services
- \* Dr Alan Rubinstein – Rotational SOT
- \* Dr Natalie Rogoff – ATY SOT
- \* Dr Shona Chung – BTY SOT
- \* Dr Maged Bishay – RMO coordinator
- \* Dr Iain Stewart – Chairperson of the Executive Committee

# Registrar

## Terms

- General
- Periop
- Paeds
- Neuro
- Pain
- Cardiothoracic
- ENT
- Vascular/major surgery
- Orthopaedics

## Secondments

- RHW
- SCH
- Sutherland
- Wollongong
- Liverpool
- Coffs harbour
- Soalhaven
- Lifehouse

## Hours of Work

- 5 day week
- 07:30 – 16:30
- Evening paediatric and adult overtime
- 7 nights and 3 weekends/3 month term

# Resident Positions

**Total 5 critical Care RMO's**

## Hours of Work

- 5 day week, 07:30 – 16:30
- Approximately 1 evening/week until 22:30
- Approximately 1 weekend day 08:00 22:20/3 weeks

# Resident Positions

**Registrar job opportunities**



# Teaching and research

- Weekly Primary teaching sessions on Thursday 14:00 to 16:00
- Weekly Second part teaching sessions on Wednesday 14:00 to 16:00
  - Registrar tutorials
  - Guest lectures/master classes
  - Monthly research meeting
  - Toolbox learning resource package
- Multiple research opportunities in sponsored research
- Dedicated Research coordinator

# Why Prince of Wales?

- \* **Culture and Support**

- \* Enthusiastic, approachable and capable senior staff
- \* We provide all your requirements required by the ANZCA training program – reaccredited last year with full 5 year accreditation – no issues with supervision, teaching, unreasonable overtime/fatigue or workplace culture.
- \* Full professor of anaesthesia (UNSW) with a huge interest in both teaching a research
- \* Implementing a teaching program specifically directed at the Primary and Second part exam
- \* Excellent exam results
- \* Family friendly - part time training is supported
- \* Excellent rotations
- \* Good working conditions – reasonable overtime and all unrostered overtime paid

# Future

- \* 720 million upgrade currently underway
- \* New operating theatres in addition to current (24 sessions/week)
- \* New anaesthetic department to be integrated with operating theatres
- \* University precinct with UNSW
- \* Completion date – current and into 2024