

# URODYNAMICS PROCEDURE INFORMATION SHEET



Health  
South Eastern Sydney  
Local Health District

Dear \_\_\_\_\_

You have been scheduled to have a Urodynamics procedure at the Gynaecology Outpatients Clinic at The Royal Hospital for Women on

\_\_\_\_\_ at \_\_\_\_\_  
(Day and Date) (Time)

### *For your appointment:*

- Please present to the clinic 15 mins prior to your scheduled appointment time.
- Please do NOT empty your bladder for 2 hours prior to your appointment time.
- Please have one 200ml glass of water before leaving home. Do not drink more than this.

**All patients booked into a urodynamics procedure are required to have a urine test 2 weeks prior to their scheduled appointment. If there is an infection found, it needs to be treated before the procedure. Please see your GP for this urine test and ask them to forward the results to fax: (02) 9382 6246. If there are any issues in getting urine test, please contact (02) 9382 6248 and ask to speak to one of the nurses to organise an urine test at the clinic.**

### *About the Urodynamic Procedure*

The urodynamics procedure will measure the flow of your urine when you're emptying your bladder, how much urine your bladder can hold, pressure around and in your bladder and nerve/muscle function of your bladder.

Please allow up to 2 hours for your appointment.

At your next appointment, your treating doctor will be able to discuss the results of the procedure and future management options will be discussed.

Please note: If you take bladder calming medications (eg Vesicare, Ditropan, Detrusitol, Endep, Tofranil, Prabanthine, Betmiga and Oxytrol patch) you must STOP taking it 2 weeks prior to your urodynamics procedure. If you're in doubt about ceasing your medication, please call (02) 9382 6248 and speak to one of the nurses.

Please continue taking all your other usual medications (except for those listed above).