

Having an anaesthetic?

➤ Fact sheet – Safety advice following anesthesia

➤ Updated May 2022

After an anaesthetic your reasoning, reflexes, judgement and coordination skills may be affected – even if you feel fine.

IT IS IMPORTANT TO FOLLOW THE ADVICE BELOW:

- If you have had a day surgery operation or treatment, please rest at home for a minimum of 24 hours.
- For 24 hours after surgery **do not**:
 - Drive any vehicle, including a bicycle;
 - Operate machinery;
 - Cook using sharp utensils or pour hot liquids;
 - Drink alcohol;
 - Smoke;
 - Take sleeping tablets; or,
 - Make any important decisions or sign any contacts.



Reviewed By

St George Hospital
Consumer Advisory Group
Working together