

5 January, 2015

Baby Aaron becomes first baby born in New South Wales in 2015

First time parents Bijay and Nanuka Shahi from Miranda welcomed their son Aaron into the world at Sutherland Hospital at 12.10am on 1 January, 2015.

The first baby born in a New South Wales public hospital, Aaron weighed in at 3.3 kilograms; and was not in a hurry to make an appearance.

Aaron's father, Bijay Shahi said the possibility that his son might be the first baby born in the state in 2015 was far from his mind as Nanuka endured a long labour.

"He was due on 29 December, but there were no signs or symptoms, so we waited with anticipation for his arrival. The labour lasted for longer than a day," Mr Shahi said.

"When the nursing staff told us that he was the first baby born in New South Wales we were very excited – I am going to tell him every year on his birthday."

The media were alerted to Aaron's arrival in the early hours of 1 January. It was a star-studded appearance for baby Aaron as news crews and journalists arrived to interview the parents and take photos.

"We have been collecting all the media clips and TV videos recorded to show him when he is older," Mr Shahi said.

While Mrs Shahi was getting to know her newborn son, her husband said she needed to rest.

"The baby is yet to find his sleeping pattern. Sleeping all day and awake all night has been tiring, however, we have good support from family and friends, who are helping while Nanuka gets a brief rest during the day," Mr Shahi said.

"The midwives, nurses and doctors at the hospital have been fantastic – they are so helpful and caring and we are very thankful."

Baby Aaron is the first grandchild on both sides of the family and the excited couple are looking forward to family members arriving from Nepal next month to meet the newest addition to the family.

Mother and baby are doing well and have now been discharged from hospital.

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