MCT Oil

DESCRIPTION
Lipid fraction of coconut oil consisting of medium chain triglycerides with carbon chain lengths of 6-10 carbons.

USE
Oral or tube feed supplementation to provide extra calories to newborn babies.

PREPARATION
Approximately 1g (0.94 g)/ml fat giving 7.7cal/ml

DOSE
1–4g/kg/day (1–4ml/kg/day) in 3-4 divided doses. Start with 1ml/kg/day then gradually increase to 4ml/kg/day as needed.

ROUTE
Oral or via intra gastric tube. DO NOT GIVE IV!

STORAGE
Do not store in plastic container as MCT may break or soften plastics.

REFERENCE