

## **Paracetamol**

## What is this medication used for:

Paracetamol is used for mild to moderate pain relief and can also be used for fever.

## How to use it:

Follow the directions on the label.

Paracetamol is a very safe medicine when used at prescribed doses, but it can be dangerous if you accidentally take too much.
Always check if other medicines you use for pain, fever or 'cold & flu' contain paracetamol as an ingredient. Adults should never take more than 4 grams (4000mg) of paracetamol in 24 hours.

The following list provides examples of paracetamol-containing products:

- 500mg tablets or oral liquid, e.g. Panadol®, Panamax®, Dymadon®
- 665mg Sustained-Release tablets, e.g. Panadol Osteo®, Osteomol®
- 500mg in combination with codeine, e.g. **Panadeine®**, **Prodeine®**, **Panadeine Forte®**, **Prodeine Forte®**, **Codapane Forte®**
- 500mg in combination with ibuprofen, e.g. Maxigesic®, Nuromol®
- 325mg in combination with dextropropoxyphene or tramadol e.g. **Zaldiar®**, **Di-Gesic**®

This is not a complete list of brand names of paracetamol-containing products.



Reviewed By St George Hospital Consumer Advisory Group Working together

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