

Coronavirus (COVID -19)

MotherSafe - Royal Hospital for Women

April 2020

Information in this leaflet is general in nature and should not take the place of advice from your health care provider. With every pregnancy there is a 3 to 5% risk of having a baby with a birth defect or developmental problem.

COVID-19 is a respiratory illness that was first identified in December 2019 and is currently causing a worldwide pandemic. The cause of this illness is a newly discovered virus belonging to the coronavirus group (SARS- CoV-2). Information regarding this virus is continually evolving.

For information on Coronavirus while pregnant or breastfeeding, see the following resources

1. **Coronavirus (COVID-19)- A message for pregnant women and their families** from the Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG), available at <https://ranzcog.edu.au/statements-guidelines/covid-19-statement/information-for-pregnant-women>
2. **Coronavirus (COVID-19) infection and pregnancy** from The Royal College of Obstetricians and Gynaecologists, available at <https://www.rcog.org.uk/coronavirus-pregnancy>
3. **COVID-19** from MothertoBaby (OTIS), available at <https://mothertobaby.org/fact-sheets/covid-19/>
4. **Coronavirus Disease 2019 (COVID-19)- Pregnancy and Breastfeeding** from Centers for Disease Control and Prevention (CDC), available at https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/pregnancy-breastfeeding.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprepare%2Fpregnancy-breastfeeding.html



*NSW Medications in Pregnancy &
Breastfeeding Service*

For more information call MotherSafe: NSW Medications in Pregnancy and Breastfeeding Service on 9382 6539 (Sydney Metropolitan Area) or 1800 647 848 (Non-Metropolitan Area) Monday -Friday 9am-5pm (excluding public holidays)