

# Are you pregnant and *nauseated?*

You are invited to participate in a study to see whether the MySafeStart app changes pregnant women`s knowledge or confidence to manage their nausea and vomiting symptoms.

For more information:  
[www.mn.uio.no/mysafestart](http://www.mn.uio.no/mysafestart)

**The  
Royal**

HOSPITAL  
FOR WOMEN



UiO : **University of Oslo**

