

#5
of 10

First 2000
Days of life



Talking, Reading and Singing to Children

Why is it important?

- Talking, yarning, singing, and reading to your child improves their health and wellbeing, now and in the future
- Talking, yarning, singing, and reading builds brains, language, social skills, and confidence

What to do?

- Take moments to watch and talk to your child about what they are doing
- Read and sing together in a warm and playful way
- Listen and repeat the words and sounds your child says
- Be curious and enjoy their ideas with interest and kind facial expressions
- If you are a bi-or multilingual, speak to a child in your home language

Scan here to learn more and contact local services >>

