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First 2000
Days of life



Safe and Healthy Environments for Children

What Surrounds Us Shapes Us

Why is it important?

- The environment we create shapes child health and wellbeing now and in the future. This includes where they live play and learn
- The places where children live, play, and learn can impact their growing brains and bodies

What to do?

- Practice safe sleeping for babies
- Children should be protected from family conflict and violence
- Children should live in a home free from smoking, vaping, alcohol, and other drugs
- Children should live in housing that is secure
- Avoid home safety hazards such as falls, burns, scalds, poisoning and drowning
- Talk to a professional for support to navigate housing, stress, financial issues, and conflict
- Talk to your friends and family, ask for support

Scan here to learn more and contact local services >>

