# SESLHD PROCEDURE COVER SHEET



NAME OF DOCUMENT	Universal Health Home Visiting
TYPE OF DOCUMENT	Procedure
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EXECUTIVE SPONSOR or EXECUTIVE CLINICAL SPONSOR	Director, Population and Community Health
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POSITION RESPONSIBLE FOR THE DOCUMENT	Nurse Unit Manager, Child and Family Health, Sutherland Hospital
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KEY TERMS	Universal Home visiting, safe start, child and family health, early intervention, early prevention
SUMMARY	Home visiting is offered as a universal service to all families that live in South Eastern Sydney Local Health District when they have a new baby. It is anticipated that this visit occurs within the first two weeks of the baby's birth.

COMPLIANCE WITH THIS DOCUMENT IS MANDATORY

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Procedure content cannot be duplicated.



# **Universal Health Home Visiting**

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#### 1. POLICY STATEMENT

Families with a new baby access Child and Family Health services early through universal health home visiting (UHHV) and develop a relationship with service providers that is based on a partnership model and is focused on assisting families build a positive attachment with their infant. This enables nurses to work with families in the identification of the family's strengths and vulnerabilities. This strategy is to facilitate access to the network of services within health and across other agencies that are available to assist in parenting.

#### 2. BACKGROUND

The procedure for the first UHHV follows the philosophy of working in partnership with families, therefore their needs will dictate the direction of the visit. The Child and Family Health Nurse works at building an equal relationship with the family, working together and sharing expertise towards a common goal.

Universal standard (Infection control) precautions, which include the wearing of personal protective equipment (PPE), must be followed during the home visit. As a precaution to the potential for an allergic response to latex vinyl gloves are worn.

#### 2.1 **DEFINITIONS**

- **Child and Family Health nurse**: a Registered Nurse holding recognised qualifications in Child and Family Health.
- **Early Childhood Health services:** program of services offered by Child and Family Health Nurses providing health surveillance, health promotion, education and support to families with children aged 0-5 years
- **Early intervention and prevention:** early intervention targets people displaying first signs and symptoms of an illness or problem while prevention is an intervention that occurs before the onset of a disease or problem.
- Family Partnership approach: the effective use of communication skills to develop a
  relationship based on partnership with the family enabling the family to identify their
  strengths and capabilities and therefore their needs will dictate the direction of the visit
- Strengths-based approach: views a family as resourceful and skilled, setting the agenda and actively engaging in the process of addressing their issues and solving their own problems. The focus is on the available resources and skills within the family and community to use those assets in building resilience. The aim is to facilitate families in the process of identifying their own strengths.
- **Family Vulnerabilities:** factors or criteria that may influence and impact on the family's ability to provide care and protection for their children.
- Levels of Care: service response based on the family's strengthens and vulnerabilities identified as part of a psychosocial screen defined in the NSW Health <u>PD2010\_017</u> -Maternal and Child Health Primary Health Care Policy as:

Level 1 – Universal services

Level 2 – Early intervention and prevention

Level 3 – Complex parenting needs



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- Perinatal: the NSW Ministry of Health <u>GL2010 004 SAFE START Guidelines:</u>
   <u>Improving Mental Health Outcomes for Parents & Infants</u> defines this period from conception to 2 years. Within the mental health context, it is defined as encompassing pregnancy and the first 12 months postpartum.
- **Postnatal period:** is defined by the World Health Organisation (WHO) as the period that starts about an hour after the delivery of the placenta and includes the following six weeks
- **Safe Start:** is a collaborative initiative across NSW health and related services in the context of Families NSW. It involves universal psychosocial risk assessment as part of a comprehensive assessment in the antenatal and postnatal period.
- Sustained Health Home Visiting (SHHV): is a structured program of health home visiting over a sustained period of time, beginning in pregnancy and continuing until the infant is two (2) years old. The aim of this program is to provide a range of support around health and other bio-psychosocial areas of risk and vulnerability.
- Universal Health Home Visiting (UHHV): includes at least one universal contact in
  the client's home within two weeks of birth and may also include further home visiting.
  The child and family health nurse from the early childhood service conducts the UHHV.
  A home visit can be classified as a UHHV if it has occurred up to four weeks and six
  days from the birth of the baby. NSW Ministry of Health PD2010 017 Maternal and
  Child Health Primary Health Care Policy.

#### 3. RESPONSIBILITIES

#### 3.1 Employees will:

- Provide families with a UHHV within the required two weeks postnatally.
- Complete the Personal Health Record (PHR) and provide support and anticipatory quidance as required.
- Familiarise themselves with the health needs of Aboriginal Families prior to conducting home visits according to Aboriginal Health family needs as set out in 4.3 'Aboriginal Families' (p.24) of the NSW Ministry of Health PD2010 017 Maternal and Child Health Primary Health Care Policy and 5.4 'Aboriginal and Torres Strait Islander Populations' (p. 33), NSW Ministry of Health GL2010 004 SAFE START Guidelines: Improving Mental Health Outcomes for Parents & Infants.

#### 3.2 Line Managers will:

Ensure all CFHN are aware of, and adhere to, the UHHV procedure.

#### 3.3 District Managers/ Service Managers will:

• Ensure compliance with this document.

## 4. PROCEDURE

Home visiting is offered as a universal service to all families with a new baby living within South Eastern Sydney Local Health District. It is anticipated that this visit occurs within the first two weeks of the baby's birth.



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#### 4.1 Objectives:

- Establish and develop a trusting relationship between families and the Child and Family Health nurse based on partnership and mutual respect
- To improve access to health services
- To actively engage vulnerable families
- To conduct comprehensive primary care assessments (including physical and psychosocial aspects)
- To enhance the Child and Family Health nurse's capacity to develop a holistic understanding of the child's health and wellbeing in the context of the family
- To network families with appropriate services and community groups
- To enhance the health, safety and wellbeing of children and families through the provision of appropriate support and education
- Promote parent-infant bonding and attachment.

# 4.2 Requirements

### 4.2.1 Training

It is recommended that Child and Family Health Nurses undertake training or have prior learning in the following fields before conducting UHHV:

- Safe Start which includes Psychosocial Assessment (PSA), Edinburgh Depression Scale & Domestic Violence Screening
- Aboriginal Health family needs as set out in 4.3 'Aboriginal Families' (p.24) of the NSW Ministry of Health PD2010 017 Maternal and Child Health Primary Health Care Policy and 5.4 'Aboriginal and Torres Strait Islander Populations' (p. 33), NSW Ministry of Health GL2010 004 SAFE START Guidelines: Improving Mental Health Outcomes for Parents & Infants
- Child Protection
- Aggression Minimisation
- Family Partnership Training
- Manual Handling
- Vehicle Safety.

## 4.2.2 UHHV Equipment

- SESLHD staff identification badge
- Health fleet car with first aid kit included
- Street directory or GPS
- A charged mobile phone turned on at all times with emergency numbers and designated contact officer coded into the phone

Note that while **000** is the emergency number, an **alternative for mobile phones is 112** 

- Backpack, satchel or trolley case for the carrying of all equipment
- Equipment bag weighing no more than 5kg should contain:
  - Portable infant scales, protective paper and sector designated cleanser for cleaning the scales



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- Secure and charged laptop or other mobile device
- o Pencil case containing pencil torch, tape measure, 2 black pens
- Vinyl measure board
- Basic parent education handouts
- Personal protection equipment i.e. disposable vinyl gloves
- Barrier non-wash hand cleanser (soap & towel if allergic)
- Laerdal resuscitation mask.

It is the responsibility of Child and Family Health Nurses and Managers to follow practices that ensure the safety of staff working outside health facilities.

## 4.2.3 Safety

- A risk assessment is undertaken as part of the home visit booking with any identified issues being noted on the Environmental check list (see Appendix 1 - Risk Assessment checklist)
- If hazards or risks are identified that may compromise safety during a home visit, the Nurse Unit Manager is informed and a risk management plan is developed eg an appointment in an ECHC
- Charged mobile phone is turned on and carried by the Child and Family Health Nurse at all times and is not to be left in the equipment bag or car
- Details of scheduled visits which includes staff name, name of family being visited, their address, appointment time and expected return time to the nurse's centre base is left with and/or sent to Central Intake and as per local sector guidelines
- The Child and Family Health Nurse is required to notify the designated contact person at the completion of each home visit upon return to the centre
- Staff should return to their Child and Family Health base before 4.30pm, if a staff member is delayed a Nursing Unit Manager should be notified
- If at any time during the home visit the nurse feels unsafe the nurse should immediately leave the home and contact the Nursing Unit Manager
- Manual Handling issues Safe Work Method (see Appendices 2, 3 and 4):
  - o Loading and unloading car
  - Transporting equipment to/from client's home
  - Physical examination of infant in the home

Staff are responsible for observing and adhering to the NSW Ministry of Health Protecting People and Property - NSW Health Policy and Standards for Security Risk Management in NSW Health Agencies. This document contains information on general safety precautions, including vehicle and personal safety for staff working in the community.



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#### 5. ACTIONS

The initial phone call to organise the home visit commences the building of a partnership relationship with the family.

- 5.1 Prior to Home Visit Notification of birth may be received by phone contact from the parent/carer, referral or discharge summary from maternity units or priority referrals received from maternity services
  - The parent/carer is contacted by the Child and Family Health Nurse and a home a visit is offered, with this visit occurring within two weeks of the baby's birth where possible.
  - Families who decline a home visit are offered an appointment at an Early Childhood Health Centre and if that too is declined, they are requested to follow up with the GP.
  - Documentation related to this offer of a UHHV is entered onto the Families NSW database. Families who are identified antenatally as Level 3 and Level 2 with multiple risk factors who decline contact with the Child and Family Health service are to inform the original referrer. If unable to contact the family following two phone calls (at least a week apart), document action in eMR. Local Child and Family Health services brochure to be mailed to the family inviting them to arrange an appointment and documented in eMR and on the Families NSW data collection.
  - Booking the universal home visit appointment takes place using a partnership approach
  - The nurse checks the IPM and eMR database to determine if either the mother or baby is registered. If mother and baby are not registered in IPM or eMR, they are done so prior to the UHHV. Completion and or confirmation of demographic information is undertaken with permission of family.
  - Documentation of safety risks or potential hazards for staff undertaking a home visit to be documented on the CYF Intake or Home Visit Risk Ax form in eMR. When hazards or risks are identified the Nurse Unit Manager (NUM) is to be notified before the home visit is offered and alternate arrangements for the undertaking of the first visit is discussed and offered to the family.
  - A date for the home visit is negotiated and agreed on and expectations of the visit discussed. A time is not given when the client is booked
  - As part of the booking process the Child and Family Health Nurse will make enquiries
    regarding baby's feeding patterns, discuss current concerns and answer any
    questions. The Child and Family Health Nurse will use their clinical expertise to judge if
    the baby needs to be assessed prior to the booked home visit. Support services
    available such as breastfeeding drop-in clinics or parenting will be provided.

### 5.2 Undertaking the home visit

For security reasons it is advisable to telephone the family prior to the home visit (refer to SESLHD Work Health Safety - Safety When Working Offsite - Manual for Staff, Managers and Others Involved in Working Offsite - SESLHDHB/016)

- For safety and security purposes the Child and Family Health Nurse is required to list their home visiting schedule and give to the designated contact person as per local sector guidelines.
- Introduce self and clarify the family's understanding of the purpose of the visit.



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- On arrival and during the home visit the nurse should continue to assess risks.
- Where staff safety issues are identified during the visit, documentation of these issues in the health record is required and NUM must be notified. The information must also be relayed to clinic staff verbally. This is to assist in the decision making regarding future contact with this family.
- The Child and Family Nurse is to inform the family of their privacy and rights prior to the request for detailed family information. SESLHD Privacy information for Patients and Your Rights and Responsibilities booklets are offered to the all families.
- Establish and respond to the immediate needs of the family.
- Using a partnership approach the Child and Family Health Nurse collects information related to the health and wellbeing of the whole family including pregnancy and birth details.
- The psychosocial assessment including the Domestic Violence screen is undertaken
  to identify the presence of current or potential risk factors as well as identifying the
  family's strengths and resources. Due to their sensitive nature, the Psychosocial
  Assessment questions in relation to (maternal) childhood abuse, trauma and the
  Domestic Violence screening is not undertaken where another adult or a child 3 years
  or over is present.
- An Edinburgh Depression Screen (EDS) may also be administered. Any score above 0 on question 10 requires further exploration by the Child and Family Health Nurse using the Family Partnership approach. An EDS score of 10 or above requires follow-up, this is organised by the Child and Family Health Nurse and documented in the child's file (in the carer details) and not to be documented in the baby's Personnel Health Record (PHR).
- The one to four week health surveillance as per the 'My First Health Record' PHR is undertaken. Discuss results with the family and record in PHR and medical record/eMR.
- Ascertain current situation and/or concerns.
- Where possible promotion of parent-infant attachment through discussion of cues given by the infant should take place.
- Health education material can be offered and discussed. These can include such topics as:
  - Immunisation
  - Breastfeeding
  - Safe sleeping
  - Child safety
  - Maternal six week postnatal check
  - o Discuss community supports available with the family, where appropriate.
- Level of care service provision will be influenced by the identification of risk factors, the family's strengths and resources:
  - Level 1 Universal services
  - Level 2 Early intervention and prevention
  - Level 3 Complex parenting needs.
- In partnership with the family, care plans are developed including follow-up and review.



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- Parent/carers are encouraged to attend mainstream centre based services which include parenting groups and developmental surveillance as per 'My First Health Record' (PHR).
- Parent/carers requiring additional support may be directed/referred to other services
- If child protection issues have been identified these can be discussed with the Nurse Unit Manager, or appropriate senior clinician and reported to FaCSCS as per mandatory reporting requirements after doing online risk assessment (Mandatory Reporting Guide). Notes are to be documented in eMR ROSH Report.

# 5.3 Following the Home Visit

- The Child and Family Health Nurse notifies the designated contact person of safe return to centre
- Entry of home visiting information/data into eMR. The nurse who has identified a family as requiring follow up is advised to contact the clinic that this client will attend and is responsible for organising this consultation
- The nurse who has identified a family with risk factors is responsible for communicating this information to other clinical staff and onto the Active Follow up for the relevant clinic

#### 6. DOCUMENTATION

- electronic Medical Record (eMR)
- CYF Intake or Home Visit Risk Ax form
- Edinburgh Postnatal depression Scale or Child & Family Maternal Ax
- Client Registration Form
- Child & Family Infant Ax form
- CYF PN (Progress note)
- CYF Case Review form
- ROSH Report
- Personal Health Record (PHR)

#### 7. AUDIT

- Routine documentation audit
- IIMS

#### 8. REFERENCES

- NSW Ministry of Health GL2010 004 SAFE START Guidelines: Improving Mental Health Outcomes for Parents & Infants
- NSW Ministry of Health PD2010 016 SAFE START Strategic Policy
- NSW Ministry of Health PD2010\_017 Maternal and Child Health Primary Health Care Policy
- NSW Ministry of Health PD2013 007 Child Wellbeing and Child Protection Policies and Procedures for NSW Health
- NSW Ministry of Health PD2006 084 Domestic Violence: Identifying and Responding



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- NSW Ministry of Health PD2007 036 Infection Control Policy
- NSW Ministry of Health Privacy Manual for Health Information
- NSW Ministry of Health Protecting People and Property NSW Health Policy and Standards for Security Risk Management in NSW Health Agencies
- NSW Ministry of Health PD2009 057 Records Management Policy

#### 9. REVISION AND APPROVAL HISTORY

Date	Revision No.	Author and Approval
September 2013	1	Developed by Debra Ross, Nurse Unit Manager, Child and Family Health, Sutherland Hospital.
November 2013	2	Re-formatted by Scarlette Acevedo, District Policy Officer.
December 2013	3	Finalised by Debra Ross, Nurse Unit Manager, Child and Family Health, Sutherland Hospital. Reference to Aboriginal Health family needs added to procedure by Scarlette Acevedo, District Policy Officer as a result of consultation undertaken with SESLHD Aboriginal Health Unit. Approved by Debra Ross, Nurse Unit Manager, Child and Family Health, Sutherland Hospital.
January 2017	4	Minor updates endorsed by Executive Sponsor
February 2019	4	Executive Sponsor changed to Director Primary and Integrated Community Health
August 2020	5	Executive Sponsor updated from Director, Primary Integrated and Community Health to Director, Population and Community Health.  Approved by Executive Sponsor. Published by Executive Services.

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# Appendix 1: Home Visiting OHS Security and Manual Handling Risk Assessment

	Health South Eastern Sydney Local Health District		ME				
NSW GOVERNMENT	Illawarra Shoalhaven Local Health District Sydney Children's Network	GIVEN NAME				☐ MALE	☐ FEMALE
Facilit	y:	D.O.B.		M.O.			
-		ADDRESS					
HOM	IE VISITING OHS SECURITY AND						
	MANUAL HANDLING RISK ASSESSMENT	LOCATION	/WARD				
	ASSESSMENT		MPLETE ALL DETA	AILS OR AF	FIX PA	TIENT L	ABEL HERE
	// 20						
the risk I	e SESIH Home Visit Risk Management Tool de evel and any required controls on completion lent. Where the risk level is other than 'green' with your manager.	of this	The current kno associated with client is -			this	Orange Yellow Green
	Inform client of the SESIH OHS po						olyad
	Client and Family	e visit cari g	o aneau, unui an s	Yes/No	N/A	1	rols/Strategie
Can the	occupant respond to the front door if alone?			100/110	14,71		olo, ou alogio
	one else be present at the time of the visit? Na	me				-	
	able to escort staff from their car to the house		cassary?				
	any history of:	o/Cherit ii rie	ccssary:				
Veri	bally threatening others;						
• Sex	s of aggression; aual harassment of health care workers; ed with the client or family? (If existing client n	eview file)					
Does the	client have a mental/cognitive impairment the	at may put	he staff at risk?				
infection	e any other issues that may put the staff at risk , cytotoxic therapy, gang activity in the area, v						
Cultural	ohol abuse issues e.g. Requires an interpreter, does not s in the home is an issue - overshoes may be a	speak to wo	men/men,				
lootwear	Geographical Instruction		Musical multiplication (8)	Yes/No	N/A		
Is the ad	dress easy to find?			100/110	10.72		
	cross street is -						
	rks? Map reference						
	rking available?						
	sidence clearly numbered?						
-	use visible from the street?						
	external lighting available for after-hours visits	?	X)			1	
	ad/driveway 2 wheel drive safe?						
				Yes/No	N/A	1371	
	Residence			169/140			
	Residence are smokers present in the home, have they ago om smoking during home visits?	greed to		169/110			
refrain fro	are smokers present in the home, have they ag			ies/No			
refrain fre Easy acc e.g. incli	are smokers present in the home, have they agom smoking during home visits?			les/No			
refrain from Easy access.g. incli	ore smokers present in the home, have they ago om smoking during home visits? cess to dwelling? nators, multiple steps, railings, slip and trip ha the main entrance (front, side or back) resent, (in house or yard) has the client agreed	azards.	all pets during	Tes/NO			
Easy acc e.g. incli Where is If pets pr home vis	ore smokers present in the home, have they ago om smoking during home visits? cess to dwelling? nators, multiple steps, railings, slip and trip ha the main entrance (front, side or back) resent, (in house or yard) has the client agreed	azards.	all pets during	Tes/NO			
refrain from Easy access. inclining Where is If pets properties there is there is the state of t	ore smokers present in the home, have they ago om smoking during home visits? Dess to dwelling? nators, multiple steps, railings, slip and trip has the main entrance (front, side or back) resent, (in house or yard) has the client agreed sits?	azards.	all pets during	Tes/NO			
refrain from Easy access. Incli Where is If pets proposed in the state of the state	ore smokers present in the home, have they ago form smoking during home visits? Dess to dwelling? nators, multiple steps, railings, slip and trip has the main entrance (front, side or back) Desent, (in house or yard) has the client agreed sits? The mobile phone coverage?	azards. d to restrain	all pets during	Tes/NO			
refrain from Easy access. Incli Where is If pets proposed in the state of the state	or smokers present in the home, have they ago om smoking during home visits?  cless to dwelling? nators, multiple steps, railings, slip and trip has the main entrance (front, side or back) resent, (in house or yard) has the client agreed sits?  mobile phone coverage?  building/renovation works underway?  occupants hear you knocking at the front doose door bell work?)	azards. d to restrain	all pets during		ignatio		

NO WRITING

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Health	FAMILY NAME	MRN					
South Eastern Sydney Local Health District Illawarra Shoalhaven Local Health District Sydney Children's Network	GIVEN NAME						
Facility:	D,O.B,/_	1	M,O	0.			
*	ADDRESS						
HOME VISITING OHS SECURITY AND							
MANUAL HANDLING RISK							
ASSESSMENT	LOCATION / WARD	L DETAIL	0.00.4	EEN DATIENT LABELLIEDE			
	COMPLETE AL	LDETAIL	S OR A	FFIX PATIENT LABEL HERE			
Date / / 20							
Bathroom (If Applicable)	Salanjaran   Prija	Yes/No	N/A	Controls/Strategies			
Has the client had an Occupational Therapy Physiotherapy assessment	and/or						
s there a shower available?							
s there a hand-held shower?							
Step into or shower in bath?							
Does the bathroom have space or layout restrictions	5?						
Slippery or poor condition of floor surface?							
s there adequate drainage?							
Railings? (What type)							
Equipment? (In place/needed.)							
Bed (If Applicable)		Yes/No	N/A				
Water filled?							
Double, Queen, King? _ow?							
Poor access to both sides?							
Manual Handling Checklist	ar verse latin	Yes/No	N/A	The second secon			
Can the required procedure be performed safely	the state of the state of	103/110	N/A	e.g. use height adjustable ergonomic seat,			
within the environment?							
e.g. is it cluttered, restricted / narrow space, obstack work environment / seating, adequate lighting, awkw							
stooping / twisting							
Does the procedure have two actions performed at to e.g. lifting limb while doing dressing.	the same time?			e.g. use height adjustable leg rest,			
Rate any risks identified and indicate the risk level at Additional Information/Comments on the reason							
Staff/Name	Signature		_ Desi	gnation			

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**Appendix 2: Daily Visit Schedule (Individual)** 



# **DAILY VISIT SCHEDULE (INDIVIDUAL)**

# Wednesday 6th NOVEMBER 2013

C&FHN	Mobile Number	Vehicle regi	istration	Staff member Signature		
Contact Person	Contact Persons Number	Fax copy to contact	Time	Returned to base approx	Confirmed when	
TSH SECURITY	9540 8999	person YES		time	home	

Address/Contact Phone No.	Proposed times		Comple Asse	Contact	Notes Include all Safety Risks and Controls	
(MRN Sticker)	In	Out	Completed Risk Assessment	Contact Pre visit	and Controls	
			Y /			
			N			
			Y /			
			N			
			Y /			
			N			
			Y /			
			N			
			Y /			
			N			

**Child and Family Health Nurses** 

Based at Possum Cottage / Caringbah Community Health
Nurse Unit Manager: Deb Ross

Mobile: 0410-443-407

PLEASE ENSURE YOU TELEPHONE SECURITY (9540 8999) AND INTAKE (0434 182 829) ON RETURN TO THE HOSPITAL

BEAR COTTAGE – 0439-561-077

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## Appendix 3: Examination of a new born in the family home

#### Safe Work Procedure



	Name of Task /Equipment: Examination of a new born in the family home						
Department Name: Facility/Service: Child and Family Health Sutherland St George							
Risk Assessment No:		Risk Level: e.g. Extreme, High, M Low	ed,	Date Developed:	Date Review Due:		
		MED		23/9/13	23/9/15		

#### Risk of Injury:

Physical injury due to body stress

#### Safety Rules:

Manual handling training principles

#### Job Steps:

- Complete checklist with parent/carer when booking first home visit and specify that a bench, table or change table must be provided in order to complete new born baby check
- 2. If possible family to provide closest possible parking to family home i.e. street/driveway visitors cars park
- 3. Baby scales must be transported in an ergonomically sound bag i.e. scale bag
- 4. Scales to be loaded into car as per SWP" Loading equipment into the boot"
- 5. Upon arrival at home observe areas for safety as per off site working policy
- Complete paper work as per client file. This should be completed at dining table or similar object
- 7. Complete examination of newborn; ask parent/carer to clear bench/table
- Manual Handling principles must be adhered to when retrieving scales from bag. Bend knees, retrieve scales, rise to standing position, maintain neutral spine
- 9. Place scales on provided surface
- 10. Ask parent/carer to undress newborn and bring baby to bench
- 11. Examine newborn as per protocol maintaining neutral spine
- 12. On completion of examination as parent/carer to take newborn and redress

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# Safe Work Procedure



- 13. Pack equipment together on provided surface
- 14. Stand with equipment beside carry bag, bend knees and maintain neutral spine and place equipment in bag. Secure bag
- 15. Finalise home visit with parent/carer
- 16. Collect bag, bend knees, pick up bag, rise to standing position maintaining neutral spine
- 17. Load equipment into car boot as per SWP "loading equipment into the boot"

PPE Required:								
Non sterile disposable gloves	Plastic apron	Alcohol hand rub						
Approved for use by Manager:								

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## Appendix 4: Loading/Unloading equipment in cars

#### Safe Work Procedure



	Name of Task /Equipment: Loading / Unloading Equipment in Cars						
Department Name: Child and Family H			Facility/Service: TSH and St George Child and Family Health Service				
Risk Assessment	No:	Risk Level: e.g. Extreme, High, Med, Low	Date Developed:	Date Review Due:			
		Low	Sept 2013	March 2015			

#### Risk of Injury:

- Back Injury
- Bruising
- Manual Handling

#### Safety Rules:

- Lift Items according to Manual handling guidelines and "No Lift" Policy.
- Prior to lift; assess likely weight and awkwardness of equipment.
- · Have a second person assist in the lift if the item is heavy or awkward.
- · Leave unnecessary items in the car .

When attending Home Visit, staff should ascertain if there are any concerns with access to the residence (steep driveways, stairs etc) and if required will there be someone available to assist with the unloading / loading of equipment at the site. If not a second person should attend the home visit to assist with this task. This is achieved through completion of Home Visit Risk assessment prior to completion of Home visit.

#### Job Steps:

- 1. Identify equipment required.
- 2. Complete Home Visit Risk assessment prior.
- 3. Engage assistance as required and nominate team leader.
- 4. Ensure pathway and vicinity clear for moving item.
- 5. Move equipment in accordance with safe lifting procedures.

#### PPE Required:

Use of a trolley for heavy items (load on wheels)			

Approved for use by Manager: