

## Our Vision

We aim to make sure that all children living in Rockdale get the best start to school and are supported by a connected community. We will achieve our vision by building and maintaining our community to be:

### Child-friendly

Rockdale should be a child-friendly community.



### Equitable

There should be an even playing field for everyone.



### Strong

Children in Rockdale should be able to thrive.



### Effective

Every child should be able to reach their potential.



## Our Location



The Rockdale Children & Families Hub services are located at Rockdale Public School (Lord Street) and Integricare (89 Cameron Street).

### Supporting Partners

Bayside Council  
Kogarah Community Dental Clinic  
Department of Communities and Justice  
Advance Diversity Services  
Uniting Frederick Street Preschool Rockdale  
Integricare Rockdale Plaza Early Learning Centre

March 2021



Rockdale Children  
& Families Hub

We would like to thank the families who helped design the logo facilitated by a local artist, Qanita Ahmed

Visit [rockdalehub.com.au](https://rockdalehub.com.au)



Rockdale Children  
& Families Hub


Building a safe, healthy and  
inclusive community

## Childhood Services

### Integricare Supported Playgroups (Free)

Providing a structured and positive learning environment where children can socialise, play and learn. It also provides space for parents to meet and share their experience.


 **When:** Mondays and Thursdays

 **Contact:** (02) 9567 4977

### Integricare Rockdale Early Learning Centre

Providing long day care to children aged 2–5 years of age, and delivering quality childhood education.

 **When:** Monday to Friday

 **Contact:** (02) 8746 5977  
ccmanager@integricare.org.au

### Rockdale Public School

Educating students from Kindergarten to Year 6 where every student is engaged and challenged to continue to learn.

 **When:** Monday to Friday

 **Contact:** Reception (02) 9567 6146

### Who We Are

We are a group of services working with families to give children the best start to school.

\*Free if eligible for Medicare.


## Health Services

### South Eastern Sydney Local Health District:

#### Child & Family Health Nurse (Free)

Offering health check-ups and parenting support for families with children from birth to 4 years old.

 **When:** Mondays to Friday

 **Contact:** (02) 9548 4300 or by referral at Integricare (Monday & Thursday)


#### Community Paediatric Clinic\*

Providing assessments for preschool-aged children with suspected global developmental delay.

 **Contact:** By referral only

#### Paediatric Allied Health Services

Providing physiotherapy, speech pathology and occupational therapy through the SPOT playgroup.

 **Contact:** SPOT by referral or 9113 2495 for individual assessment\*

#### Kogarah Community Dental Clinic\*

Provides child dental screening days through services at the hub. Public dental services for children and young people from birth – 18 years can also be accessed at the Kogarah clinic.

 **When:** Monday to Friday

 **Contact:** 1300 134 226

#### Better Connected Community Services (Free)


Linking families with children under 8 years old to social, wellbeing and health support services.

 **Contact:** 0406 448 459 or rockdalehub@betterconnected.org.au

## Support Services

### Integricare Parenting and Family Service (Free)

Supporting families with children from birth to 8 years old with case management and parenting Programs to create pathways and improve outcomes for families.

 **Contact:** (02) 9599 7821

### Family Connect and Support Sydney and South Eastern Sydney Districts – Barnardos Australia (Free)

FCS helps family with children 0–18 connect to the right services and supports at the right time.

 **Contact:** 1800 066 757

### Lifestart ECEI (Free)


Supporting families with children from birth–7 years old who have a developmental delay or disability.

 **Contact:** 1800 953 390

### Learning Links Prep 4 Preschool Playgroups

Supporting families with children from 2–4 years old with additional needs, or who are facing difficulties with their child attending preschool or childcare.

 **When:** Tuesday & Wednesday

 **Contact:** 8525 8230  
prep4preschool@learninglinks.org.au