

# Minutes



SESLHD Board Community Partnerships Committee 29 July 2019  
15:00 - 17:00hrs Sydney/Sydney Eye Hospital  
Claffy Lecture Theatre

Items	Description
1	<b>Meeting Opening 15:06</b> – Helene Orr opened the meeting and Tracie McNally conducted the Acknowledgment of Country
1.1	<b>Present</b> As per the attendance list – Annex 1. Darren Cavanagh from Transport NSW was welcomed as a new member.
1.2	<b>Apologies</b> As per the attendance list – Annex 1.
1.3	<b>Guests</b> As per the attendance list – Annex 1. Tobi Wilson, SESLHD Chief Executive, expressed his interest in attending on an ongoing basis.
1.4	<b>Confirmation of Minutes</b> The Minutes of the SESLHD Board Community Partnerships Committee held on 18 March 2019 were approved as a true and accurate record.
1.5	<b>Declaration of Conflict of Interest</b> No potential conflicts of interest were declared.
1.6	<b>Action Items</b> The action log (refer to Annex 2) was noted and formed the topics considered in general and standing items. Three documents, the <i>Ambitious targets at the heart of new Premier's Priorities</i> (Refer Item 2.5 below), <i>Doing It Differently - A Community Wellbeing Grants Initiative</i> (Refer Item 2.6 below), and <i>BCPC Grants Consultation Update</i> (Refer Item 2.7 below) were tabled.
2	<b>General Business</b>
2.1	<b>Group Photo – completed</b>
2.2	<b>Impacts of Climate Change on Health and Wellbeing</b> Donna Green, A/Prof UNSW, presented on the direct and indirect impacts of climate change upon health and particularly, how rising global temperatures disproportionately affects those who are most vulnerable. Implementing strategies that reduce climate change, such as increasing green spaces, can save money and improve both mental wellbeing and overall health of communities.  The following comments were noted: <ul style="list-style-type: none"><li>• The rise and frequency of extreme weather events related to climate change are a particular public health concern, as it increases stress-related diseases like cardiovascular and pulmonary diseases associated with air pollution</li><li>• Vulnerable, less climate-resistant groups include children, older adults, low-income communities, those with pre-existing or chronic medical conditions, heavily populated communities, Aboriginal people, and people from a non-English speaking background</li><li>• Urban builds, like those in Western Sydney, are not adapted to extreme heat and conditions are exacerbated by high density, heat trapping, and limited green spaces</li><li>• In Australia, particulate matter from controlled burns and bush fires reduce air quality, impacting health and reducing the life span of the population</li><li>• Strong leadership, collaboration and policies that promote environmental sustainability were suggested by Greg Levenston as the means to drive momentum towards large-scale change</li><li>• In partnership with FACS, DPPHE is doing place-based community work in social housing units to identify vulnerable communities and their heat-related needs.</li><li>• DPPHE is collaborating with local councils strategic planning statements on actions to improve the urban environment with projects such as increasing green spaces in communities and creating outdoor exercise areas</li></ul> <b>ACTION 1</b> Kate Charlesworth, Sustainability Lead for SESLHD, will liaise with Mark Ferson, Director, Public Health, regarding air pollution issues to determine if it's relevant to raise at the Sydney Coastal Councils group.

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	<p><b>ACTION 2</b> BCPC members agreed to explore opportunities to co-deliver the Premier's priorities for more green spaces and trees as an initiative to lower temperatures and promote mental wellbeing and health.</p> <p><b>ACTION 3</b> Continue to progress place based community work in social housing to address heat-related needs.</p>
<p><b>2.3</b></p>	<p><b>Social Connectedness Action Plan – Julie Dixon/Monica Brabant</b></p> <ul style="list-style-type: none"> <li>• As an initiative of the Social Connectedness Action Plan, the Social Support Assessment Tool for first responders has been developed in order to identify those at risk of isolation and loneliness and develop a pathway to address it</li> <li>• Currently awaiting ethics approval, the Tool will be tested with community members in Maroubra and South Coogee through existing community engagement methods undertaken through the ComaC place-based initiative</li> <li>• A/Prof Keong Yap informed the analysis that will validate the Tool</li> </ul> <p><b>ACTION 4</b> SESLHD to test the Social Support Assessment tool following ethics approval.</p>
<p><b>2.4</b></p>	<p><b>Proposed Hoarding Initiative – Keong Yap, A/Prof ACU (Annex 6)</b> Keong Yap, A/Prof from Australian Catholic University (ACU) and University of NSW (UNSW), discussed the considerable health and safety consequences of hoarding disorder, which is a prevalent issue particularly in public housing communities that also causes significant resource strains for ambulance NSW, local councils, FACS, Fire &amp; Rescue NSW and SESLHD.</p> <p>The following comments were noted:</p> <ul style="list-style-type: none"> <li>• Hoarding disorder is a relatively new research area characterised by excessive acquisition and an inability or unwillingness to discard large quantities of objects that cover the living areas of the home, cause significant distress or impairment and property damage</li> <li>• Those with hoarding disorder can face increased legal issues, eviction, isolation, conflict, falls, health problems, fire risk, delayed discharge from hospital, risk to family members, mental health issues, and a lack of appropriate treatment services</li> <li>• Hoarding treatment is complicated by its aetiology, as it can either be a symptom of another disease, such as in the case of hoarding as a result of dementia, or the disease itself.</li> <li>• Due to the characteristically motivated and self-aware nature of individuals with hoarding disorder, cognitive behavioural therapy has demonstrated to be an effective treatment</li> <li>• FACS has run successful clean-out programs, however the solution is short-term and funding is limited, particularly when it can cost tens of thousands of dollars to repair and clean units after tenants vacate</li> <li>• Not only does hoarding affect the individuals, it also impacts the health and safety of their families and the community</li> <li>• As hoarding often stems from childhood and significant adverse events, young people and children can demonstrate vulnerabilities to hoarding disorder and it was suggested that upskilling NSW Counselling services in schools might be a valuable strategy</li> <li>• Keong put forth some hoarding treatment models, such as the Buried in Treasures treatment program, which operates on a facilitated self-help/peer group model to assist people overcoming hoarding behaviours</li> </ul> <p><b>ACTION 5</b> SESLHD and FACS to report back on collaborative efforts with UNSW to address hoarding, particularly for those living in social housing.</p>
<p><b>2.5</b></p>	<p><b>New Premier's Priorities – Julie Dixon (Annex 3)</b></p> <ul style="list-style-type: none"> <li>• Many of the Premier's priorities are cross-agency/whole of government projects, such as her better environment priorities, which includes the need to increase green spaces and planting more trees.</li> </ul> <p><b>ACTION 6</b> Update the BCPC program of work and determine any additional programs/activities to collaborate on which demonstrate alignment with the new Premier's priorities.</p>
<p><b>2.6</b></p>	<p><b>Doing it Differently: A Community Wellbeing Grants Initiative – Katarzyna Bochynska (Annex 4)</b> Katarzyna Bochynska, Health Promotion Manager of Healthy People Health Places, SESLHD, discussed the Doing It Differently Community Wellbeing Grants Initiative which recognises that communities are the best-placed to plan and develop effective solutions to optimise the health and well-being of its residents.</p>

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	<p>The following comments were noted:</p> <ul style="list-style-type: none"> <li>• Beginning in Bayside Council three years ago with 20 projects, the Initiative has reached over 10,500 people and has been shown to significantly reduce social isolation and loneliness and improve health and social wellbeing</li> <li>• Four local councils and Calvary Health Care Kogarah are now contributing funding towards implementing the Initiative and applications for Doing It Differently in Sutherland Shire area close Monday 2 September and Doing It Differently in Georges River area close Sunday 15 September</li> <li>• While the Initiative has focused on measuring qualitative data through quality impact statements, it is expanding to include quantitative data and disease/health status impacts</li> </ul> <p>A related program of work the Communities at the Centre: A Place-based Equity and Wellbeing Initiative in Maroubra (ComaC), was outlined by Julie Dixon, Director of Planning, Population Health and Equity.</p> <p><b>ACTION 7</b> BCPC be provided with a Progress Report on ComaC and that ComaC be included into the BCPC Program of work</p>
2.7	<p><b>BCPC Grants Consultation Update – Amanda Justice</b> (Annex 5)</p> <p>Amanda Justice, Community Partnerships Unit Manager, recommended that, due to extensive barriers and challenges to agencies collaborating on grant funding, that this work be discontinued. The consultation findings found consensus regarding the principles of “ways of working”, which were tabled (see Annex 5, page 2). It was agreed that these “ways of working” be adopted, applied, and aligned to the strategic priorities and any programs of work of the BCPC.</p> <p><b>ACTION 8</b> Agreement was reached to adopt the recommended “ways of working” in the consultation report, as core guiding principles for strategic priorities and programs of work of the BCPC.</p>
3	<p><b>Standing Items</b> (refer to BCPC Reporting Document Annex 7)</p>
3.1	<p><b>SESLHD Childhood Obesity Business Plan/Framework Update</b></p>
3.2	<p><b>MHFAY Implementation Group Update</b></p> <p><b>ACTION 9</b> Transport NSW have agreed to discuss possible partnerships on the Mental Health Youth First Aid Youth program because of suicide attempts on railways.</p>
3.3	<p><b>NDIS - SESLHD Update</b></p>
4	<p><b>Business Without Notice</b> No business without notice was declared.</p>
5	<p><b>Meeting Close 17:04</b></p> <p><b>Date of Next Meeting:</b> Monday 18 November 2019  <b>Time:</b> 15:00hrs - 17:00 hrs  <b>Venue:</b> Worrall Theatre, Sydney/Sydney Eye Hospital</p>