MINUTES

TSH Consumer Advisory Group

Wednesday 6 April 2022 at 2:00pm - via Microsoft Teams

ITEM		DESCRIPTION	CARRIAGE
1	Attendance:		
	Staff / Consumer Repres	entatives:	
	Malcolm Ricker (MR)	Consumer Representative (Chair)	
	Sharon Bennett (SB)	Consumer Representative (Co-Chair)	
	Robyn Riley (RR)	Consumer Representative	
	Gen Webb (GW)	Consumer Representative	
	Jim Hankins (JH)	Consumer Representative	
	Peter Lewis (PL)	Consumer Representative	
	Debbie Wood (DW)	Consumer Representative	
	Carole Goodyer (CG)	Consumer Representative	
	Vicki Weeden (VW)	General Manager	
	Joanne Newbury (JN)	Director of Nursing and Midwifery	
	Liz Mason (LM)	Manager, Clinical Governance Unit	
	Josie Julian (JJ)	Quality, Risk and Patient Safety Manager	
	Apologies:		
	Sonia Markoff (SM)	Consumer Representative	
	Godfrey Ross (GR)	Consumer Representative	
	Cheryl Hall (CH)	Consumer Representative	
	Patrice Thomas (PT)	Patient Safety Manager	
	Valmai Ciccarello (VC)	Consumer Feedback Manager	
	Naomi Dean (ND)	Manager, Community Engagement & Fund Raising	
	Mary Hughes (MH)	Secretariat	
	Welcome Guests		Chair / Co-Chair
3	Declaration/s of Conflict	of Interest – Nil	All
4	4.1 Approval of the min Robyn Riley	utes from the meeting held on 2 March 2022 – approved by	Chair / Co-Chair
	4.2 Items arising – refer		
	_	nmittee - new CAG representative	
		calendar invitation to be sent to C Goodyer	
	Action: Completed	edicinal invitation to be sent to a docaye.	
	and availability to MR as	edged the benefit of this course, however time constraints is	
	3. Outstanding matter re issue be followed up wit	egarding ICU being named CCM. CAG has requested this h TSH General Manager	
	Nursing & Operations, Cr was chosen to align with continue in the medium/	ed CAGs concern with TSH General Manager and Co-Director critical Care, Emergency and Surgery. LM explained that CCM what services come under that name. Discussions will flong term to understand if that is the right terminology to	
	use in the future.		

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İTEM	DESCRIPTION	CARRIAGE
	It was noted that signage was more the issue than the name CCM.	
	Action: LM to continue discussions to continue with Co-Director Nursing & Operations, Critical Care, Emergency and Surgery with a medium/long term approach to understand if CCM is the right terminology to use in the future.	
	Review at June 2022 meeting	
	4. Resend TOR to committee for review and feedback by 8 February 2022	
	Disseminate the Code of Conduct form to the committee to read, sign and return	
	MR requested all representatives complete and return their forms asap.	
	Action: Consumer representatives are requested to sign and return Conduct of Conduct to MH as soon as possible	
	5. Invitation to contribute to Clinical Governance Newsletter	
	Action: Ongoing	
5	Management Reports	
	5.1 – General Manager Report	Vicki Weeden
	Thank you to the CAG representatives for your contribution towards accreditation	
	• CGU team did amazing job guiding the hospital through the Accreditation process. Three recommendations were received however none were related to patient safety and quality. Positive feedback was received from staff around the positivity of the care they give, the site they work at and the team they work with	
	 Have started experiencing winter activity. Challenges are furloughing staff due to Covid which is having an impact on the workforce. Staff are being encouraged take a break 	
	Being mindful of the current industrial action and the impact for the hospital	
	Flu vaccinations will commence in early April	
	Winter planning and budget planning has commenced	
	 There are restructures in surgical services as well as clinical workforce services in medicine, nursing and (eventually) allied health. Garrawarra is undergoing a restructure in both clinical and back of house 	
	Amber zones remain within the hospital	
	 A risk assessment has been done regarding the resumption of Consumer Walkarounds and face-to-face meetings. This will be reviewed in four weeks 	
	5.2 – Nursing and Midwifery Update	Joanne Newbury

Patient Flow and Demand StatisticsThe Sutherland Hospital

ITEM



	SOVERNMENT I LOCAL FIERITTI DISTRICT			
	Definition	Mar-22	Target	Numbers
Emergency Treatment Performance (ETP)	Total patients who have departed from the Emergency Department within 4 hours of presentation.	49.5%	81.0%	5,692
Admitted ETP	Patients who have been admitted to inpatient beds from the Emergency Department within 4 hours of presentation.	16.9%	50.0%	1,671
Discharge ETP	Patients who have been discharged from the Emergency Department within 4 hours of presentation.	63.1%	90.0%	4,008
Transfer of Care	Patient brought in by ambulance who are "offloaded" within 30 mins	73.5%	90.0%	1,271
Pre 10am Discharges	Patients who are discharged before 10am	7.1%	15.0%	81
Pre 12pm Discharges	Patients who are discharged before 12pm	21.7%	40.0%	247
Patients in hospitsal for over 9 days	Admitted patients with a Length of Stay greater than 9 days	72.7	65	
Triage 1	Patients must be reviewed immediatley	100%	100.0%	24
Triage 2	Patients must be reviewed within 10 minutes	71.8%	95.0%	943
Triage 3	Patients must be reviewed within 30 minutes	66.3%	85.0%	2,379
Surge Beds	Un-funded beds required to be open, due to capacity reasons	8.6	0	
CCM Sign Out (hours)	Time taken to transfer a patient out of Critical Care Medicine once "signed out"	6.6	6.0	68
Elective Surgery Access Performance (ESAP) CAT 1	Patients who have elective surgery completed within CAT 1 timeframe of 30 days	100%	100%	data not cleansed, expecting 100%
ESAP CAT 2	Patients who have elective surgery completed within CAT 2 timeframe of 90 days	55.7%	97%	Pause in elective surgery impacting on totals
ESAP CAT 3	Patients who have elective surgery completed within CAT 3 timeframe of 365 days	48.8%	97%	Pause in elective surgery impacting on totals

- A lot of Covid has coming into the emergency department
- Performance has been poor with many medical and nursing staff furloughed with Covid. This effects the wait time in ED which has been up to 7hrs recently. There are only 3 single rooms in ED
- There is a backlog on elective surgery with over 187 people listed as category 3 (to have their operation within 365 days of when they booked). Elective surgery is the only surgery that can be controlled and is

ITEM	DESCRIPTION	Carriage					
	 one of the first things cancelled. The private hospitals are being used for elective surgeries under a collaborative care arrangement Recent industrial action had an impact with a flow on effect 						
	TSH Workforce Overview Workforce update February 2022 v1.pd						
	 Refer to presentation at the end of the minutes The "baby boomer" is the largest workforce and this group may intend to retire wit 90% RN workforce and 10% EN/AIN. Predications indicate within the next 5 years the shortage. Alternative team based nursing models will need to be considered 	•					
	Overview of Patient Feedback Next report due in June 2022	Valmai Ciccarello					
6	Presentation/Discussion - Nil						
7	General Business	All					
	 7.1 Report from the Chair MR thanked GW, RR, GR and CH for attending the accreditation meeting with the assessor CAG Information Board has been located in the main entrance. There are outstanding photos that will be added to the board when received Actions: DW and SM to supply a photograph for the notice board and return their signed code of conduct form to MH 	Chair / Co-Chair					
	 7.2 Community Engagement & Fundraising update N/A MR advised he is trying to organise a tour of the Dharawal Aboriginal Lounge for the CAG representatives. A hospital tour will also be arranged in the near future 	Naomi Dean					
	 7.3 Corporate Services update A weekly email update on cleaning and basic maintenance The recruitment for the TSH Corporate Services Officer is being finalised Reviewing options for a covered walkway to the back carpark 	Vicki Weeden					
	 7.4 Standards/ Accreditation update JJ thanked the CAG representatives for their involvement with accreditation. The as and were complimentary of the consumer engagement they saw while onsite 	Josie Julian ssessors recognised					

ITEM DESCRIPTION **CARRIAGE** eport for TSH AG Committee arch 2022 TSH Clinical Governance Unit – Quality Report March2022 Audits completed in February 2022 TSH SAFETY & QUALITY NEWSLETTER Delirium Management Audit; delirium risk assessment and monitoring - 44 audits completed, 80% compliance overall. 59% of pt's had risk screen completed (improving) To be started again in May2022 Clinical Handover Patient Engagement Audit; Compliance: 94%. A total of 89 audits completed. Improved - At conclusion of the Clinical handover the patient/family/carer is provided with the opportunity to ask questions and a response is provided32 Blood Product Ordering Administration; 80% compliance - need improvement in the written information provided to patients. Accreditation Risk Report Partnering with the Consumer TSH Accreditation feedback Feedback Currently 32 Risks High Risks TSH 3 years Accreditation status granted Shared decision making and planning goals of care is well understood Falls rates Evidence of Patient Safety Culture and excellent Great engagement with consumers in Cytotoxic exposure management care planning Nuclear medicine equipment Risk identification is excellent Patient Safety: Clinical Deterioration Quality Boards are informative and great **New Risks** to see staff using them Evidence of Collegiality among MDT TSH Satellite Dialysis Unit Electrical Power Aboriginal engagement compliance is a Supply and lack of access to single rooms highlight Strong Consumer Engagement Diversity well identified Bedside phones - operational concerns CAG are well informed and welcomed Air conditioning inconsistencies sterile stock All standards achieved a "Met" status 3 recommendations NATIONAL STANDARDS - future direction Colonoscopy Clinical care standard implementation Compliance Driven Informed Financial consent Short Notice Surveys NSQHS standards Medication Reconciliation. Advisories and Clinical care standards new and updates to focus progress 8 **Document Reviews** Apryl Repole 8.1 Incontinence Associate Dermatitis (IAD) Management Patient Information Overall a good brochure that is easy to understand and read Action: CAG endorses the brochure. MH to send CAG endorsement logo to Apryl Repole 8.2 Pressure Injury Patient Education Video - https://we.tl/t-bl7ENbIBW1 A Repole Some representatives have not been able to download The video is informative and well done. A suggestion is to have it available in other languages Concern regarding the obvious product/company advertising as it can be considered biased The length of the video may be too long. A shorter version may be more suitable Observation - moving the position of the body to relieve the pressure on a specific area, the whole image moved on the pictures on the screen however the pressure point did not change. Action: MH to provide the above CAG feedback to Apryl Repole **Standing Items** 9 9.1 TSH Clinical Council Robyn Riley Refer to Cardiology M&M presentation attached with the papers 9.2 TSH Executive Governance Malcolm Ricker Pharmacy - The pharmacists have taken on board the feedback from the accreditation survey and are trying to make themselves more visible by recording their work in EMR. They are also engaging more with clinicians. ED medical staffing remains an issue: ten people from the UK have been interviewed for ED JMO positions. Greatest risk relates to elective surgery and the number of breached patients in both Categories 2 & 3. With the reintroduction of elective surgery for non-urgent

	DESCRIPTION	CARRIAGE
	cases in Private Hospitals (up to 75% from next Monday), we will start to transition some of our breached patients. MR discussed the concern felt by the community about 1) having to wait for elective surgery and 2) avoiding hospital due to the COVID outbreak. He queried if this had caused a reduction in the surgical waiting lists. JN advised that TSH continued to receive a large number of recommendations for admission, however the operation dates are currently on hold as we respond to the COVID crisis. In the interim, we are continuing to do urgent elective surgery. We are awaiting advice from the MoH to recommence non-urgent elective surgery.	
•	TSH mandatory training compliance is below the 80% target (with the exception of hand hygiene training). There has been an increase in biological needle stick injuries – RM's team will contact Staff Health to ascertain the causes. Aggression incidents continue to be the highest number of reported incidents.	
9.3	TSH Food and Nutrition (bi-monthly)	Carole Goodyer
•	The Committee would like to forward their thanks to Jenny Church for all the good work she had done. The Committee wish her well in a speedy recovery	
9.4	Patient Safety and Clinical Quality Meeting	Malcolm Ricker
•	HS2 Incidents – The CEC will review all HS1 and HS2 incidents that are Covid related including the consistent themes across the facilities and the state relating to pressure injuries, falls and delays in being able to get to patients because of decrease supervision and donning and doffing There were 8 endorsed reports – 7 for TSH and 1 from SHC: 1 x fall - themes include staff gaps in terms of undertaking risk assessment within a timely manner and making sure strategies are in place. Gaps around pressure injuries refers to	
	incorrect stage. CNC Wound Care has commenced additional training for CNEs - 2 x HAI - 3 x pressure injuries - 1 x maternal newborn - 1 x SHC complication — learnings include patients with issues with devices should consult with the proceduralist. This was also sent to ED for their learning. The themes for the last 12 months of HS2 show communication is still the highest followed by inadequate risks assessments being done	
•	IMS+ slight increase in pressure injuries mostly due to Covid, unable to do proper assessments and delays in staging. There were 2 Deteriorating Patient incidents notified in January 2022. There are no incidents related to deterioration or delays to patients with previous calls being made. Feedback from the wards is positive from both medical and nursing staff. Staff are grateful for the clinical support and the encouragement to escalate. Having a senior presence and a management plan in place is why repetitive calls are not happening for the same patient.	
•	Clinical Risk Report – ERMS. In the 12 month period from February 2021 there has been a decrease in risks from 43 risks to 31 risks across the facility. Top 3 high risks for TSH include cytotoxic occupational exposure, clinical deterioration and falls	
9.5	Infection Control Committee	Gen Webb
•	The committee advised the fourth Covid booster for people over 65 years is now available	
	Falls Prevention Committee	Sonia Markoff
N/		

İTEM	DESCRIPTION	CARRIAGE
	9.8 Safe Use of Medicines Committee	Cheryl Hall
	Nil	
	9.9 TSH Emergency Response Working Group (quarterly)	Sharon Bennett
	Nil	
	9.10 NS2 Partnering with Consumers	Sharon Bennett
	Nil	
	9.11 End of Life Care Committee (EOLCC)	Carole Goodyer
	This was our first meeting since November, with cancellations due to lack of quorum. The invitation list has been streamlined, resulting in a smaller quorum being needed.	
	Helen Moore, CNC Palliative Care, would like to give a presentation on Bereavement in a few months' time.	
	Bianca Warner, SESLHD Palliative Care Aboriginal Coordinator, would be happy to speak on Grief, whenever we can accommodate her.	
	9.12 Wayfinding Committee Nil	Gen Webb and Peter Lewis
	9.13 Blood Transfusion Committee	Deb Wood
	Date for the next meeting to be confirmed	
	9.14 Consumer Walk Around (feedback/follow-up)	Malcolm Ricker
	On hold due to Covid	
10	Reports for Noting	
	10.1 Diversity (Quarterly)	Jim Hankins
	Refer to attachment - 5 steps for responding to abuse of an older person or adult	JIIII Halikilis
	with disability. Service Providers – St George	
	10.2 Diversity Report	Position Vacant
	N/A due to the Diversity Health position being vacant	
	MR enquired about the virtual tour of TSH which was created a few months ago as it would be beneficial while Covid is preventing representatives attending the hospital	
	Action: LM to follow up with Diversity Health	
	10.3 Infection Control – attached with papers	Lisa Symonds
11	Advocacy	All
	 Items on the "ideas log" will be discussed at the June meeting MR reminded all representatives to record any issues they would like to advocate for 	
12	Correspondence – Nil	
13	Governance Items	Chair
	MR advised Jenny Church's membership has been deferred due to ill health. Mutual discussions regarding her continued membership will be held in June 2022	
14	Items to escalate to PSCQ Committee and/or TSH Executive Governance - Nil	All
16	Business Without Notice	Liz Mason
	Safety Attitudes Questionnaire	

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	A survey was launched across SESLHD with the and quality. The survey is open from 4-29 Apri invited to participate	· · · · · · · · · · · · · · · · · · ·	
	Action: Survey details to be emailed to CAG re	presentatives	
.7	Confidential Items – Nil	p	All
8	Meeting Closed – 3.40pm		Chair / Co-Chair
	Date of next meeting:		
	Date: Wednesday 4 May 2022		
	Time: 2.00pm		
	Venue: Microsoft Teams		
	CERTIFIED AS A CORRECT RECORD		
	Verbally endorsed by Robyn Riley		
	Name		
	4 May	2022	
	Signature Date		

Action Items:

Minutes Ref / Date	Agenda Item	Action	Responsibility	Progress
6/4/22	16	Safety Attitudes Questionnaire	LM / MH	To be disseminated to CAG reps
6/4/22	10.2	Virtual tour of TSH	LM	Follow-up with Diversity Health
6/4/22	8.2	Pressure Injury Patient Education Video	МН	CAG feedback to be provided to Apryl Repole
6/4/22	7.1	Supply a headshot for CAG information Board	DW & SM	
		Return signed Code of Conduct		
2/2/22	7.1	Mental Health First Aid Course Consumer representatives to send their interest and availability to MR asap	All	Ongoing
2/2/22	11	Outstanding matter regarding ICU being named CCM. Discussions to continue with Co-Director Nursing & Operations, Critical Care, Emergency and Surgery with a medium/long term approach to understand if CCM is the right terminology to use in the future.	LM	Review in June 2022
		Invitation to contribute to Clinical Governance Newsletter	All	Ongoing

ATTENDANCE LIST

Name	Position	Jan	Feb	Mar	Apr	May	Jun	July	Aug	Sep	Oct	Nov	Dec
Malcolm Ricker (MR)	Consumer Representative (Chair)		✓	✓	✓								
Sharon Bennett (SB)	Consumer Representative (Co-Chair)		✓	✓	✓								
Debbie Wood (DW)	Consumer Representative		✓	Apol	✓								
Carole Goodyer	Consumer Representative		✓	✓	✓								
Godfrey Ross (GR)	Consumer Representative		✓	✓	Apol								
Jenny Church (JC)	Consumer Representative												
Jim Hankins (JH)	Consumer Representative		✓	✓	✓								
Genevieve Webb (GW)	Consumer Representative		✓	✓	✓								
Cheryl Hall (CH)	Consumer Representative		✓	✓	Apol								
Peter Lewis (PL)	Consumer Representative		✓	Apol	✓								
Robyn Riley (RR)	Consumer Representative		✓	✓	✓								
Sonia Markoff (SM)	Consumer Representative		Apol	Apol	Apol								
Vicki Weeden	General Manager		✓	✓	✓								
Joanne Newbury	Director of Nursing and Midwifery		✓	✓	✓								
Elizabeth Mason	Manager, Clinical Governance Unit		✓	✓	✓								
Josie Julian	Quality, Risk and Patient Safety Manager		✓	Apol	✓								
Patrice Thomas (PT)	Patient Safety Manager		Apol	Apol	Apol								
Valmai Ciccarello (VC) (quarterly attendance)	Consumer Feedback and Medico-Legal Manager			Apol									
Naomi Dean	Manager, Community Engagement & Fundraising		√	✓	Apol								
TBA	Corporate Services Manager												
Mary Hughes	CAG Secretariat		✓	✓	Apol								
Name	Written Updates Provided	Jan											
Lisa Symonds	Clinical Nurse Consultant, Infection Control & Prevention		х	√									
Yu Dai	Diversity Health Coordinator		х	✓									
Sharon Nathaniel or Delegate	Nurse Manager Demand Management/WOHP		√	Х									-

MENTAL HEALTH FIRST AID



ENROLMENTS NOW OPEN FOR 2022

ACCREDITED 2-DAY PROGRAM

Mental Health First Aid Program Overview

This is a 2-day education program designed to provide people with the skills to give first aid to others experiencing a mental health crisis and become an accredited Mental Health First Aider.

This is an evidence-based training course which gives you the skills and confidence to have supportive conversations with co-workers and help guide them to professional help if needed. It has been shown to increase knowledge, confidence and helping behaviours, and reduce stigma.

Who can attend this program?

Anyone with an interest in supporting staff and community members in crisis situations, managers and team leaders.

What is covered in an MHFA course?

You will learn to recognise common mental health problems, how to provide initial help to someone experiencing a mental health problem using a practical, evidence-based Action Plan, and how to respond in a crisis situation. During the course, you will have the opportunity to practice new skills in a safe environment.

Note: This is not a therapy or support group program.

Why is Mental Health First Aid important?

More and more workplaces are realising the impact of mental health problems at work on their people and productivity. Encouraging early help-seeking is one way to promote a mentally healthy workplace. This is where Mental Health First Aid can help.

Register now via My Health Learning for the workshop dates listed on the following page.

For more information please contact: SESLHD-OrganisationalDevelopmentLearning@health.nsw.gov.au

	Workshop Dates	Venue
	Thurs 31st March @ 8am - 5pm	
1	Fri 1st April @ 8am - 5pm	The Sutherland Hospital
	Thurs 31st March @ 8am - 5pm	
2	Fri 1st April @ 8am - 5pm	The Sutherland Hospital
	Tues 10th May @ 8am - 5pm	
3	Tues 17th May @ 8am - 5pm	Garrawarra Function Centre
	Tues 10th May @ 8am - 5pm	
4	Tues 17th May @ 8am - 5pm	Garrawarra Function Centre
	Thurs 12th May @ 8am - 5pm	
5	Fri 13th May @ 8am - 5pm	The Sutherland Hospital
	Thurs 12th May @ 8am - 5pm	
6	Fri 13th May @ 8am - 5pm	The Sutherland Hospital
	Wed 1st June @ 8am - 5pm	
7	Wed 15th June @ 8am - 5pm	The Sutherland Hospital
	Wed 1st June @ 8am - 5pm	
8	Wed 15th June @ 8am - 5pm	The Sutherland Hospital
	Wed 12th Oct @ 8am - 5pm	
9	Thurs 13th Oct @ 8am - 5pm	The Sutherland Hospital
	Wed 12th Oct @ 8am - 5pm	
10	Thurs 13th Oct @ 8am - 5pm	The Sutherland Hospital

^{**}you must be able to attend both days of the workshop**



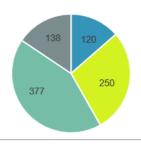


TSH Nursing & Midwifery Workforce overview

February 2022

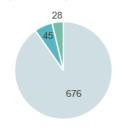


Nursing & Midwifery Generations (headcount not including casuals)



■ Baby Boomers ■ Generation X ■ Generation Y ■ Generation Z

Nursing & Midwifery classifications (headcount) FT & PPT



90:10 RN : EN/AIN

- RNs / RMs - ENs - AINs

Casual Pool - Headcount

60:40 RN : EN/AIN



RN/RM EN AIN



COVID-19 - staff furloughed January 2022



Nursing & Midwifery





COVID-19 - staff furloughed January 2022



Nursing & Midwifery





COVID-19 - staff furloughed from 1 - 14 February 2022



Nursing & Midwifery



Back fill of these positions resulted in significant increase in overtime during FNs 14 - 16



Current challenges & opportunities



There is a need to develop new support strategies as our workforce recovers from the pandemic

- January 2022 = 23 new starters
- February 2022 = 48 new starters (24 GradStart RNs)
- Working with LHD recruitment team to streamline processing & communications to improve staff 'onboarding' timeframes
- Applicants are slow to upload documentation delays due to virtual recruitment process
- AIN applicants > 60 joining Casual Pool
- LHD N & M team assisting with communications to universities to recruit undergraduate students into AIN positions
- Regular information sessions to be conducted by <u>GradStart</u> Co-ordinator to 3rd year students as they undertake clinical placement @ TSH. According to the <u>ClinConnect</u> 2020 report TSH was ranked 9th in NSW for nursing placements – from UTS, <u>UoW</u> and TAFE being the top 3 education providers

- Staff returning to TSH from secondments to COVID-19 environment. (deployment feedback questionnaire)
- Upskilling of staff in Emergency Departments and Critical Care areas to continue – focus is now on ongoing education for staff (that was missed or delayed due to pandemic)
- Continue to enhance the use of digital / virtual education opportunities that were offered during the pandemic



Workforce recovery & retention strategies

RESOURCES TO SUPPORT OUR STAFF:

CHECKING IN – beginning of shift wellbeing tool includes contact details for Nurse & Midwife Support (24/7 availability) & EAP

Trial of <u>CARE KIT</u> for ward staff (based on code lavender principles)

<u>HAVE A CUPPA WITH TSH EXECUTIVE</u> – based on success of the strategy introduced by the CE

AFTER HOURS CERS CNC – additional resource to provide expert support, direction and guidance to clinical staff in relation to the care and management of deteriorating, complex, acute medical and surgical patients (commenced December 2021)

RETENTION INITIATIVES:

<u>GradStart RNs:</u> 85% retention rate for February & March 2021 groups

ECCY PROGRAM: (Emergency Cardiology & Critical Care Year) – offered to RNs beyond 2nd year – provides exposure to critical care environment. Currently 100% retention rate at completion of program

TAPS PROGRAM: (Theatre, Anaesthetics, PACU and Surgery) currently being developed to commence as the operating theatre redevelopment progresses

<u>LEADERSHIP DEVELOPMENT PROGRAM:</u> offered annually to nurses and midwives interested in NUM or MUM roles in the future



Who Do You Call? ST GEORGE Local Contacts

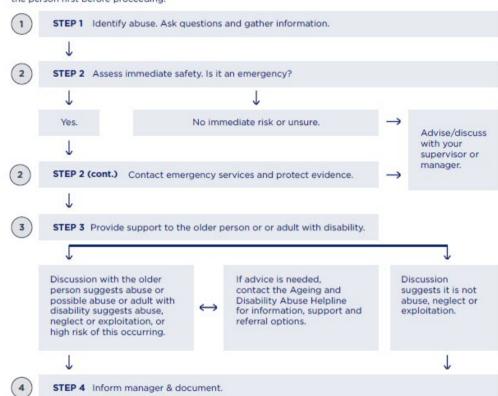
St George Police	8566 7499
Hurstville Police	9375 8599
Riverwood Police	9584 1899
Social Work - Calvary Community Health	9553 3033
St George/Suth. Dom. Violence Service	9113 2495
Southern Sydney Sexual Assault Service	9113 2494
Kurranulla Aboriginal Corporation	9528 0287
Advance Diversity Services	9136 4788
Sutherland Legal Aid	9521 3733

State Contacts

Police or Ambulance	000
Ageing and Disability Abuse Helpline	1800 628 221
NSW Rape Crisis	1800 424 017
Domestic Violence Line	1800 656 463
Seniors Rights Service	1800 424 079
TIS (language interpreters)	13 14 50
My Aged Care (assessment for services)	1800 200 422
Carer Gateway	1800 422 737
National Dementia Helpline	1800 100 500
Link2Home (emergency housing)	1800 152 152
Mental Health Line	1800 011 511

5 steps for responding to abuse of an older person or adult with disability.

Note: The older person or adult with disability could also be the carer, Identify if it is appropriate to talk with the person first before proceeding.





- Ask the older person or adult with disability what they want to do about their situation. If there are concerns of capacity, include the substitute decision-maker (if this person is not the person suspected of abuse) in the conversation.
- Discuss referral options.
- Seek consent from the older person or adult with disability to make
- Make appropriate referrals.
- Leave information (if safe to do so) if the older person or adult with disability refuses assistance, and keep the lines of communication open.
- Consider implementing any local or regional protocols, interagency protocols and service coordination plans.
- Ensure procedures are in place for coordination and/or monitoring, and follow-up as required.





Behaviours

Abuse Types

Signs

Financial abuse is threatening to take someone's money or assets, misusing another person's money without permission, or stealing and abusing power for financial gain.



Significant bank withdrawals, that may include changes to a Will.

No money to pay for essentials for the home, including food, clothing, and utilities.

Psychological abuse is threatening, pressuring or intimidating someone verbally, or emotionally blackmailing them. This also includes threatening to isolate someone from friends and family.



Resignation, shame, depression, and tearfulness.

Social withdrawal, worry or anxiety after a visit by specific person or people.

Neglect is a type of abuse that means a vulnerable person's basic needs are not being met. This could be not providing adequate food, clothing or shelter, not keeping someone safe, or refusing to meet a vulnerable person's healthcare needs.



Inadequate clothing, complaints of being too cold or too hot.

Poor personal hygiene with an unkempt appearance.

Unexplained weight loss, dehydration, poor skin integrity, malnutrition.

Physical abuse is intentionally pushing, shoving, kicking or injuring someone else. This includes physically restraining or locking someone up in their home.



Internal or external injuries (sprains, dislocations and fractures, pressure sores, unexplained bruises or marks on different areas of the body, pain on touching).

Sexual abuse is having non-consensual contact with someone. This could be enforcing nudity, or inappropriate washing or handling.



Sexual

U

Unexplained STD or incontinence (bladder or bowel).

Injury and trauma, for example scratches, bruises to face, neck, chest, abdomen, thighs or buttocks.

Anxiety around the perpetrator.

The most common type of **exploitation** is financial. This means someone takes money, assets or allowances from a vulnerable person for their own use and without permission.

Exploitation can also be someone who sells, transfers or changes property titles



Similar to financial abuse, signs can include unpaid bills, unexplained shortage of money or unusual activity appearing on bank statements.