



# SESLHD Improvement Academy



## Silver Level Training Mental Health Staff

Calling all Improvement Champions!

**Are you passionate about improving the quality and safety of healthcare for your patients?**

**Do you have an improvement idea and want to learn how to implement it?**

**Would you like to develop skills in leading change for improvement in your workplace?**

The SESLHD Improvement Academy has an exciting opportunity open exclusively to all mental health staff within the South Eastern Sydney Local Health District.

Silver Level Training is a five month program designed to develop your knowledge and skills in Improvement Science. Completion of the program will empower you to test ideas in your workplace and build your capability to apply the science of improvement in your current role.

As part of the Silver Level Training Program you will undertake an improvement project that is meaningful to you and your workplace. This may be completed individually or as part of a group. Each participant must have an improvement project, new or already underway, that can be completed within five months in order to participate.

To learn more about Silver Level Training, meet some of our alumni and see previous projects implemented within SESLHD, please visit the Improvement Academy website:

<https://www.seslhd.health.nsw.gov.au/services-clinics/directory/improvement-academy/programs-for-staff/silver-level-improvement-training>

### What does Silver Level Training involve?

- Pre-workshop teleconference (one hour)
- Three designated one hour coaching sessions across the course of the program
- Three full day workshops (two at the beginning & one at the end of the program)
- Completed project charter due (via email, no attendance required)
- Mid program teleconference (one hour)
- Test of change log due (via email, no attendance required)
- Two optional additional workshops: Data for Improvement Workshop and Presentation Skills Workshop
- Holding the Gains WebEx six months after completing the program



**SES LHD  
IMPROVEMENT  
ACADEMY**

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## Silver Level Training Mental Health Staff



### Silver Level Training in 2019

There will be a two intakes (waves) of Silver Level Training offered specifically to mental health staff in 2019 and will run over five months, see key dates below. In order for you to get the most out of your program, it is important not to take extended leave during the program.

### Wave 9 key dates

16 <sup>th</sup> January	Pre-workshop teleconference
31 <sup>st</sup> January	Workshop 1
13 <sup>th</sup> February	Workshop 2
20 <sup>th</sup> March	Mid way teleconference
30 <sup>th</sup> May	Data for Improvement Workshop (optional)
5 <sup>th</sup> June	Workshop 3, option 1 and graduation (only need to attend one)
11 <sup>th</sup> June	Workshop 3, option 2 and graduation (only need to attend one)
8 <sup>th</sup> August	Presentation Skills Workshop (optional)
12 <sup>th</sup> December	Holding the Gains Webex

### Wave 10 key dates

18 <sup>th</sup> July	Pre-workshop teleconference
31 <sup>st</sup> July	Workshop 1
8 <sup>th</sup> August	Presentation Skills Workshop (optional)
13 <sup>th</sup> August	Workshop 2
12 <sup>th</sup> September	Mid way teleconference
23 <sup>rd</sup> October	Data for Improvement Workshop (optional)
5 <sup>th</sup> December	Workshop 3, option 1 and graduation (only need to attend one)
10 <sup>th</sup> December	Workshop 3, option 2 and graduation (only need to attend one)
June 2020	Holding the Gains Webex

### Application for Silver Level Training

You can register for Wave 9 and 10 of Silver Level Training through My Health Learning, course code DEV1375. Applications close on 9<sup>th</sup> January 2019.

For more information or to discuss your improvement project idea please contact your Improvement Advisors:

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