



Sydney/Sydney Eye Hospital Hand Unit

Dear _____

Appointment Date: _____ Time: _____

You have been referred to the Sydney Hospital Hand Clinic for review of your hand injury.

At the Hand Clinic, your hand injury will be assessed by the Hand Surgeons and their team.

When is the Hand Clinic open?

The Hand Clinic (out-patient) is run Monday to Friday from 8:30am – 12noon and is appointment based.

Which Health Professionals will I see at the Hand Clinic?

When you come to your Hand Clinic appointment, you will be seen by a Doctor. Nurses and Hand Therapists (Physiotherapists and Occupational Therapists) may also need to assess and treat your hand and provide wound care and rehabilitation for your specific needs. You may also require X-rays or other tests.

What should I bring?

Please bring your Medicare card, as well as any X-rays/scans/images/test results. You should also bring any forms or paperwork relating to your injury or condition (CTP/WorkCover etc.).

What time should I arrive for my appointment?

You should arrive no earlier than 30 minutes before your appointment check-in time. If you arrive earlier than 30 minutes before your appointment check-in time, we will not be able to check you in, and will ask you to return at the time you were given for your appointment check-in.

Should I stop eating and drinking before my Hand Clinic appointment?

You may have been asked by the referring hospital to fast (not eat or drink) from midnight on the night before your appointment and you should remain fasted until you have been reviewed by the medical team. However, if you feel unwell or have a condition affecting your blood sugar, please alert the reception staff or nursing staff in the clinic. If you need to take any medications before your appointment e.g. antibiotics or pain relief, please do so with only a sip of water and tell staff when you are seen.

Will I have surgery on the same day as my appointment?

If you need surgery urgently you may be booked for surgery on the same day as your appointment. Surgery is based on medical priority and may mean that your operation is booked another day.

Should you undergo surgery and are discharged the same day, you will need someone to take you home.

Sydney/Sydney Eye Hospital does not take responsibility for loss of belongings, therefore please limit money and valuables brought with you to your appointment/into hospital.

How long will my appointment take?

When you come to your Hand Clinic appointment, your treatment may take several hours. This is because you will be seen not only by a Doctor, but also by Nurses and Hand Therapists (Physiotherapists and Occupational Therapists). You may also require X-rays or other tests. We aim to see everyone on time, unfortunately we often have emergency cases which means you may have to wait. We will let you know how long you will have to wait. Thank you for your patience and understanding.

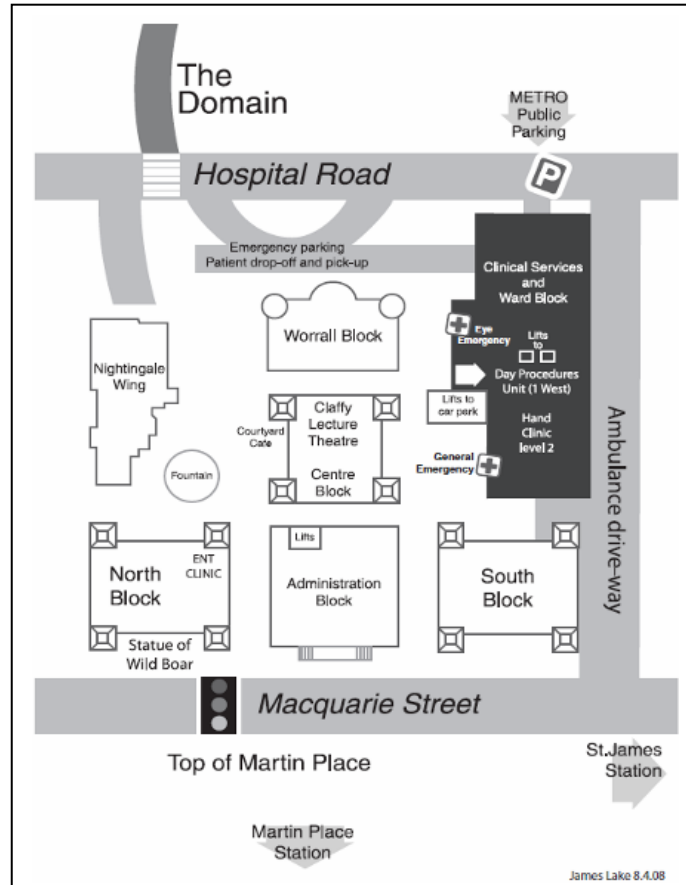


How can I arrange an interpreter?

If you would like to speak to Hand Unit staff over the phone using an interpreter, phone the Translating and Interpreting Service (TIS) on 13 14 50 and ask to speak to staff on 9382 7201. TIS is a free and confidential government service throughout Australia. Call cost is that of a local call.

Where is the Sydney Hospital Hand Unit?

The Hand Clinic, Hand Therapy Unit and Hand Ward (2 West) are all located on Level 2 of the Clinical Services Building, Sydney Hospital. Enter via the main hospital foyer, take the lift to the 2nd floor and turn right as you exit out the lift. Please check-in at the reception desk on arrival.



Thank you and we look forward to caring for you at The Sydney/Sydney Eye Hospital Hand Unit

Additional information can be accessed via the Hand Unit Website:

<https://www.seslhd.health.nsw.gov.au/sydney-eye-hospital/services-clinics/directory/hand-unit>

Regards

Dr Pauline Rumma
Director of Clinical Services



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