



FAMILY NAME		MRN
GIVEN NAME		<input type="checkbox"/> MALE <input type="checkbox"/> FEMALE
D.O.B. ____ / ____ / ____		M.O.
ADDRESS		
REFERRAL – BULBUWIL ABORIGINAL HEALTHY-LIFESTYLE PROGRAM		
LOCATION / WARD		
COMPLETE ALL DETAILS OR AFFIX PATIENT LABEL HERE		

### REFERRAL FOR HEALTH COACHING AND HEALTHY LIFESTYLE PROGRAMS

Bulbuwil is a free healthy-lifestyle program for Aboriginal and Torres Strait Islander people (aged 15yrs +) and their families who have or are at risk of a chronic health condition and reside within the Sutherland Shire and St George areas.

The program provides individual advice on minimising the impact of chronic conditions and healthy lifestyle group programs.

Hours of service Mon- Fri 8:00am – 4:30pm.

Enquiries: Call 02 9540 8181

Please return completed referral form to the Bulbuwil team

Email: [seslhd-bulbuwil@health.nsw.gov.au](mailto:seslhd-bulbuwil@health.nsw.gov.au) OR Fax (02) 9540 8164

#### PROGRAM ELIGIBILITY CRITERIA:

☐ Client consented to the referral (This service is by voluntary engagement and requires consent)

#### Is the person of Aboriginal and/or Torres Strait Islander descent?

☐ Aboriginal ☐ Torres Strait Islander ☐ Both Aboriginal and Torres Strait Islander ☐ Neither

(If neither, are they a partner of an Aboriginal and/or Torres Strait Islander client?) ☐ Yes ☐ No

If so, Who?

#### Client Details

Given name:	Family name:
Date Of Birth:	MRN (if known):
Home address:	Home phone number:
	Mobile phone number:
Email address:	
Preferred language:	Interpreter required: <input type="checkbox"/> Yes <input type="checkbox"/> No
Is the client a carer? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Does the client have a carer? <input type="checkbox"/> Yes <input type="checkbox"/> No (if yes, complete below)	
Carer name (if applicable):	Carer contact number:

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# South Eastern Sydney Local Health District

FAMILY NAME

MRN

GIVEN NAME

☐ MALE ☐ FEMALE

D.O.B. \_\_\_\_ / \_\_\_\_ / \_\_\_\_

M.O.

ADDRESS

Facility:

## REFERRAL – BULBUWIL ABORIGINAL HEALTHY-LIFESTYLE PROGRAM

LOCATION / WARD

COMPLETE ALL DETAILS OR AFFIX PATIENT LABEL HERE

### Reason For Referral/Health Goals (select relevant boxes):

#### Reason for referral

#### Services client wishes to access (please tick relevant box/es)

- ☐ Bulbuwil- Eye Clinic ☐ Bulbuwil-Gym (GP consent required)  
☐ Bulbuwil-Cooking ☐ Bulbuwil -Water exercise (PM- working and/or studying-GP consent required)  
☐ Bulbuwil-Dietetic ☐ Bulbuwil- Walk (GP consent required)  
☐ Bulbuwil- NRT ☐ Bulbuwil-Water exercise (AM) (GP consent required)  
☐ Bulbuwil- Other (i.e. health information (diabetes, cardiac, respiratory))

☐ Other:

Client health goal/s (Please describe):

### Referral Source

☐ GP ☐ Self ☐ Family ☐ Friend ☐ Carer ☐ Service provider

### Referrer Details

Given name:

Family name:

Contact number:

Referral Date:

Email address:

Role:

### GP Details

GP name:

GP practice:

Phone number:

Fax number:

Email address:

### Any Other Services Accessed?

- ☐ NDIS ☐ My Aged Care ☐ Allied Health ☐ South East Aboriginal Health Care (SEAHC)  
☐ Other (If other please state):

Holes Punched as per AS2828.1: 2019  
BINDING MARGIN - NO WRITING

SES010471

