Intellectual disability and mental health

Clinical information and education

ASSESSMENT (FREE)	
Topic and resource name	**Web link**
Clinical Outcomes in Routine Evaluation (CORE) – Learning Difficulties (LD) (general mental health and wellbeing assessment which can be used as outcome measure)	http://www.coreims.co.uk/download-pdfs
Glasgow Anxiety Scale for people with an Intellectual Disability (GAS-ID) Glasgow Depression Scale for people with a Learning Disability	http://onlinelibrary.wiley.com/doi/10.1046/j.1365-2788.2003.00457.x/full http://bjp.rcpsych.org/content/182/4/347/full-text.pdf+html
Interest checklist, Easy Read (McCormack, 2014)	http://moho.uic.edu/resources/files/InterestChecklistEasyReadVersionV1.1-2.pdf
COMMUNICATIONS	
Topic and resource name	**Web link**

Accessible English	http://www.scopeaust.org.au/service/accessible-information/ http://www.scopevic.org.au/wp-content/uploads/2015/02/Clear-WrittenCommunications.-The-Easy-English-Style-Guide..pdf https://www.aci.health.nsw.gov.au/resources/intellectual-disability/id-essentials/selfassessment-tool/Communication

Easy English/Visual support examples	https://www.aci.health.nsw.gov.au/__data/assets/word_doc/0009/275823/Appmt_letter_for_Parent_in_Easy_Read_2015_-_DP_TS_edit.docx http://www.nswcid.org.au/health-fact-sheets.html https://www.aci.health.nsw.gov.au/resources/intellectual-disability/childrensservices/say-less-show-more

CRIMINAL JUSTICE SYSTEM AND PEOPLE WITH ID	
Topic and resource name	**Web link**
Australian resources	https://www.justice.nsw.gov.au/diversityservices/Pages/divserv/divserv_so_you_have_to_go_to_court.aspx https://www.victimsofcrime.vic.gov.au/a-victims-guide-to-support-services-and-the-criminal-justice-system

	http://www.idrs.org.au/publications/read-factsheet.php?factsheet=for-lawyers-clients-with-intellectual-disability
Making a police report	http://www.idrs.org.au/support-criminal-justice/cjsn-court-support.php
Community Justice Program	Email to obtain a referral form cjpmailbox@facs.nsw.gov.au https://www.adhc.nsw.gov.au/sp/delivering_disability_services/community-justice-program
Communication equality in the criminal justice and system (2015)	https://www.adhc.nsw.gov.au/__data/assets/file/0006/349359/PG_Com-Equality-in-the-Criminal-Justice-System_ENDORSED_July2015.pdf

GUIDELINES	
Topic and resource name	**Web link**
Diagnostic guideline recommendations for Autism (2017)	https://www.autismcrc.com.au/sites/default/files/inline-files/ASD%20Diagnostic%20Guideline%20Recommendations%20Summary.pdf
Accessible Mental Health Services for People with an Intellectual Disability: A Guide for Providers (2014)	https://3dn.unsw.edu.au/the-guide%20
Intellectual Disability Mental Health Core Competency Framework: A Manual for Mental Health Professionals (2016)	https://3dn.unsw.edu.au/idmh-core-competency-framework

Assessing Mental Health Concerns in Individuals with Intellectual Disabilities (2008)	http://thenadd.org/modal/bulletins/v11n3a3~.htm

Practice guidelines for the assessment and diagnosis of mental health problems in adults with intellectual disability (IASSID, 2001)	https://www.iassidd.org/uploads/legacy/images/documents/other/deb_et_al_european_id_practice_guidelines_29_10_09.pdf
UNSW Behaviour support practice guides (2018) 0-8 years 9-18 years	https://www.arts.unsw.edu.au/research/intellectual-disability-behaviour-support-program/resources/
HEALTH AND MENTAL HEALTH TOOLKITS/FRAMEWORKS	
Topic and resource name	**Web link**
Admission to Discharge (2017) Key information a person with intellectual disability needs when visiting hospital, including Top 5	http://a2d.healthcare/
Building capability in health services for people with ID (2017)	https://www.aci.health.nsw.gov.au/__data/assets/pdf_file/0005/372524/ACI16008_ID_The-Essentials_D5.pdf
Evidence-based guidelines to reduce the need for restrictive practices in the disability sector (2011)	https://www.psychology.org.au/Assets/Files/Restrictive-Practices-Guidelines-forPsychologists.pdf
Guidance on the Assessment and Diagnosis of Intellectual Disabilities in Adulthood (2015)	https://www1.bps.org.uk/system/files/Public%20files/Policy/psychological_therapies_and_people_who_have_id_pdf_for_review.pdf

Mental health competency framework and e-modules (UNSW) (2016 – 2017)	https://3dn.unsw.edu.au/the-guide https://3dn.unsw.edu.au/idmh-core-competency-framework https://3dn.unsw.edu.au/content/health-mental-health-elearning
Positive Cardiometabolic health guidelines for a person with ID (2017)	https://3dn.unsw.edu.au/positive-cardiometabolic-health-ID
Practice guide to person centred clinical risk assessment (2014)	https://cds.org.au/wp-content/uploads/2017/06/PC-Clinical-Risk-Assessment-PracticeGuide-Final-Version-June-2014.pdf
Psychological therapies and people who have intellectual disabilities (2016)	http://www.rcpsych.ac.uk/pdf/ID%20assessment%20guidance.pdf
Service Framework to Improve the Health Care of People with Intellectual Disability (2012)	http://www.health.nsw.gov.au/disability/Pages/health-care-of-people-with-ID.aspx
TRAUMA FRAMEWORKS	
Topic and resource name	**Web link**
Jackson, A. L., Waters, S., & Abell, T. (2015). Taking Time – A Literature Review: Background for a trauma-informed framework for supporting people with intellectual disability. Melbourne, Australia: Berry Street.	http://www.adhc.nsw.gov.au/__data/assets/file/0005/340448/Taking_Time_Lit_Review.pdf

Jackson, A. L., & Waters, S. E. (2015). Taking Time – Framework: A trauma-informed framework for supporting people with intellectual disability. Melbourne, Australia: Berry Street.	http://www.adhc.nsw.gov.au/__data/assets/file/0004/340447/Taking_Time_Framework.pdf