



## Registered Nurse Mental Health GradStart

South Eastern Sydney Local Health District

### ***SESLHD Mental Health Service – 1 Service, 3 sites - your choice!***

Sutherland, St George and Eastern Suburbs Mental Health Services

#### ***Why Mental Health***

Do you want to work as a mental health nurse? Come and join us at Mental Health Services, South Eastern Sydney Local Health District, and work at some of Australia's leading tertiary referral and teaching hospitals, Prince of Wales Hospital, St George Hospital and Sutherland Hospital.

We are offering the choice of three sites of employment across our Service – Sutherland Mental Health Service (Sutherland Hospital campus), St George Mental Health Service (St George Hospital campus) and Eastern Suburbs Mental Health Service (Prince of Wales campus). Your preferences for employment within the Mental Health stream will be requested as part of interview process.

We are affiliated with leading educational institutions, such as the University of NSW, University of Tasmania, and University of Technology Sydney. This assists us to provide excellence in care in conjunction with our commitment to clinical teaching and evidenced based practice.

We offer you the opportunity to grow and learn as part of dynamic multidisciplinary teams, and experience working in many different specialties.

Our services across the District include a Mental Health Intensive Care Unit, Acute Mental Health Units, Psychiatric Emergency Care Centre, Mental Health Rehabilitation Unit, community- based services including acute community care, and community based rehabilitation. Specialist services for children and adolescents, Police Ambulance and Clinical Early Response (PACER), Suicide Prevention Outreach Team (SPOT), Safe Haven, perinatal services and consultation/liaison service to the general hospital population.

Throughout these specialties we provide a recovery-oriented mental health service where the consumer is involved in all aspects of their care. We bring together a range of recovery-oriented approaches and we place a high value on active consumer, carer and community participation at all levels of our service to ensure meaningful and shared decision making.

In providing mental health services, Mental Health, South Eastern Sydney Local Health District recognises trauma informed care as an integral part of recovery orientated practice by understanding, recognizing the effects of all types of trauma and ensuring a compassionate and supportive service that is responsive to the impact of trauma.

Mental Health Services, South Eastern local Health District are pioneers in mental health practice in Australia, initiatives include Keeping the Body in Mind and the South Eastern Sydney Recovery College. The College offers comprehensive education and training programs, developed and co-delivered by people with lived experience of mental health concerns and health professionals. We value the opportunity for shared learning and teaching within our service.

Mental Health Services, South Eastern Sydney Local Health District, has provided many and varied career opportunities to past participants and we look forward to you joining our service.

#### **Commencement date(s)**

Commencement between February and April – dates TBC

## Transition Framework

You will have the opportunity to be part of our exciting GradStart Program that has a strong focus on person centered and compassionate care. You will have the opportunity to experience learning from varied learning opportunities including practice development methods. This will be a supportive learning environment that will assist you to develop professionally.

Components include:

- Comprehensive orientation, induction and supernumerary days.
- Support from a clinical preceptor, mentor and regular clinical supervision.
- Seven (7) study days with a focus on discussion, critical thinking, reflection and evidence based mental health knowledge in addition to mandatory Mental Health training days.
- Four (4) days Safety for All training at orientation
- Mental Health on-line learning modules
- Clinical proficiencies and learning opportunities / Up to date communication tools, eMR and eMEDS.
- Work in various clinical settings, MH Intensive Care Unit, Acute IPU, Sub Acute IPU, MH Rehabilitation, Psychiatric Emergency, Acute Care Team, Older Adult Mental Health Settings
- Opportunities to participate in the SESLHD Recovery College courses.

## Accommodation

There is no on-site accommodation at Sutherland, St George or Prince of Wales Hospital. However, our facilities are located in the East and South of Sydney, with easy access to public transport, shopping and Sydney's beaches.



## Transport

If you wish to use public transport, all three hospitals are close to both rail and bus services. For further information you may wish to view the [Transport Infoline](#).

## Applying for a Gradstart Position

The GradStart recruitment handbook is a useful guide to support you through the application process. This guide can be accessed using the link below.

<https://www.health.nsw.gov.au/nursing/employment/Publications/gradstart-recruitment-handbook.pdf>

## Information and contact

If you require further information about what the Mental Health Transition Program offers, you are encouraged to contact or email the Transition Coordinators from the Workplace Capability Team, or the Workforce Managers SESLHD Mental Health Service.

### Ben Chidester

Workplace Capabilities Team, Mental Health Services, South Eastern Sydney Local Health District.

Telephone: (61) (2) 9113 4541 - 0448312402 [benjamin.chidester@health.nsw.gov.au](mailto:benjamin.chidester@health.nsw.gov.au)

### Ainslie Burne/Pamela Jones

Nursing Workforce Managers, Mental Health Service, South Eastern Sydney Local Health District.

Telephone: (61) (2) 9113 2299 [Ainslie.Burne@health.nsw.gov.au](mailto:Ainslie.Burne@health.nsw.gov.au) or [Pamela.Jones@health.nsw.gov.au](mailto:Pamela.Jones@health.nsw.gov.au)