



Introduction to Coaching & Enabling Others Workshop

"Coaching enhances a deeper sense of self-awareness, allows for genuine interest and caring expressed through curiosity, open questioning and listening, qualities that energise us and generate commitment and creativity" Centre for Creative Leadership

Workshop Focus

- Explore various methods of Coaching Practice
- Develop 'Deeper Level' Listening Skills
- Practice Enabling Questions
- Consider how Coaching can assist Performance / Patient Centred Goals
- Experience Coaching in Action
- Tap into the benefits of Self Care & Wellbeing in order to enhance your coaching practice

Bookings through My Health Learning, Course Code: COM13201

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Wednesday 2nd December
2020

0830hrs-1630hrs
Glenn McEnallay Tutorial Room, POWH.

This workshop is ideally suited for emerging leaders. Open to all health disciplines.
Follow up 'Coaching Supervision' is also offered.

