SAQ 5 Answer

A 14 year old woman is brought in by ambulance distressed and combative. She tells the nurse she has been sexually assaulted by a male relative but doesn't want to involve the police or her family to be informed.

- 1. List four potential medical complications (other than HIV) of sexual assault and any prophylactic treatments available that you will need to discuss with her.
 - STIs antibiotics for trichomoniasis (metronidazole), chlamydia (azithromycin or doxycycline), gonorrhoea
 - Pregnancy morning after pill
 - Hepatitis vaccination status immunoglobulin +/- vaccination
 - HIV post exposure prophylaxis regime
 - Tetanus vaccination booster for injury

2. List three factors you would take into consideration when considering HIV postexposure prophylaxis.

- population rates
- o known infected perpetrator
- o concurrent STI infection
- o injury secondary to assault
- o type of sexual assault oral/vaginal/anal
- 3. Give three examples of strategies to preserve potential forensic evidence.
 - o don't wash/PU/eat/drink
 - \circ keep clothes
 - reduce delay to collection
 - Collect first urine sample