

ANXIOLYTIC AGENTS

- MAJOR GROUP ARE BENZODIAZEPINES:
 - **Diazepam (Valium):**
 - Fast onset of action
 - Long half-life
 - Active metabolites are quite sedating
 - **Flurazepam (Dalmane):**
 - Fast onset of action
 - Long half-life
 - Pro-drug
 - Active metabolites
 - **Triazolam (Halcion):**
 - Intermediate onset of action
 - Short half life (1.5-2 hours)
 - No active metabolites
 - Can induce confusion and sedation (especially elderly)
 - **Lorazepam (Ativan):**
 - Intermediate onset of action
 - 10-20 hour half life
 - No active metabolites
 - Direct hepatic glucuronic conjugation
 - Quite sedating
 - **Alprazolam (Xanax):**
 - Intermediate onset of action
 - 12-15 hour half-life
 - Not too sedating
 - May have specific antidepressant and anti-panic activity
 - **Oxazepam (Serax):**
 - Slow onset of action
 - 5-15 hour half-life
 - No active metabolites
 - Not too sedating
 - **Temazepam (Normison, Restoril):**
 - Slow onset of action
 - 9-12 hour half-life
 - No active half-life
 - Moderately sedating
 - **Clonazepam (Klonopin):**
 - Slow onset of action
 - 18-50 hour half-life
 - No active metabolites
 - Moderately sedating