

DEPENDENCE CRITERIA

A MALADAPTIVE PATTERN OF SUBSTANCE USE, LEADING TO CLINICALLY SIGNIFICANT IMPAIRMENT OR DISTRESS, AS MANIFESTED BY THREE (OR MORE) OF THE FOLLOWING, OCCURRING AT ANY TIME IN THE SAME 12-MONTH PERIOD:

- **Tolerance**, as defined by either of the following:
 - A need for markedly increased amounts of the substance to achieve intoxication or desired effect
 - Markedly diminished effect with continued use of the same amount of the substance
- **Withdrawal**, as manifested by either of the following:
 - The characteristic withdrawal syndrome for the substance
 - The same (or a closely related) substance is taken to relieve or avoid withdrawal symptoms
- The substance is **taken in larger amounts** or over a longer period than was intended
- There is a **persistent or unsuccessful efforts to cut down** or control substance use
- A great deal of **time** is spent in activities necessary to **obtain** the substance, **use** the substance or **recover** from its effects
- Important **social, occupational or recreational activities are given up** or reduced because of substance use
- The substance **use is continued despite knowledge of having a persistent or recurrent physical or psychological problem** that is likely to have been caused or exacerbated by the substance