

POWH Anaesthetic RMO Critical Care information Night

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**Wales Anaesthesia, Prince
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Why Anaesthesia?

- * Varied work
- * Work in a team
- * It's useful
- * Post training employment prospects are good
- * Flexible work hours
- * Portability
- * Well paid
- * Interesting and exciting!

What do Anaesthetists actually do?

- * Anaesthetising patients in OT
- * Anaesthetising patients not in OT
- * Intensive Care medicine
- * Peri-operative medicine
- * Pain medicine
- * Research and teaching
- * Third World
- * Hyperbaric Medicine
- * Retrieval





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Role of the Anaesthetist in the Hospital Setting

- * Pre-operative consultation
- * Preparation (lines etc)
- * Anaesthesia (regional vs. GA) – what type of GA/what type of regional?
- * Intra-operative management
- * Management of anaesthetic (or surgical) emergencies
- * Post-operative issues (pain management, nausea and vomiting, complications etc)

Anaesthetic Subspecialties

- * Paediatric anaesthesia
- * Cardiothoracic anaesthesia
- * Perfusion anaesthesia
- * Neuro-anaesthesia
- * Obstetric anaesthesia
- * Vascular anaesthesia
- * Transplantation anaesthesia

Becoming an Anaesthetist

- * Express an interest early
- * Rotational Training Scheme hospital appointment confers training advantages
- * Attend anaesthetic department meetings
- * Work hard and honestly
- * Treat your work colleagues well

Pro's and Cons

Pros

- * Very flexible work environment
- * No inpatients
- * Family friendly
- * Varied work
- * Controlled 'on-call'
- * Team environment
- * High patient satisfaction

Cons

- * Short term relationship with patient
- * Patients never come just for an anaesthetic
- * Lack of recognition & understanding
- * Simple anaesthetics can become repetitive
- * Lack of autonomy
- * On-call

Why I love Anaesthesia (and would do it all again)

- * Interesting, challenging & rewarding
- * Variety of practice
- * Useful with immediate reward
- * Lots of professional interaction
- * Flexible work hours
- * Balanced hospital/home life
- * Teaching and research
- * Great opportunities and experience

About POWH

- 440 adult beds (not including the SCH & RHW)
- All surgical subspecialties with the exception of acute trauma
- Dedicated obstetrics, cardiothoracic, neurosurgical, vascular and paediatric anaesthetic terms
- Paediatric cases outside of dedicated paediatric term both in hours and after hours
- 26 registrar positions
- 9 Fellow positions (exclusive of hyperbaric medicine)
- 5 Critical Care RMO positions

Who's who

- * Professor Michael Bennett – Academic Head
- * Dr Robert Turner – Administrative Head
- * Dr Darren Wolfers – Deputy Head
- * Dr Alan Rubinstein – Rotational SOT
- * Dr Natalie Rogoff – ATY SOT
- * Dr Shona Chung – BTY SOT
- * Dr Maged Bishay – RMO coordinator
- * Dr Khor (Khor) – Director of Pain services
- * Dr Aine Duggan – Director of Cardiothoracic anaesthesia
- * Dr Jan Lehm – Director of Diving and Hyperbaric Medicine
- * Louisa Lowes – Director of Peri-operative medicine
- * Dr Natalie Russell – Provisional fellow Liason
- * Dr Iain Stewart – Chairperson of the Executive Committee

Registrar

Terms

- General
- Periop
- Paeds
- Neuro
- Pain
- Cardiothoracic
- ENT
- Vascular/major surgery
- Orthopaedics

Secondments

- RHW
- SCH
- Sutherland
- Wollongong
- Liverpool
- Coffs harbour
- Soalhaven
- Lifehouse

Hours of Work

- 5 day week
- 07:30 – 16:30
- Evening paediatric and adult overtime
- 7 nights and 3 weekends/3 month term

Resident Positions

Total 5 critical Care RMO's

Hours of Work

- 5 day week, 07:30 – 16:30
- Approximately 1 evening/week until 22:30
- Approximately 1 weekend day 08:00 22:20/3 weeks

Teaching and research

- Weekly Primary teaching sessions on Thursday 14:00 to 16:00
- Weekly Second part teaching sessions on Wednesday 14:00 to 16:00
 - Registrar tutorials
 - Guest lectures/master classes
 - Monthly research meeting
 - Toolbox learning resource package
- Multiple research opportunities in sponsored research
- Dedicated Research coordinator

Why Prince of Wales?

- * **Culture and Support**

- * Enthusiastic, approachable and capable senior staff
- * We provide all your requirements required by the ANZCA training program – reaccredited last year with full 5 year accreditation – no issues with supervision, teaching, unreasonable overtime/fatigue or workplace culture.
- * Full professor of anaesthesia (UNSW) with a huge interest in both teaching a research
- * Implementing a teaching program specifically directed at the Primary and Second part exam
- * Excellent exam results
- * Family friendly - part time training is supported
- * Excellent rotations
- * Good working conditions – reasonable overtime and all unrostered overtime paid

Future

- * 720 million upgrade currently underway
- * New operating theatres in addition to current (24 sessions/week)
- * New anaesthetic department to be integrated with operating theatres
- * University precinct with UNSW
- * Completion date 2023 (Next year!)