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Thinking of Emergency Medicine?

Critical Care Information Session Therese Becker

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Why a career in emergency medicine?

- Incredible variety
- Large and wonderful team
- Flexible and family friendly
- Hands-on
 - Procedures, airway, ultrasound
- Flexible problem-solvingincomplete information
- Bridge between community and hospital



What skills do emergency physicians have?

- Love challenges, teamwork and variety
- Knowledge to manage full spectrum of physical and behavioural emergencies for patients of all ages
- Decisive and can problem solve and handle interruptions
- Excellent interpersonal skills
- Wide range of procedural and resuscitation skills
- Lead teams to provide urgent patient care
- We are FUN and don't take ourselves too seriously whilst still aiming to maintain the best standards of care





Emergency Medicine at POW



AUSTRALASIAN COLLEGE FOR EMERGENCY MEDICINE

• SRMO positions

- Year tailored to your interests expect ED x3 and 2 secondments
- Variety of secondments available
- Highlight to us if you're looking to apply for training as an SRMO (helps application, affects term allocations)
- To be eligible for training
 - Applications open May and August
 - Must have general registration
 - 6 months (or 26 weeks) in a single ED in previous 12 months

Training Program

Structured minimum five-year training program;

- Completion of four Training Stages comprising:
 - Minimum 42 FTE months training in emergency medicine
 - Minimum 6 FTE months training in disciplines other than emergency medicine
 - Minimum 6 FTE months training in Critical Care (intensive care medicine and/or anaesthesia)
 - Minimum 6 FTE months elective in the final training stage.

Exams/Assessments

• Progress from stage 1 to stage 2

- 12 months in ED
- Complete primary exam
 - Written & Viva
- WBAs
- Research project- project or coursework
- To become a FACEM
 - Time complete
 - Fellowship exam
 - Written and osce



Why work at POWH?

- Great team- over 60 Registrars and SRMOs
- Flexibility in rostering
- 4 hours protected teaching weekly- SIM procedures courses and focussed sessions
- Additional primary and fellowship teaching
- 24 months accreditation in POWH ED for training and lots of secondment opportunities
- Well supervised
- SRMO support: Nicola Brady
- Special skills at POWH: tox, US, research

Emergency Medicine Is a Flexible Life

- Emergency Medicine
 - Tertiary to peripheral
 - Work all over Australia
 - International EM
- Teaching/ training/ Admin
 - ACEM
 - DPET/ DEMT
 - Policy
 - Academia/ Online EM
- Subspecialty/ special interest
 - Toxicology
 - Retrieval
 - Resuscitation
 - Point of care ultrasound
 - Medicolegal advisors
 - Doctors without borders



The challenges

- Fatigue: shift work and weekends
- Work can be demanding and at times thankless
- Stressful environment
- Level if uncertainty that can be uncomfortable with multiple undifferentiated patients
- Working environment subject to external pressures
 - Beds/ crowding / access block
 - Policy environment
 - Staff fluctuations



That said....

- Every shift finishes and you go home...
- Extremely fulfilling and rewarding once you find ways to manage these challenges



If you are interested feel free to contact me to discuss further

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