Advanced suturing tips

Overview

• Basics

- Square knots
- Mattress sutures
- Subcuticular

Techniques on wound eversion

- Mattress
- Tie parallel to incision
- Techniques on difficult lacerations/ incisions
- Techniques on dealing with wounds under tension

Basics

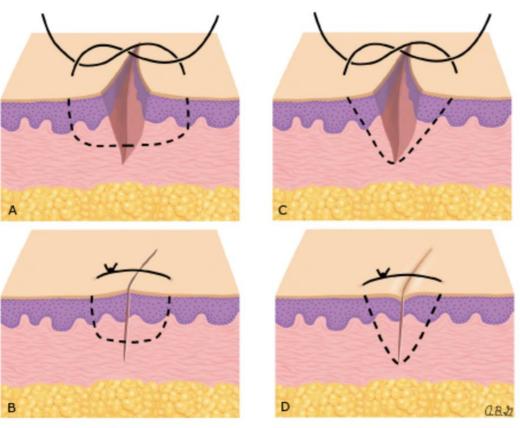
- Square knots
- Mattress sutures
- Subcuticular

Holding instruments





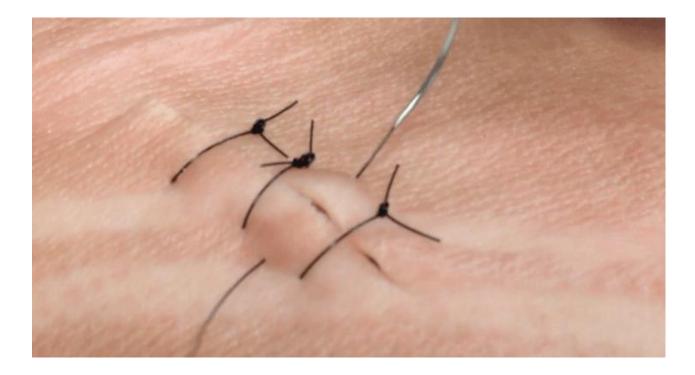
Wound eversion



Proper technique

Improper technique

Tie knot parallel to incision



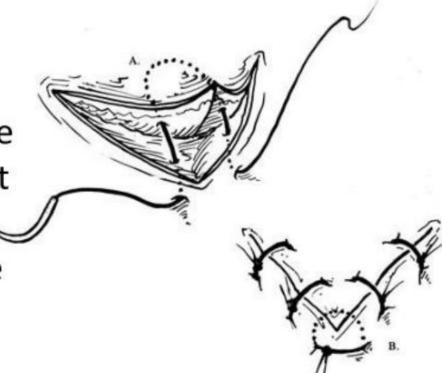
Difficult lacerations and incisions....

Stellate / flap lacerations

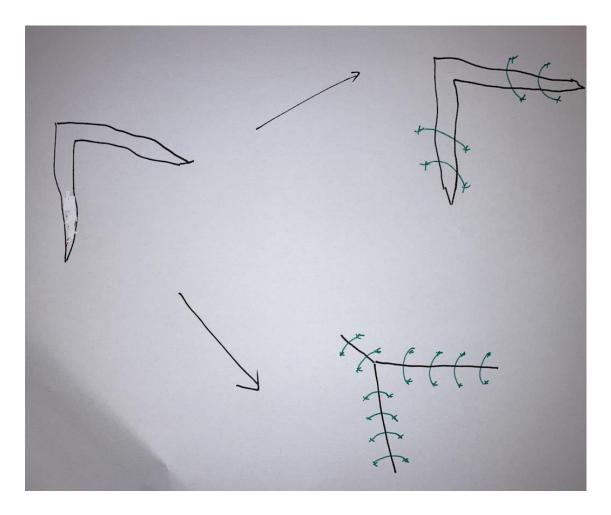


Corner stitch

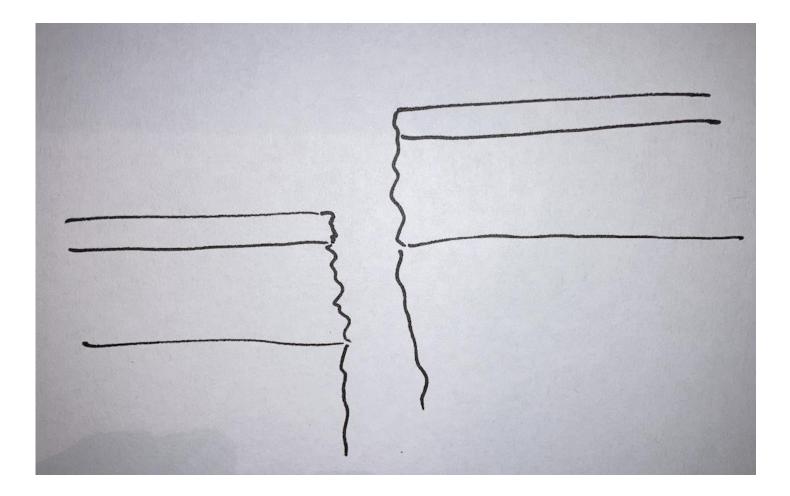
 Advantages: approximation of corners and stellate lacerations without capillary compromise of the corner



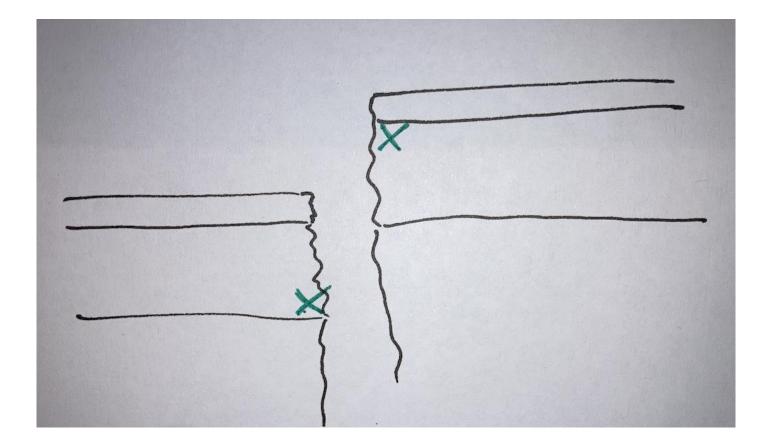
Flap lacerations



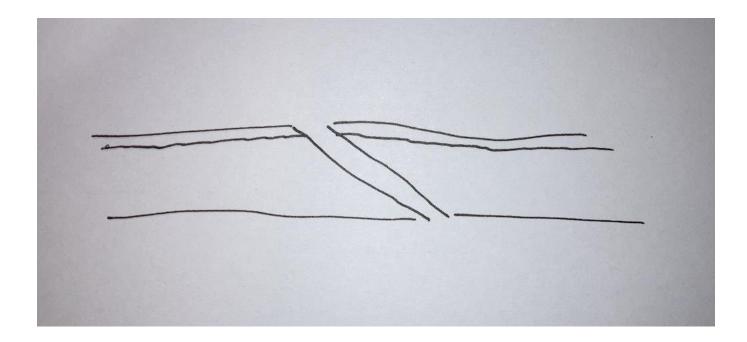
Differential in height

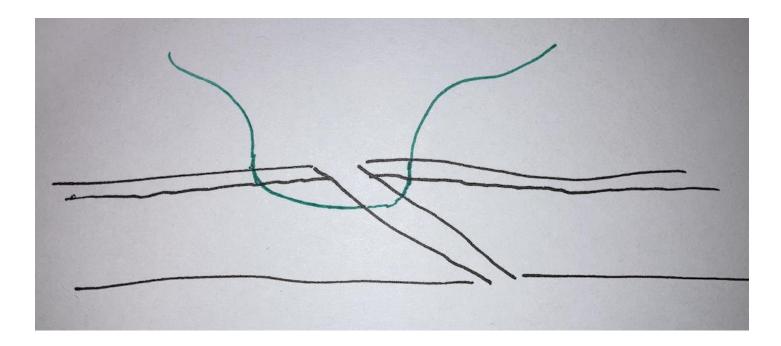


Differential in height

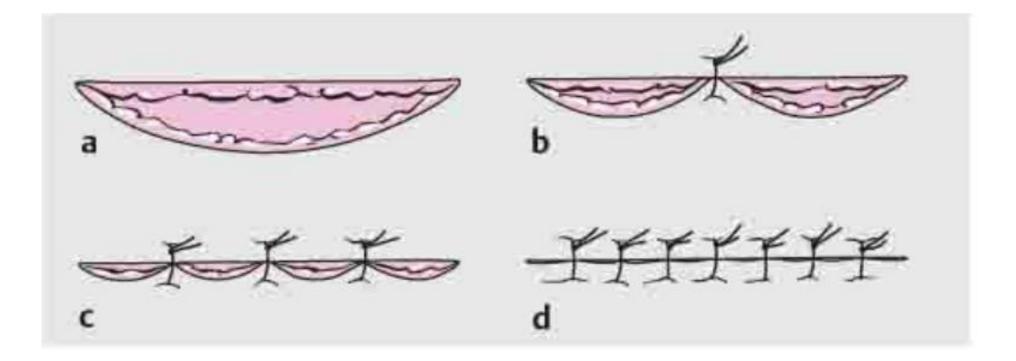


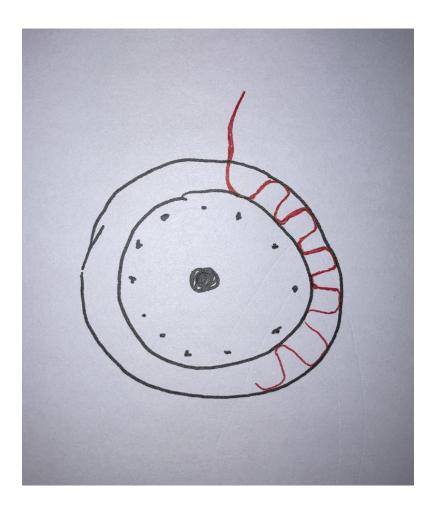
Shelving lacerations





Discrepancy in wound edge length





Wounds under tension (how to assist in closure)

- Instruments
- Assistant pinch
- Knot technique hand tie or instrument tie sliding knot, self pinch