## Colorectal Anastomoses

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## Types

- End to End
- Small bowel resection
- Anterior resection
- Side to Side
- Entero-enterostomy eg.bypass
- End to side
- Roux-en-Y



## Which anastomosis?



Abdomino-perineal resection


High anterior resection


Total proctocolectomy


Sigmoid colectomy


Subtotal colectomy


Left hemicolectomy


Total abdominal colectomy


Right hemicolectomy


Extended right hemicolectomy


## It mostly depends on supply




## End to end

- Handsewn
- Stapled



## Functional End to End

Small bowel or ileocolic anastomosis

## Handsewn end to end

- Multiple interrupted handsewn anastomosis

b

d



## Size discrepancy

End to side
Cheatle Slit if end to end join


## To staple or handsew?

No compelling evidence that one technique is superior to others:

- Handsewn single- and double-layer anastomoses have been compared in a 2012 Cochrane review of seven small trials. There was no significant difference in anastomotic failure, morbidity, and mortality rates. Single-layer anastomosis was faster, but only by a mean difference of 11 minutes ( $95 \% \mathrm{Cl}-16.37$ to -5.97 ; two studies).
-The best evidence came from a trial of over 1000 patients who underwent gastrointestinal anastomoses. The incidence of clinical leaks was similar between the two groups (sutured 3.2 percent, stapled 4.7 percent), while the incidence of radiological leaks was higher in the sutured group ( 12.2 versus 4.1 percent). Other patient outcomes were comparable.


## Bottom Line

The key to a successful anastomosis is the accurate union of two viable bowel ends with complete avoidance of tension

## Linear Staplers



## Stapled Colo-rectal Anastomosis

## Low Anterior Resection



## Ileo-anal Anastomosis



## Practical Points

Mobilisation with plenty of length to avoid any tension

Always use antimesenteric border for small bowel or taenia for large bowel

Reinforce corners by inverting them

Close mesenteric windows


## Magnamosis, the future of anastomosis?



## Anastomotic leak

Patient Factors
Technical Factors

Age
Gender
ASA
Obesity
Nutrition
Immune suppression NSAIDS
radiation

- Stapled v Handsewn
- Single layer vs double layer
- Bowel prep
- Drains
- Omentoplasty
- Leak testing
- Diverting stoma

