PAEDIATRIC SURGICAL EMERGENCIES

Dr Guy Henry FRACS Paediatric Surgeon Dr Sophia Ma Surgical SRMO Sydney Children's Hospital, Randwick

VOMITING DDX

- Gastroenteritis
- Sepsis
- Metabolic disturbances
- Central causes

Bowel obstruction - AIM

- Atresias
- Adhesions
- Appendicitis
- Anorectal malformations
- Intussusception
- Inguinal hernia
- Malrotation + volvulus
- Meckel's
- Malignancy/mass (e.g. duplication cyst)
- Idiopathic hypertrophic pyloric stenosis

BILE-STAINED VOMITING

- Always seek mechanical cause
- Age specific
- Previous surgery

• MALROTATION / VOLVULUS

Milk	Lemon	Mustard	Wasabi	Lime	Avocado	Spinach

What is Malrotation? ...





https://www.youtube.com/watch?v=vJA1A0v6Aa4

MALROTATION

- Incidence unclear
- First few weeks of life
- Can occur at any age; case series
 - 30% in the first month of life (2/3 in the first week)
 - 58% present before 12months of age
 - 75% present before age 5
- Volvulus occurs in 40-50%
 - Bile-stained vomiting
 - Variable amounts of distension
 - Look very well initially



MALROTATION with VOLVULUS



MALROTATION



MALROTATION with VOLVULUS



VOLVULUS



VOLVULUS



NARROW-BASED MESENTERY



MANAGEMENT

• Fluoroscopy 'UGI contrast study' to make diagnosis

- DJ flexure should be left of midline and level with pylorus
- Laterally, D3 is not located posteriorly
- US to examine SMA / SMV relationship
- Laparotomy
- Pulse oximetry intra-op
- Consider second look laparotomy after 48 hours
- Prophylactic appendicectomy

PULSE - OXIMETRY



VOLVULUS POST-OP



PYLORIC STENOSIS

- 1:300
- Boys 4 : 1
- Familial 1 : 20 1 : 5
- Median age onset of vomiting 2-3 wks
- Very unusual > 8 wks

PS - Clinical

- Non-bilious vomiting, 30-60 mins after feed
- Remains hungry
- Projectile
- Coffee grounds

• DD - Gastro-oesophageal reflux

PS - Diagnosis

- 85% History and examination
- Gastric peristaltic waves
- Palpable "tumour" or "olive"

- US 90% Sens, 100% Spec
- Muscular thickness >4mm, Length >16mm

PYLORIC STENOSIS - US



PS - Resuscitation

- Hypochloraemic alkalosis
- Renal K+ loss to spare H+
- Dehydration lose H+ to conserve Na+

- N/2+10% Dextrose + 10mmolK+ (if K+ normal) in 500ml bag
- OT when electrolytes all normal

OT - Pyloric stenosis

- RUQ
- Supra-umbilical
- Laparoscopic

• Feed 8hrs post-op and grade up



PYLOROMYOTOMY



PYLOROMYOTOMY



Approach

• Laparoscopic approach

INTUSSUSCEPTION

- Median age 8 months
- 90% "idiopathic" 3mths 3 yrs
- Anatomical lead point
- Seasonal
- Adenovirus 50% stools
- Relationship to rotavirus vaccination

INTUSS - Clinical

- Intermittent, colicky pain
- 15mins 1hr apart
- Vomiting
- Blood 1/3
- Mass 1/4

INTUSS - Clinical



INTUSS - Diagnosis

- Clinical
- AXR
- US
- Contrast enema

INTUSSUSCEPTION



INTUSS - US



AIR REDUCTION



INTUSSUSCEPTION - AXR



AIR ENEMA



INTUSSUSCEPTION

- 88% Ileo-colic
- US useful
- Air reduction enema 80 90% success
- 10% recurrence
- Can redo after 3 hours with further 50% reduction

INTUSSUSCEPTION - OT


LEAD POINT - MECKELS



APPROACH

- US of Intussusceptum
- If ischaemic then straight to OT

- Saline reduction
- US control in A&E
- Laparoscopic control for failed air enema

APPENDICITIS - DDx

- Gastroenteritis
- Constipation
- UTI
- Mesenteric adenitis
- Mittelschmerz
- Inflammatory BD
- Meckel's

- Intussusception
- Testicular torsion
- Ovarian torsion
- Ruptured ovarian cyst
- Pneumonia
- DKA
- HSP
- Other

APPENDICITIS - KEYS

- Course of disease
- Careful history
- Observation
- Physical examination

APPENDICITIS - Hx

- Age, sex
- Location
- Timing
- Intensity
- Associated symptoms feeding, sleeping, nausea, vomiting, urine, stools
- Past Hx ??

APPENDICITIS - PATHOPHYSIOLOGY

• Luminal obstruction

- lymphoid hyperplasia (viral illness, bacterial enterocolitis)

- foreign body (faecolith, worms, tumour)

APPENDICITIS - AXR



APPENDICITIS - <age 5

- Difficult history
- Vague symptoms
- Gastro type presentation
- Difficult examination
- Advanced signs
- Vigorous resuscitation
- High morbidity / mortality (>50% perf)

APPENDICITIS - Girls

- Careful history
- Menstrual cycle
- Past History
- History and location of pain
- LAPAROSCOPY
- DON'T FORGET PID AND PREGNANCY IN KIDS!!!

Questions

OVARIAN TORSION



INCARCERATED HERNIA

- Commonest in first 3mths
- Irritable, tender
- Vomiting, SBO
- Most can be reduced

 Do not reduce if red, swollen, long Hx then straight to OT



NICADCEDATED LIEDNIA



INCARCERATER LIERNUA

PARAPHIMOSIS



ACUTE SCROTUM

- Torsion testicular appendage
- Torsion testis
- Hernia
- Trauma
- Infections
- Idiopathic scrotal oedema
- Henoch Schonlein Purpura
- Tumour

TORSION TESTICULAR APPENDAGE

- Peak 2-3 yrs before testicular torsion
- 95% Hydatid of Morgagni
- Blue-dot sign
- Pain confined to upper pole
- Quickly becomes indistinguishable from testicular torsion

APPENDICES - Testis and epididymis



TORSION APPENDIX TESTIS



TORSION APPENDIX TESTIS



TORSION TESTIS

• Neonatal

- 12 onwards
- Rapid onset severe pain
- Abdominal pain, vomiting
- Unable to walk

NEONATAL TORSION







TORSION - Clinical

- Variable signs
- Tender, swollen testis
- Red, possible reactive hydrocoele
- Elevated
- Loss of cremaster reflex
- Contralateral testis horizontal lie

HORIZONATAL LIE





MANAGEMENT

- Explored <6hrs 85-97% survival
- After 24hrs < 10%

- US can cause delays
- US more inaccurate in smaller child
- US can give a false -ve
- US report will NEVER rule out torsion

INCARCERATED HERNIA



EPIDIDYMO-ORCHITIS

- EXTREMELY rare between age 1 and commencing sexual activity
- <1 think urinary tract abnormality
- Urinary Sx can go with all

IDIOPATHIC SCROTAL OEDEMA



HENOCH SCHONLEIN PURPURA



TESTICULAR TUMOURS

- Does occur in children
- 18mths (yolk sac), 3yrs (teratoma)
- Usually not acute onset
- US diagnostic

TESTICU



TESTICULAD, THMOHD


MYCOBACTERIAL LYMPHADENITIS

- MAIS Avium, Intracellulare, Scrofulaceum
- Soil pharynx mucous membrane
- Submandibular lymph nodes
- Not contagious
- Usually asymptomatic



MAIS - IX

- History
- Examination
- Mantoux Typical and atypical
- Read at 48-72 hrs
- Both +ve, atypical 2x size

MAIS - PATHOPHYSIOLOGY



MAIS - Rx

• Complete excision of affected nodes

- Drain and curettage
- Clarithromycin

• Mandibular branch of Facial nerve

MINOR BURNS

• ADULTS

• CHILDREN

- 2/3 at work
- 50% flame
- 10% chem / elec

- 2/3 at home
- 60% scald
- 25% flame (older)
- Thin skin, delayed removal of clothing, poor first-aid

FIRST - AID

- Stop the burning
- Remove clothing
- Cool the burn

COOLING

- Running water (15 20 deg C)
- Soaked dressings
- Fine mist spray
- Swimming pool, stream, dam, ocean, beer
- 20mins in first 3 hrs
- Keep rest of patient warm
- NEVER USE ICE !!

BURN COOLING



BURN COOLING



BURN REFERRAL CRITERIA

- Burns >10% TBSA
- Inhalational injury
- Electrical / chemical
- Circumferential
- Special areas Face, hands, feet, genitalia
- Extremes of age
- Other medical disorder (esp trauma)

SCALD - Sup partial thickness



BURN - Deep partial thickness



BURN - Deep



BURN - Mixed



TRANSPORT / DRESSINGS

• ACUTE

• LATE PRESENTERS

- Continue cooling
- Send water container or fine mist spray
- Keep child warm
- Cling wrap

- Jelonet / Bactigras
- SSD if sloughy

• We will tend to use a longer-term dressing

