



# NUCLEAR MEDICINE

Level 2, Campus Centre, POWH  
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## MYOCARDIAL PERFUSION SCAN REQUEST

**TO:** A/Prof. M. Rossleigh / Dr. W. Haindl / Dr. E. Wegner / Dr. A. Freeman

**FROM:** (Consultant) .....

**DEPT:** .....

**DATE:** .....

SURNAME:
OTHER NAMES:
MEDICAL RECORD NUMBER:
DATE OF BIRTH:
SEX: <b>M / F</b> WEIGHT:

**Study Requested:** .....  
**Stress Required -**      **Exercise / Dipyridamole / Adenosine / Dobutamine - Please indicate.**

**Indication for Examination:** .....

**History and Diagnosis:** .....  
.....  
.....

Previous myocardial infarction?    Yes / No      Date: .....

**Results of:-**      1. Echocardiography: .....

2. Coronary Angiography: .....

**Medications:** .....

**Date & Time Booked:** .....

Potential "risk of cross infection" to other patients or staff?    Yes / No      Please specify: .....

Signed: ..... Date: .....

Print Name: ..... Provider No.: .....

# INFORMATION FOR PATIENTS



## Preparation:

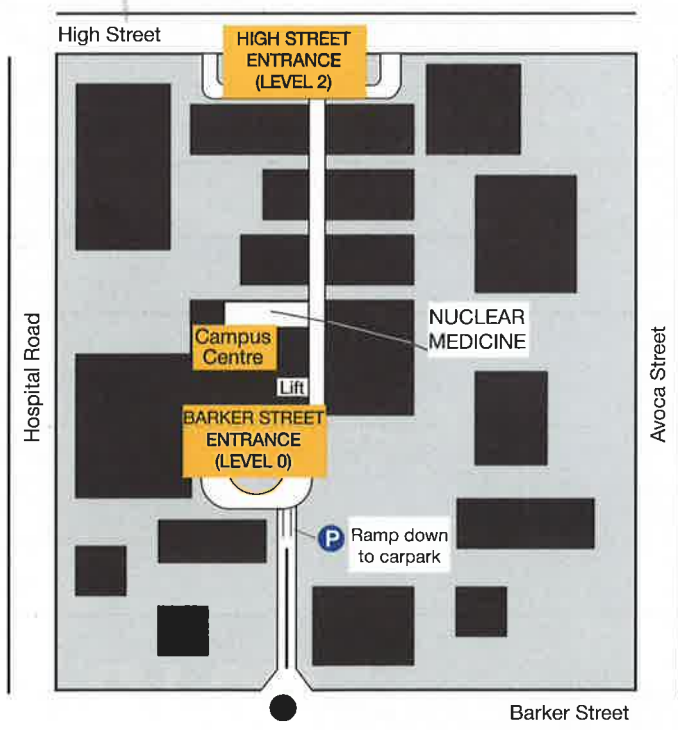
- You **MUST** fast from midnight on the night before your test.
- You must have **NO CAFFEINE** intake for the 24 hours prior to your appointment (ie no tea, coffee, chocolate, cola etc).
- **Do not take your morning medications.** Bring these with you, as they may be taken immediately following your stress test.  
\*\*Diabetic patients - see instructions below
- You **MUST NOT TAKE VIAGRA or similar medication** for 48 hours prior to your appointment. Dangerous interactions, which may lead to death, have been reported when Viagra is combined with certain cardiac medicines which may be used during this procedure.
- Comfortable front-opening shirts and jogging shoes should be worn.

## If you are diabetic you should follow these instructions:-

- i. Diet controlled diabetics: Fast from midnight prior to the test and eat normally at conclusion of test.
- ii. Oral hypoglycaemic drug controlled diabetics: Fast from midnight prior to test and **OMIT** oral hypoglycaemic medication on morning of test. Eat normally at end of test and resume medication at time of next dose, not before.
- iii. Insulin using diabetics: Fast from midnight prior to test. **DO NOT** have usual insulin on morning of test.

\*\*\* NB: Blood sugar level will be monitored during the day

The entire procedure should take about 4-5 hours.



**From High St. entrance:** walk along main corridor (level 2) through Clinical Sciences Building to Campus Centre and follow signs to Nuclear Medicine on right.

**From Barker St. entrance:** take lift from main foyer to level 2 and follow signs to Nuclear Medicine.