## NSW Telestroke Service Educational Resources for Nurses (Full List)

This table of education includes different pathways of learning to address both novice to intermediate skills, in the management of patients presenting to a Telestroke site. It includes self-directed and supported modes of delivery. Please contact NSW TSS NE if you have any questions or would like to request any site-specific education resources, including simulation sessions, facilitated by our education team.

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|-----|--|--|--|--|--|
|     | Mode   | Module   | Duration                               |  |  |
| 1   | HETI   | Learning Pod - Telestroke Training for Nurses  |  |  |  |
|     | Learning Pathway  (Preferred Resource)                                       | Learning Pathway that includes 4 HETI Telestroke Modules:  1) Learning Pod: Telestroke Training for Nurses- Introduction by Briony Van Galen (Course Code: 386600221)  2) Telestroke Overview: Roles and responsibilities (Course Code: 331303823)  3) Rapid Stroke Assessment at the Telestroke referring site (Course Code: 331304850)   | 3 mins 15 mins                         |  |  |
|     |  | 4) Nurses' role in reperfusion therapy- Alteplase (Course Code: 356429660)   | 30 mins                                |  |  |
| 2   | HETI Learning Pathway  | Learning Pod: Stroke Update for Nurses   |  |  |  |
| 3   | (Supplemental Resource)  HETI Module   | Learning Pathway that includes 5 HETI Stroke Modules:  1) Learning Pod: Stoke Update for Nurses- Introduction by Kylie Tastula (Course Code: 388452458)  2) National Institutes Health Stroke Scale (NIHSS) (Course Code: 283992861)  3) Module 2 Basic understanding of ECG and rhythm interpretation (Course Code: 359181145)  4) Why is continence an issue in stroke? (Course Code: 327984047)  5) Acute Screening of Swallow in Stroke/TIA (ASSIST) (Course Code: 266116067)  Endovascular Clot Retrieval (ECR) | 5 mins 30 mins 30 mins 10 mins 25 mins |  |  |
|     | (Supplemental Resource)  | (Course Code: 455570958)   |  |  |  |
| 4   | NSW TSS Nursing Education Calendar  (Preferred Resource)                     | Nursing specific NSW Telestroke education.  Google: "NSW Telestroke POWH" or refer to NSW TSS Nursing Education Calendar for sessions.   | 30 to 40 mins<br>Bi-weekly             |  |  |
| 5   | Virtual Reality (Supplemental Resource)                                      | <ol> <li>TACTICS VR Stroke Telehealth Module</li> <li>TACTICS VR Stroke Nursing Module- QR code for Attendance</li> </ol> VR Headset sent to each NSW Telestroke Referral Sites  | ~30 mins each                          |  |  |
| 6   | NSW Telestroke Model of Care (Theory)  | Model of Care powerpoint delivered by Telestroke champion/ NSW TSS NE.   | ~30 mins                               |  |  |

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|    | (Preferred Resource)   | Refer to <u>NSW TSS Nursing Education Calendar</u> for sessions.   |                        |
|----|--|--|------------------------|
| 7  | NSW TSS Model of Care: Mini simulations (Practical)                                    | <b>Face-to-Face</b> : Simulations facilitated by NSW TSS NE/CNC to practice all aspects of NSW TSS Model of Care process including use of Technology.                    | 30 mins to 1<br>hour   |
|    | (Preferred Resource)   | <b>Hybrid</b> : "Train the Trainer" sessions available- allowing local facilitators to facilitate on the ground with NSW TSS NE/CNC dialling in to facilitate virtually. |                        |
|    |  | Education material available from NSW TSS NE   |                        |
| 8  | NSW TSS Model of Care <u>Table-</u><br><u>top</u> Simulations  (Supplemental Resource) | <b>Hybrid</b> : "Train the Trainer" sessions available- allowing local facilitators to facilitate on the ground with NSW TSS NE/CNC dialling in to facilitate virtually. | 30 mins to 1<br>hour   |
|    |  | A "sit-down" simulation to talk through NSW TSS Model of Care process including practicing use of Technology.  |                        |
|    |  | Education material available from NSW TSS NE   |                        |
| 9  | Thrombolysis/Alteplase (Theory) Education Sessions                                     | Virtual education session by NSW TSS NE.  Refer to NSW TSS Nursing Education Calendar for  | ~40 mins               |
|    | (Preferred Resource)   | sessions.  |                        |
| 10 | Reconstitution of Alteplase Video  (Supplemental Resource)                             | https://vimeo.com/278249954  | 12 mins                |
| 11 | Alteplase (Practical) Education<br>Sessions  | "Train the Trainer" sessions available- allowing local facilitators to facilitate on the ground.   | Variable-site specific |
|    | (Preferred Resource)   | Education material available from NSW TSS NE   |                        |
| 12 | Acute Stroke Assessment Protocol (ASAP) Education videos                               | <ol> <li>7 short videos demonstrating how to<br/>complete each component of the ASAP.</li> <li>3 scenario-based videos demonstrating ASAP<br/>completion.</li> </ol>     | Variable               |
|    | (Supplemental Resource)  | Google: "NSW Telestroke POWH" or click here.   |                        |