

Programme

Registration from 8:00am

8:30 – Welcome to Country

8:40 – Helen McCarthy: RHW Director of Nursing & Midwifery

Welcome and Opening Address

9:00 – A/Prof Andrew Bisits and Sheryl Sidery:

Homebirth : a comparison of MGP births

0925 – Trudy Allende: Aboriginal Health Education Officer

Caring for our Mob

0945 Fiona Reid, CMC Wollongong Hospital

Next Birth After Trauma- A model for midwifery birth debriefing

Morning Tea 10:15am

1045 Noa Sheer :Negotiation Consultant

Shared Decision Making

1130 Bashi Hazard- Kumar: Human Rights Lawyer

Informed Consent in systemic care

1220 Q+A panel with Fiona, Noa and Bashi

1240 Lunch

1330 Dr Antonia Shand

Varicella, Rubella and other infections in pregnancy

1355 A/ Prof Marjan Khajehei CMC

Cultural Paradoxes relating to sexuality and breastfeeding

1420 Robbie Solomon : A brief meditation

1430 Dr Amanda Beech

Hyponatraemia in labour

1450 Giulia Casson & Hannah Graetz

The EMBODY programme- caring for women in 4th trimester

1515: Rebecca Dickson, Geneticist

Genetic testing options in 2022

1545 CLOSE

Speaker Profiles

A/ Prof Andrew Bisits is well known as an advocate for promoting normal birth and has supported the RHW Homebirth service along with **Sheryl Sidery** who has been attending births at home for 34 years. Both were pivotal in helping the Royal to set up publicly funded home birth and will discuss a review of comparative MGP hospital and homebirths

Fiona Reid CMC has conducted over 500 debriefing appts to help women understand what happened and why, and to provide a framework for recovery and planning for a next birth after trauma (NBAT). This session provides an understanding of the neurobiological effect of birth trauma and a description of a model for Birth Debriefing that will assist clinicians to respond with information and understanding when a woman reports that she is 'traumatised' by a birth.

Noa Sheer is a negotiation consultant and scholar who brings research-based methods in negotiation planning and persuasion to experienced negotiators. She is currently conducting research on the negotiations between health care practitioners and the women they care for .

Bashi Hazard is an Australian lawyer and Principal of B W Law, a legal practice for women and children, and the Chair of Human Rights in Childbirth, an international NGO dedicated to defending the human rights of women and newborns. She is currently completing a PhD at the University of Sydney examining anti-competitive behaviours in Australia's maternity health sector.

Dr Antonia Shand is an obstetrician /MFM specialist at RHW, a prolific researcher and amongst many other areas of interest- an expert in infections in pregnancy. She is currently involved in research about women's and health care professional's knowledge about varicella and rubella in pregnancy and will provide an update about what we should know!

A/ Prof Marjan Khajehei holds a Bachelor's and Master's degrees in Midwifery and PhD in Sexology. She has 26 year experience, working in clinical, educational and research capacities. Currently, she is CMC at Westmead hospital and is affiliated with the University of Sydney and University of New South Wales.

Dr Amanda Beech is an obstetric medicine physician and endocrinologist with an interest in women's health and has a breadth of experience in managing medical disorders of pregnancy. Today she will discuss implications of hyponatraemia- and how to prevent it occurring

Rebecca Dickson has worked as a genetic counsellor for over 13 years in a range of clinical roles including prenatal genetics. Rebecca is currently based at the RHW in the Maternal Fetal Medicine Department and Geneva and will update us on the advances in genetic screening and testing.

Trudy Allende-Lester is a Wonnarua/Yuin Mother of four and grandmother of one, residing in the La Perouse Community. She has worked as an Aboriginal Health Worker with the Malabar Midwives – RHW for the last 15 years

6 Professional Development Hours Awarded
Morning tea and lunch provided for in house attendees

To register go to www.royalwomen.org.au/rhwmidwifery

\$80 RHW employees for a seat in lecture theatre (first 50 bookings)

\$80 All student midwives for a seat in lecture theatre

\$50 Virtual attendance (video recordings will be available)

\$140 for Non RHW employees for a seat in lecture theatre (first 10 bookings) otherwise please book a virtual seat

If we are able to increase the number of seats in the Lecture Theatre we will contact you if you have booked a virtual seat to offer a place (at the appropriate rate)

Canellations after March 14th will incur a 20% fee. No refunds on the day.

Transport

Pay parking available onsite \$31.20 per day. Limited free street parking is available. Buses or light rail to Randwick Junction – check www.sydneybuses.info or call 131 500.

The RHW Midwifery Conference

Navigating the System: Respecting Diversity of Choice

Friday, 1st April 2022



To register, go to www.royalwomen.org.au/rhwmidwifery

Enquiries to anne.lainchbury@health.nsw.gov.au