

## **STERILE/ASEPTIC PROCEDURES – SCRUBBING AND CLOSED GLOVING**

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### **1. AIM**

- To scrub and don sterile gown to create a barrier between sterile and non-sterile areas.
- To put sterile gloves on using the closed gloved technique.

#### **NOTE:**

Closed gloving is performed after the proceduralist has donned their gown, but **BEFORE** pulling hands through the cuffs of the gown.

### **2. STAFF**

- Medical and nursing staff

### **3. EQUIPMENT**

- Sterile gown
- Sterile gloves x2
- Hat
- Mask
- Protective eyewear

### **4. CLINICAL PRACTICE**

#### **Procedure:**

1. Don hat, protective eyewear and mask. Ensure the mask-surface is facing the correct way and that it covers the nose and mouth.
2. Open sterile gown packet onto a clean surface.
3. Open sterile gloves onto the gown packaging.
4. Perform 2 minutes surgical hand wash. (Picture1)

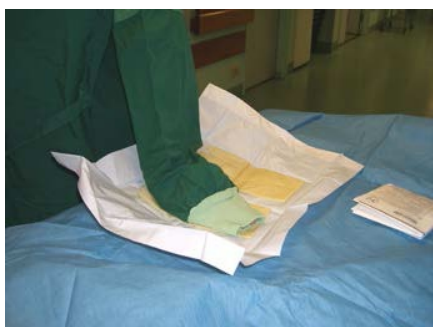


Picture 1

5. Dry hands and arms with the sterile paper towel provided.
6. Lift the folded gown directly upward from the sterile package.
7. Step back from the table into an unobstructed area.
8. Let the gown unfold without contaminating the sterile exterior of the gown.
9. Insert hands into the respective arm holes of gown.

## STERILE/ASEPTIC PROCEDURES – SCRUBBING AND CLOSED GLOVING cont'd

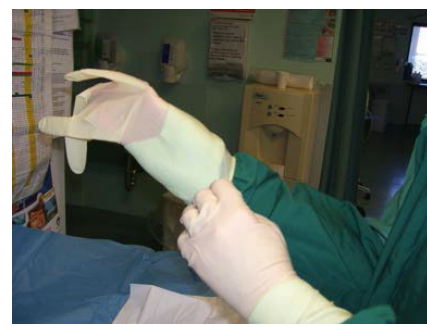
10. Ask an assistant to secure the back of the gown.
11. Don gloves using "closed-gloving technique"
  - Open paper package of first set of gloves
  - Turn packet with fingers of gloves facing proceduralist (Picture 2)
  - Left hand to grab the left glove on the opposite side
  - Flip gloves over onto palm of hand without fingers being out of the cuff
  - Grab the edge of the glove with the other hand
  - Pull glove over the cuff and hand (Picture 3)
  - Pull the sleeve of the gown – the glove will follow (Picture 4)
  - Do the same for the other hand



Picture 2



Picture 3



Picture 4

12. Don second pair of gloves by sliding gloved hands into the gloves.

### NOTE:

Both hands remain inside the sleeves of the sterile gown at all times and should not touch the cuff edges.

### 5. RISK RATING

- Low

### 6. NATIONAL STANDARD

- Standard 1 Clinical Governance
- Standard 3 Preventing and Controlling Healthcare-Associated Infection
- Standard 5 Comprehensive Care

### 7. ABBREVIATIONS AND DEFINITIONS OF TERMS

NCC	Newborn Care Centre		
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### 8. AUTHOR

Primary	16.12.2010	K B Lindrea (CNC)
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