

Royal Hospital for Women (RHW)
BUSINESS RULE
COVER SHEET



Health
South Eastern Sydney
Local Health District

NAME OF DOCUMENT	<i>Expressed Breastmilk – Storage for Mothers on Macquarie Ward</i>
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EXECUTIVE SPONSOR	<i>S Bolisetty (Medical Co-Director Newborn Care Centre); S Wise (Nursing Co-Director Newborn Care Centre)</i>
AUTHOR	<i>S Walsh (CNE)</i>
SUMMARY	<i>To provide guidelines on storage of EBM for mothers admitted to Macquarie Ward</i>

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Expressed Breastmilk – Storage for Mothers on Macquarie Ward

This Clinical Business Rule is developed to guide safe clinical practice in Newborn Care Centre (NCC) at The Royal Hospital for Women. Individual patient circumstances may mean that practice diverges from this Clinical Business Rule. Using this document outside the Royal Hospital for Women or its reproduction in whole or part, is subject to acknowledgement that it is the property of NCC and is valid and applicable for use at the time of publication. NCC is not responsible for consequences that may develop from the use of this document outside NCC.

1. BACKGROUND

Women admitted to Macquarie ward for management of mastitis may be separated from their infant/s and will need to express breast milk. Correct methods of expressing and storage of expressed breast milk (EBM) is required to prevent contamination by pathogens that could be harmful to the infant.

2. RESPONSIBILITIES

Medical and Nursing Staff

3. PROCEDURE

3.1 Equipment

- Plastic box labelled Macquarie Ward
- EBM labels

3.2 Clinical Practice

1. EBM to be collected and labelled as per NSW Health PD2010_019 Maternity - Breast Milk: Safe Management.
2. Transfer EBM in plastic tub labelled Macquarie Ward to Newborn Care Centre by Macquarie Ward staff (Picture 1).



Picture 1

3. Complete EBM sign in/out form by Macquarie and Newborn Care staff (see Appendix).
4. Leave EBM sign in/out form in the plastic container.
5. Place plastic container in Newborn Care "Level 2" milk fridge.
6. Milk checked daily as part of routine checking of breast milk fridge by Newborn Care staff.

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7. Sign out EBM by Newborn Care staff and Macquarie staff when required.
8. If more than one woman on Macquarie Ward requires EBM storage place each mother's milk in clear plastic bags within the plastic container.
9. Take out the EBM required and transfer in specimen bag to Macquarie Ward.
10. Check EBM with mother or second Macquarie Ward staff member before administering to the infant.
11. EBM should be refrigerated at 4°C and for only up to 48 hours (thawed EBM should be used within 24 hours).

3.4 Abbreviations

NCC	Newborn Care Centre	EBM	Expressed Breast Milk
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4. RELATED BUSINESS RULES AND POLICY DOCUMENTS

- NSW Health Policy Directive PD2010_019 Maternity - Breast Milk: Safe Management

5. CULTURAL SUPPORT

- When clinical risks are identified for an Aboriginal family, they may require additional supports. This may include Aboriginal health professionals such as Aboriginal liaison officers, health workers or other culturally specific services.
- For a Culturally and Linguistically Diverse CALD family, notify the nominated cross-cultural health worker during Monday to Friday business hours.
- If the family is from a non-English speaking background, call the interpreter service: NSW Ministry of Health Policy Directive PD2017_044-Interpreters Standard Procedures for Working with Health Care Interpreters.

6. IMPLEMENTATION PLAN

This Clinical Business Rule will be distributed to all medical, nursing and midwifery staff via @health email. The Clinical Business Rule will be discussed at ward meetings, education and patient quality and safety meetings. Education will occur through in-services, open forum and local ward implementation strategies to address changes to practice. The staff are asked to respond to an email or sign an audit sheet in their clinical area to acknowledge they have read and understood the Clinical Business Rule. The Clinical Business Rule will be uploaded to the Clinical Business Rule tab on the intranet and staff are informed how to access.

7. RISK RATING

- Low (5 years)

8. NATIONAL STANDARDS

- Standard 1 Clinical Governance
- Standard 2 Partnering with Consumers
- Standard 3 Preventing and Controlling Infections
- Standard 5 Comprehensive Care

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- Standard 6 Communicating for Safety

9. REVISION AND APPROVAL HISTORY

Date	Revision No.	Author and Approval
15/06/2023		Endorsed by Safety and Quality Committee
25/5/2023	1	S Walsh (CNE); Primary document approved NCC CBR Committee

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Appendix

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Expressed Breastmilk – Storage for Mothers on Macquarie Ward

Expressed Breast Milk sign in/out form

			Sign in		Sign out	
Name and MRN	Date & Time	No. of EBM containers	Macquarie staff Name/Sign Newborn Care staff Name/sign	Date and Time	No. of EBM containers	Macquarie staff Name/Sign Newborn Care staff Name/sign
Name and MRN	Date & Time	No. of EBM containers	Macquarie staff Name/Sign Newborn Care staff Name/sign	Date and Time	No. of EBM containers	Macquarie staff Name/Sign Newborn Care staff Name/sign
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