



Clinical Supervisor-Supervisee/Group First Meeting

Use these questions to guide your discussion at the pre/first meeting

1. Purpose of supervision – what are the aims?	
2. Describe your work context (group to share)	
3. What style of supervision have you had to date - what has worked/not worked	
4. Supervision goals for this contract – by the end of this period of CS (Reflective) I would like....	
5. What are the expectations of the supervisor and supervisee/group?	
6. Practical issues – timing, venue, frequency etc. (establish commitment)	
7. Your understanding and use of reflective practice for CS (Reflective)	
8. Recognize strengths and areas of need for goals and contract setting	
9. Discuss the use of a diary – formalised note keeping of supervision	
10. Discuss any specific requirements - extra information that needs to be discussed	
11. Discuss and determine evaluation processes – be clear about processes (when review and how?)	
12. Agree on ways to monitor progress (how issues, challenges will be presented)	
13. Establishing learning goals, the CS (reflective) agreement completed & signed	
14. Clarify and establish 'Ways of Working' incorporating ethics and confidentiality aspects e.g. if something needs sharing who shares?	
15. Any other questions?	

Signature Supervisor: _____ Signature Supervisee/group: _____ Date: _____