



What is HiTH?

Hospital in The Home (HiTH) is an acute service where inpatient care can be provided away from hospital.

This will include:

1. Treatment in your home
2. You coming to us at the 4 North HiTH clinic.

For medical reviews, you will need to come to the clinic.

HiTH benefits

- Promote independence
- Reduce the risk of infections
- Equivalent to in hospital care for many conditions but with the comfort of your home
- Access to all Hospital services
- Improved quality of life and wellbeing

Suitability

To be suitable for HiTH treatment a patient must:

- Be 18 years of age or older
- Live in the St George Hospital area, or able to come to HiTH clinic up to twice daily
- Consent to HiTH treatment
- Not require regular observation or assessment in a 24 hour period
- Be able to care for yourself (or have a full time carer) and know when to call when concerns arise
- You must have reliable telephone access and be contactable at all times
- Have a suitable and safe location for care outside the hospital

We offer care and treatment

to suitable patients including, but not limited to:

- Intravenous Antibiotic Therapy
- Intravenous medications up to twice daily dosing
- Wound Care
- Before and after surgery care
- Pathology monitoring and medication titration
- Other as determined by the HiTH Medical Director

What does HiTH care look like?

- The service is staffed from 8am to 9.00pm 7 days per week
- Your first assessment will happen in the 4 North clinic (an appointment will be made for you), or at your home between 9am and 8pm
- Depending on your treatment plan, you can be seen:
 - Once per day usually between 8am and 12pm
 - Twice per day usually between 8am and 12pm and then 2pm & 8pm
- **You must be at home during these times**

Risks

Please refrain from smoking 2 hours prior to visit and restrain your pets.

HiTH Team

Your team will provide individual care depending on your needs. Doctor, Nursing, Allied Health, Pharmacy and Clerical staff.

We will coordinate all treatment including referral to community services. On discharge, you will be provided with a discharge summary and referred back to your GP for ongoing care.

