

## Nutrition & Dietetics Outpatient Referral Form

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Name of referrer: \_\_\_\_\_ Phone: \_\_\_\_\_

Managing Doctor: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

MRN (if applicable): \_\_\_\_\_ DOB: \_\_\_\_\_

Current weight: \_\_\_\_\_ Current height: \_\_\_\_\_ Current BMI: \_\_\_\_\_

- Is the patient aware of this referral and consents to being contacted by this service?
- Does the patient have a Health Care Package? If yes, state level of care: \_\_\_\_\_
- Does the patient have a history of violence/aggression? If yes, please provide details:  
\_\_\_\_\_

### Reason for referral:

- Poor oral intake/malnutrition, include weight history if applicable:  
\_\_\_\_\_

- Enteral nutrition (tube feeding) without alternate funding

### Reason for referral (eligible for 4 appointments):

- Uncontrolled diabetes (not reliant on insulin), include HbA1c if applicable:  
\_\_\_\_\_

- Other \_\_\_\_\_

Additional Information (relevant medical and social history, medications, allergies, interpreter required etc.):  
\_\_\_\_\_  
\_\_\_\_\_

**Please fax or email this referral to our office.  
If eligible, we will notify the patient that we have received the referral and ask them to contact us to  
arrange an appointment.**

**Incomplete referrals will be returned to sender for further information.**

### Department of Nutrition & Dietetics

St George Hospital  
2nd Floor, Prichard Wing  
KOGARAH NSW 2217

P: (02) 9113 2752  
F: (02) 9113 2847  
E: [SESLHD-SGH-Dietitian-Referrals@health.nsw.gov.au](mailto:SESLHD-SGH-Dietitian-Referrals@health.nsw.gov.au)

## Referral pathways:

Services	Number	Website/ Email
<b>Get Healthy Service</b>	1300 806 258	<a href="https://www.gethealthynsw.com.au/get-started/">https://www.gethealthynsw.com.au/get-started/</a>
<b>Get Healthy Service in Pregnancy</b>	1300 806 258	<a href="https://www.gethealthynsw.com.au/get-started/">https://www.gethealthynsw.com.au/get-started/</a>
<b>Go 4 Fun</b> 7-13 year olds	1800 780 900	<a href="https://go4fun.com.au/">https://go4fun.com.au/</a>
<b>Think, Eat and Move (Team)</b> 13-17 year olds	1300 899 736	<a href="https://thinkeatandmove.org/">https://thinkeatandmove.org/</a>
<b>Diabetes Education Centre</b> Diabetes education reliant on insulin	N/a	<a href="mailto:SESLHD-StGeorge-DiabetesEdu@health.nsw.gov.au">SESLHD-StGeorge-DiabetesEdu@health.nsw.gov.au</a>

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