

Pamauve Care Physician Palliative Care (Clinical Nurse Consultant) Dietitian Occupational Therapist Pharmacist Physiotherapist Psychologist (TBA) Social Worker (TBA) Speech Pathologist Aboriginal Health Liaison Officer (TBA) Administration Support

Team member details:

Contact Details:

St George/Sutherland Supportive Care Clinic will operate on **Tuesday morning**. GP or Specialist referral is essential. Complete the referral form and email below.

Email: SESLHD-StGeorgeSCS@health.nsw.gov.au

For further information please contact: **SCS Clinic:** 9113 4182 Monday – Friday 8:00am – 4:30pm

Clinic Address Room 6, 4 North, Tower Ward Building, Gray Street, St George Hospital, Kogarah, 2217



Supportive Care Service (SCS)

Reviewed By



St George/Sutherland Supportive Care Service (SCS)



What is the Supportive Care Service (SCS)?

SCS is a team of health practitioners including doctors, nurses, and allied health professionals. The palliative care specialist and other health professionals from our team will review and make recommendations to support your wellbeing in the community and at home. Your primary health care provider will be included as part of the multidisciplinary decision-making process.



Is SCS service for me?

To be eligible for the SCS you need to meet all criteria listed below:

- Must be 18 years or older.
- Live within the South Eastern Sydney (SESLHD) region (St George and Sutherland).
- Have a chronic non-cancer life limiting illness such as end-stage respiratory disease, heart disease, liver disease etc.
- Requires review from medical and other members of the multidisciplinary team for assessment and symptom review.
- You must have a medical referral from a GP or specialist involved in your care.



SCAN ME FOR WEBPAGE

How can SCS help?

Our clinic can help people living in the community with a diagnosis of a life-limiting or terminal illness.

We can help with:

- Managing pain or other symptoms
- Advance care planning conversations
- Nutrition and dietary education
- Medication management advice in the community
- Communication and swallowing assessment and education on dysphagia
- Assessment and advice on mobility, assistive aids, and home safety
- Psychosocial support
- Facilitating referrals to relevant services

Please speak to your specialist or GP to get a referral to the service.