

Feeding Services - South Eastern Sydney Local Health District (SESLHD)

Name	Service Provided	Team Members	Indications for Referral	Referral Process
<p>St George Hospital Multidisciplinary Paediatric Feeding Service</p>	<p>The Multidisciplinary Feeding Service provides a tertiary referral service for children with complex feeding difficulties eg: cardiac conditions, genetic syndroms, prematurity, structural abnormalities (cleft palate, laryngomalacia). It also provides continuum of care for discharged inpatients.</p> <p><u>The clinic offers:</u></p> <ul style="list-style-type: none"> • Consultation and in-clinic assessment of feeding and nutrition • Enteral feeding support and stoma therapy • Tube weaning • Referral for specialist medical investigations (eg., modified barium swallow, endoscopy, allergy testing), as necessary • Referral to relevant community services (eg., psychological medicine) • Community and nursing liaison • Ongoing management / review, with referral back to local services as necessary 	<ul style="list-style-type: none"> • Paediatrician • Dietitian • Speech Pathologist • Occupational therapist (on call) 	<p>Referral from a paediatrician is required for this clinic.</p> <p>The clinic will see children who a paediatrician would otherwise refer to both a dietitian and a speech pathologist.</p> <p>For primary care clinicians (GPs, nursing and allied health professionals) the clinic is happy to discuss complex cases and provide advice on suitable local services.</p>	<p>Children referred to the clinic must be under the care of a general paediatrician</p> <p>Written referral from paediatrician, including parents contact details, to Dr Chris Elliot, Paediatrician</p> <p>Referrals can be sent by:</p> <p>Email (preferred) SESLHD-STGFeedingClinic@health.nsw.gov.au</p> <p>Mail c/- Feeding Clinic Intake Officer, Department of Nutrition and Dietetics, level 2 Prichard Wing, St George Hospital, Gray St, Kogarah 2217</p> <p>Fax: 9113 2847</p> <p>To discuss a referral, please email the clinic or call 9113-2752 and ask for the Feeding Clinic Coordinator</p>

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St George Hospital Outpatient Speech Pathology Feeding Service	<p>The Speech Pathology Department provides a service to children (excluding children with severe disability or diagnosed ASD) whose feeding difficulties arise mainly from oral motor and sensory difficulties and other mealtime management issues.</p> <p><u>The clinic offers:</u></p> <ul style="list-style-type: none"> • Feeding assessment • Review / ongoing management, with referral back to local services as necessary • Modified Barium Swallow investigations* • Note: Ongoing or intensive therapy is not available through this service at present 	Speech Pathologist	<ul style="list-style-type: none"> • Structural abnormality potentially impacting feeding (e.g. cleft palate, tongue tie, laryngomalacia) • Impaired feeding related to oral motor skills (eg., poor sucking, poor chewing) • Abnormal sensory responses during eating or drinking (e.g. gagging) • Excessive feeding times (longer than 40 minutes) • Signs (or at risk) of aspiration or reduced airway protection (eg., coughing when drinking) • Difficulties transitioning from: tube or oral feeds, bottle to cup, smooth to lumpy foods, lumpy to chewy and family foods 	<p>Written referral or Speech Pathology Feeding Referral Form.</p> <p>Referrals accepted from a Paediatrician, Specialist, Attending Medical Officer, GP, Nursing Staff, Child and Family Health or Allied Health Professionals</p> <p>Referrals can be sent to Speech Pathologist (Paediatric Feeding) St George Hospital:</p> <p>- Email: SESLHD-StGeorge-SpeechPathologyFeedingService@health.nsw.gov.au</p> <p>- Fax: 9113 1382 or</p> <p>- Mail: St George Integrated Community Health Centre, Burt Nielson Wing, Gray St, Kogarah 2217</p> <p>Contact: Paediatric Speech Pathologist, telephone 9113-1360</p>

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Speech Pathology Paediatric Modified Barium Swallow Service (St George Hospital)	A Modified Barium Swallow (MBS) is a recording via x-ray of swallowing in real time using barium contrast to allow for objective assessment and diagnosis of structural and dynamic aspects of oral and pharyngeal phases of swallowing.	<ul style="list-style-type: none"> • Speech Pathologist • Radiologist • Radiographer • Nurse 	<ul style="list-style-type: none"> • The need for further investigation of the anatomy and physiology of the oral cavity or larynx during swallowing • Identify disorders of the oral and pharyngeal phase of swallowing that cause inefficient swallowing or aspiration • Define treatment strategies that will increase swallowing efficiency and or eliminate aspiration 	<p>Paediatrician referrals only will be accepted</p> <p>Written referrals, referrals on “Medical Imaging – Radiology Request Form” (St George and Sutherland Hospitals) and referrals via eMR are accepted.</p>

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St George Hospital Dietetics Outpatient Clinic Service	<p>The Nutrition and Dietetics Department provides a service to children (excluding children with approved NDIS funding) who reside in the St George area</p> <p>The clinic offers:</p> <ul style="list-style-type: none"> • Nutrition assessment • Dietary advice and education to clients/families with nutrition related conditions • Review / ongoing management 	Dietitian	<ul style="list-style-type: none"> • Failure to thrive i.e. a decline in 2 or more centile lines OR weight for length/BMI less than the 5th centile. Copy of growth charts must be included. • Tube feeding • Fussy eating with confirmed nutrient deficiency. Note: a copy of biochemistry must be included (general fussy feeding referrals not accepted) • Diagnosed food allergy • Persistent constipation i.e. not improved with aperients and simple diet education • Overweight or obese children <6 years (BMI > 85th %ile) • Other (as deemed appropriate by paediatrician e.g. coeliac disease, IBD, EoE etc.) 	<p>Written referral or Nutrition and Dietetics Referral Form accepted.</p> <p>Referrals accepted from Paediatrician, Specialist, Attending Medical Officer, GP, Nursing Staff, Child and family Health or Allied Health Professionals.</p> <p>Referrals can be sent via:</p> <p>- email: SESLHD-SGH-Dietitian-Referrals@health.nsw.gov.au</p> <p>- Fax: 9113 2847</p> <p>- Mail: Department of Nutrition and Dietetics, Level 2 Prichard Wing, St George Hospital, Gray St, Kogarah 2217</p> <p>Contact: Paediatric Dietitian - Ph: 9113 2752</p>

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Child and Family Health Service	<p>Child and Family Health nurses provide support to parents in their parenting role with children 0- 5yrs. The clinical role includes assessment of the health status of the infant and child and information on normal childhood behaviour. Referral to other appropriate health professional is undertaken if required.</p> <p>Ongoing care around feeding is provided in local clinics & includes:</p> <ul style="list-style-type: none"> • Breastfeeding support • Establishing normal feeding / mealtime routines • Introduction of solids • Managing mealtime behaviours • Parent child interaction around feeding • Infant nutrition • Blue book checks • Early bird groups • Support for families including adjustments to parenting and postnatal depression 	CFHN (Registered Nurses with further qualifications in the speciality of Child and Family Health Nursing. Some Child and Family Health Nurses also have qualifications in Midwifery and/or lactation)		<p>Child & family health nurses offer a home visit to all families with a new baby within the first 2 weeks of birth following notification from either the maternity hospital or midwife.</p> <p>Referrals accepted from parents via phone.</p> <p>Brighton: 9567-1240</p> <p>Hurstville: 9580-2150</p> <p>Kingsgrove: 9150-7522</p> <p>Kogarah: 9113-1360</p> <p>Oatley: 9579-4400</p> <p>Ramsgate: 9087-8300</p> <p>Riverwood: 9584-2778</p> <p>Rockdale: 9087 -8300</p> <p>South Hurstville 9546-4010</p> <p>More information available on web site http://www.seslhd.health.nsw.gov.au/SGSHHS_CFHN/</p>

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<p>Family Care Cottages- Child and Family Health</p> <p>Brighton (Bilby Cottage) and Caringbah (Possum Cottage)</p>	<p>The Family Care Cottage is a secondary service staffed by Child and Family Health Nurses and provides additional support for families with children from birth to 12 months that are experiencing more complex problems. Practical advice and support is offered by the nurses during an extended consultation session.</p> <p>Services</p> <ul style="list-style-type: none"> • Sleep and settling (half day stays) • Breastfeeding counselling and support (1:1 1 hour sessions) • Infant nutrition including bottle feeding and solids • Parenting and the care of your child • Support for families including multiple births, premature infants, adjustments to parenting and postnatal depression 	<p>Child and Family Health Nurses</p>		<p>Referrals are required from a health professional then families are triaged depending on individual needs.</p> <p>Referral form available on web site http://www.seslhd.health.nsw.gov.au/SGSHHS_CFHN/</p> <p>Phone referrals / enquires : 9540-7321 Fax 9540-7063</p>

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St George Hospital Occupational Therapy	<p>Assessment and management of sensory processing difficulties that may impact on feeding</p> <p>Assessment and management of self-feeding skills</p> <p>Assessment of seating for feeding</p>	Occupational therapist	<ul style="list-style-type: none"> • Sensory processing difficulties • Poor self-feeding • Children with neuromuscular disorders impacting on positioning for feeding 	Referrals made by contacting Allied Health Intake on (02) 9113-2495
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Cleft Palate Clinic Sydney Children's Hospital	<p>Consultation and management of cleft lip and palate patients as well as multidisciplinary early post natal consultation, management of early feeding and the investigation of possible causation and genetic advice (through the Genetic Clinic). The team works together with families to plan surgery and follow up for cleft conditions. Speech pathology and orthodontic review is provided as needed.</p>	<ul style="list-style-type: none"> • Speech pathologist • Plastic Surgeon • ENT • Audiologist • Paediatrician 	Any baby born in SESLHD with a cleft lip and / or palate	<p>Written referral from paediatrician, specialist, attending medical officer, nursing or allied health professionals to Cleft Palate Clinic address and fax.</p> <p>For urgent newborn feeding referrals contact: Ph: 9382 1470</p> <p>Website links: http://www.schn.health.nsw.gov.au/parents-and-carers/our-services/cleft-lip-and-palate/sch</p>