

<b>NAME OF SERVICE</b>	<b>The Retreat   Frail Aged Day Care (Social Support – Group)</b>
<b>ADDRESS</b>	126 Kareena Road
<b>CITY</b>	MIRANDA
<b>STATE</b>	NSW
<b>POSTCODE</b>	2228
<b>TELEPHONE</b>	(02) 9540 7915
<b>DESCRIPTION OF SERVICE</b>	<p>The Retreat is a Commonwealth Home Support Program (CHSP) funded program auspiced by Southcare.</p> <p>The Retreat is a day care centre for frail or disabled aged people with low level care needs. The centre provides social activities in a group environment and regular respite for the carer. Potential clients are assessed by the Coordinator at home to determine if the centre can meet their needs.</p> <p>The centre has the capacity of 12 clients per day (reduced to 6 clients – COVID-19 restrictions). The Retreat staff consists of a Registered Nurse Coordinator, Assistant in Nursing, Diversional Therapist and a Bus Driver/General Assistant.</p> <p>The Retreat is located at the back of the Southcare building on the Sutherland Hospital campus. Transport (bus has wheelchair hoist) to and from the centre is available.</p>
<b>WHO TO REFER</b>	A resident of the Sutherland Shire who is elderly and frail or disabled with low level care needs, who would benefit from group socialisation.
<b>HOW TO REFER</b>	<p><b>Persons under 65 years</b></p> <ol style="list-style-type: none"> <li>1. Electronic Medical Record (eMR) referral (TSH) or</li> <li>2. Fax an <a href="#">Access and Referral Intake Form</a> to (02) 9540 7869 or</li> <li>3. Scan and email an <a href="#">Access and Referral Intake Form</a> to <a href="mailto:SESLHD-SouthCareIntake@health.nsw.gov.au">SESLHD-SouthCareIntake@health.nsw.gov.au</a></li> </ol> <p><b>Persons 65 years and over</b></p> <p>Online at 'My Aged Care' <a href="http://www.myagedcare.gov.au">www.myagedcare.gov.au</a> or phone <b>1800 200 422</b> ask to be referred to Southcare Community Services – Service Type – Social Support Group - The Retreat</p>
<b>REFERRAL CRITERIA</b>	<p>Residents of the Sutherland Shire (or residing with) living in their own home who are frail or disabled and require ongoing low level support to live at home.</p> <p><u>Exclusion Criteria:</u></p> <ol style="list-style-type: none"> <li>1. Residential care</li> <li>2. Group homes</li> <li>3. ACCR approval for high level (3&amp;4) Home Care Package and / or Residential Aged Care (check with co-ordinator)</li> </ol>
<b>IS THERE A WAITING LIST</b>	At times – phone coordinator to check
<b>WAITING LIST DETAILS</b>	The Coordinator will phone the client/carers to advise.
<b>HOURS/DAYS OF OPERATION</b>	8.30am – 4:30pm Monday to Friday
<b>APPROXIMATE COST</b>	Donation of \$20 per day (or as per the activities program) which includes transport to and from the centre, morning tea, lunch and centre based activities.