# **KARITANE**® Partnerships made for parents



# Wolli Creek Hub

Supporting women, children and families



### WE OFFER:

#### **Child and Family Health Nursing Service**

- Routine growth and development checks
  0-4 years old. Reviewing how your child plays, learns, speaks, acts, moves and is growing
- Support with infant feeding, parenting and links to other services

#### St George Hospital Maternity Services

 Pregnancy care e.g. antenatal appointments

#### Women's Health Services

 Appointments could involve – pregnancy planning, 6-week postnatal check, cervical screening, menopause, pelvic floor or contraception advice

#### Karitane

 Specialised early parenting support from birth to 5-year-old with sleep and settling, age-appropriate routine, toddler behaviour, feeding concerns and anxiety and postnatal depression

## **Speech Pathology**

 Assessment and help with any talking and communication difficulties, in any language, for children 0 to 5 years

#### **Cross Cultural Workers**

 Support to navigate services for families newly arrived in Australia during pregnancy or have a child 0-5 years old

Shop A 4 Magdalene Terrace, Wolli Creek Monday to Saturday 8:30am – 5pm Book your appointment: Phone: 02 8257 0955 SESLHD-WolliCreekHub@health.nsw.gov.au