

Good health for an Aboriginal person involves viewing health holistically (looking at the whole picture). This involves addressing well-being socially, emotionally, culturally, physically, spiritually and environmentally. Well-Being of family and the community are also important.

Your Aboriginal Hospital Liaison Officer is:

Please contact:

Sutherland Hospital and Health Services

430 The Kingsway Caringbah

Locked Bag 21 Taren Point NSW 2229

Ph: 9540 7996

Sutherland Hospital Switch on 9540 7111

St George Hospital and Health Services

Gray Street

Kogarah NSW 2217

Ph: 9113 2707

St George Hospital Switch on 9113 1111

Artwork by Gangari Aboriginal artist
Kathryn Dodd Farrawell

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SECTOR ABORIGINAL HOSPITAL LIAISON OFFICER

St George and Sutherland Hospitals

SESLHD (Southern Sector)

**Providing support services for
Aboriginal patients their families
and health staff**



Health
South Eastern Sydney
Local Health District

The Aboriginal Hospital Liaison Officer (AHLO) provides a liaison service to Aboriginal and Torres Strait Islander patients admitted to Sutherland and St George Hospitals.

The Aboriginal Hospital Liaison officer:

It is a NSW Health mandatory requirement that health staff ask all patients if they identify as Aboriginal, Torres Strait Islander or both, regardless of appearance.

If a patient identifies, health staff may offer the patient the support of the Aboriginal Hospital Liaison Officer.

- Provides emotional, social and cultural support to patients and their families.
- Advocates and liaises on behalf of patients and families.
- Provides information about hospital services.
- Assists with referrals to Aboriginal and non Aboriginal organisations.

Your Aboriginal Hospital Liaison officer can help you to organise and refer to:

Financial assistance – Organise Centrelink support and enquires.

Accommodation and Travel - IPTAAS (Isolated Patient's Travel and Accommodation Scheme) and assist with housing applications.

Arrange Help at home - Meals on Wheels and aids and equipments.

Improving health - options for taking part in healthy lifestyle programs and support programs.

Connecting to culture – looking at connection to Aboriginal cultural activities or organisations.

Finding a doctor - registration for Close the Gap cheaper prescriptions.

Your Aboriginal Hospital Liaison officer can provide information on:

- Patients' rights and responsibilities
- Legal Services
- Child protection

Things you will need to bring when coming to hospital

- Pension card or concession card
- Medicare card
- Healthcare card
- Any medications you are taking
- Small amount of cash
- Key card or bank books
- Clothing, pyjamas, dressing gown and non-slip slippers or shoes
- Toiletries
- Contact lenses or glasses
- Dentures
- IPTAAS forms – only if you are coming from country areas