

Friday 12 June 2015, 10 am

MINUTES

PRESENT:

Ms L Craig, Community member
Ms T Fletcher, Community member
Ms H Mantziaris, Community member (Co-chair)
Mr P O'Donoghue, Community member
Ms L Rex, Community member
Teleconference : Ms N Cowlshaw, Community member
Teleconference : Ms E Hutchings, Community member (left meeting approx. 10.45 am)

RHW/SESLHD representation :

Ms H Gunn, Director of Nursing & Midwifery Services, RHW
Ms D Kennedy, Community Partnerships Officer, SESLHD
Ms L Woodhart, Clinical Practice Improvement Manager, RHW
Ms J East, Secretariat RHW

2. APOLOGIES:

Dr J Wilson, Community member (Co-chair)
Ms S Rawlinson, Community member
Ms A Lainchbury, Clinical Midwifery Consultant, Midwifery Practice Development, RHW
Ms V Madunic, Acting Director of Operations, RHW
Dr J Svensson, Health Education Co-ordinator and Diversity Health Officer, RHW

PRESENTATION – Dr Debra Kennedy, Mothersafe (medications in pregnancy service)

Dr Kennedy provided a background to the service which began in 2000 as predominantly a telephone service:

- Paediatric specialist in clinical genetics wanting to prevent babies with birth defects
- Identified a need to educate people in safety and prevention
- Service is customer focused
- Unlike other services Mothersafe takes calls from consumers
- Quite a number of pregnancies are not planned so there will be exposure as well as women with a chronic illness needing medication
- 1st year 2,000 calls; 2003 8,700 calls, 2006 over 15,500 calls, 2009 20,200 calls, 2012 221,786 calls and in 2013-14 23,000 approximately.
- In the beginning 60% calls were from consumers but now it is 80% predominantly women
- Health care professions, general practitioners, nurses, midwives, lactation consultants, genetic counsellors and pharmacist also seek advice
- Vast majority is by telephone
- Three staff on duty every day : two on the telephone, one does follow up to ascertain outcome, website and fact sheets
- Recently launched a facebook page
- 1% of women with more serious concerns and/or chronic conditions are referred to Dr Kennedy's clinic, eg occupational exposures, substance abuse issues, concerned about terminating a pregnancy due to exposure

- Also conduct a Pregnancy Planning, Lifestyle & Nutrition (PLAN) clinic which is midwifery run – it is held once a fortnight at RHW and once a fortnight at Sydney Hospital
- Dr Kennedy participates in teaching medical students and various medical groups, eg general practitioners
- Important to disseminate our knowledge to other professionals
- Mothersafe provides a state-wide service
- Interpreter service is used on a case by case basis and can be organised in advance if English is not the first language
- General Practitioners are also helpful – Mothersafe counsellors send them the relevant fact sheets and they explain and/or translate to their patient
- Callers are not always identifiable as having a disability – Dr Kennedy has seen patients with disabilities in clinic as they usually require advice on chronic medications
- A telephone service is sometimes beneficial for people with limited mobility
- Callers outside the city have access to an 1800 number which is a free call
- Looking at the data the service demographic favours motivated well educated
- It was suggested the service should look at avenues to address the issues of culture and language – send the mission statement to the ethnic press and they will translate for publication
- Currently some information in different languages is available on the website and ways to increase these are being explored
- Mothersafe flyers are available in all public hospital antenatal clinics
- Chemical Use in Pregnancy Service (CUPS) is a case management service run from Langton Clinic – add to list of future presentations

D Kennedy will circulate information on the Healthdirect which is a 24 hour service triaged by a nurse and is not specialised

ACTION: Add Chemical Use in Pregnancy Service to the list of future presentations

D Kennedy circulate information on the Healthdirect service

1. ACKNOWLEDGEMENT OF COUNTRY – H Mantziaris

I would like to acknowledge the Gadigal people of the Eora Nation who are the traditional custodians of the land on which we are meeting today and pay my respects to their elders both past and present.

3. CONFIRMATION OF AGENDA

4. MINUTES OF PREVIOUS MEETING

The minutes from the previous meeting held 10 April 2015 were adopted.

H Mantziaris asked N Cowlshaw if she could report regularly on her attendance at the Hospital's Patient Care Committee. N Cowlshaw noted that most of the discussions are around clinical details of specific cases and she will liaise with H Gunn to ascertain what can be suitably reported on.

5. MATTERS ARISING FROM THE MINUTES

H Mantziaris noted her attendance at the *Understanding Health Beliefs and Practices Workshop in Maternity* (attached).

D Kennedy noted there are issues with access to online mandatory training for volunteers. HETI (Health Education & Training Institute) provides 4-5 modules but access is not possible externally. HETI is aware of the issues. D Kennedy advised she is attending a meeting where these issues and possible solutions will be discussed.

ACTION : D Kennedy to report back following meeting concerning issues with accessing mandatory training modules

T Fletcher noted the importance of disability awareness training for staff and an understanding of how to communicate and interact. D Kennedy and L Woodhart will ascertain if this is included in the HETI modules. T Fletcher offered her assistance in providing information or a training session. H Gunn will follow up outside the meeting.

ACTION: D Kennedy and L Woodhart ascertain if disability awareness training for staff is in the HETI modules

H Gunn advised the Code of Conduct workshop is being rolled out at the hospital.

ACTION ITEMS - noted and updated

6. STANDING ITEMS

6.1 Community Partnerships update

D Kennedy noted the following :

- information has been circulated on an upcoming event to be held at St George hospital – Partnering with Culturally and Linguistically Diverse Carers
- her attendance at the International Association of Public Participation a community engagement organization
- her attendance at a health networking seminar where a consumer from Syria spoke with his own interpreter – D Kennedy will circulate an overview
- SESLHD Innovations Awards event being held 23 June – there are two submissions from RHW
- NAIDOC week is 5 – 12 July – D Kennedy will circulate information on the event for the Randwick Hospitals Campus

ACTION: D Kennedy will circulate and overview of the health networking seminar and information on NAIDOC week

6.2 Youth Health update

In J Svensson's absence H Gunn read an email update : J Svensson presented at the NSW Kids and Families Youth Health Showcase which was well received. The presentation was on the health forums conducted at Randwick Girls High School.

6.3 SESLHD Falls Committee

L Woodhart advised that the Clinical Excellence Commission has adopted the RHW posters on baby falls. They have been redesigned to look after babies in postnatal and will be rolled out statewide.

6.4 Quality & Safety Data

L Woodhart advised the data circulated is an updated version and is now available on the RHW website.

6.5 Patient Feedback

L Woodhart advised there was nil to report.

7. GENERAL BUSINESS**7.1 Development of a project / programme**

H Mantziaris noted that the Committee should consider areas to undertake a project and a discussion followed on ideas and areas of interest.

L Woodhart suggested the hospital would like to have staff education by consumers which could be co-ordinated from this committee and run 1 – 3 sessions per year.

The Committee discussed and agreed that disability awareness training for staff would be a good area to concentrate on and T Fletcher offered her assistance and access to training programmes. A meeting will be organised to progress further and report back to the Committee – H Gunn, L Woodhart, J Svensson and T Fletcher.

ACTION: Meeting to be organised to progress project – disability awareness training for staff

7.2 National Standards – Accreditation 15-17 June

L Woodhart gave an update on preparations noting that J Wilson and H Mantziaris will meet with the accreditors.

8. NEXT MEETING 7 August 2015

9. BUSINESS WITHOUT NOTICE**9.1 Perinatal Mental Health**

On behalf of J Wilson, the Chair asked what process the hospital has in place for recognizing and handling the perinatal mental health of mothers.

H Gunn advised there is a programme in place – Perinatal Outreach Mental Health Service (POMHS) and a presentation can be organised.

ACTION: POMHS to be added to presentations (possibly October)

Signature



Date 7/8/15