Putting the FUN into FUNdamental Movement Skills

with a focus on Cricket

This workshop will help teachers put the FUN into Fundamental Movement Skills (FMS) lessons while meeting current syllabus outcomes. Being proficient in fundamental movement skills enables children to participate confidently in play, dance, games, sport, outdoor education and recreational activities at home, at school and in the community. Developing the proficiency in these foundations of movement contributes to the health and wellbeing of individuals enabling lifelong involvement in physical activity.

Delivered by accredited Cricket NSW staff this workshop will cover the FMS associated with cricket, while also covering gross motor and movement skills. The workshop will complement the existing Health and Physical Education syllabus and will provide teachers with the confidence to teach the fundamentals with proficiency.

Presented by Cricket NSW in partnership with South Eastern Sydney Local Health District

Lucky door prizes available to be won!
Afternoon tea provided

Workshop dates & locations

- **Tuesday 11 August:**
  Matraville Public School
  310 Bunnerong Rd, Matraville 2036

- **Wednesday 12 August:**
  Sutherland Public School
  38/54 Eton St, Sutherland 2232

- **Thursday 13 August:**
  Hurstville Public School
  52-96 Forest Road, Hurstville 2220

**Time:** 3:45pm – 5:30pm

*Maximum three teachers per school. Limited places available.
*Only available to schools in South Eastern Sydney Local Health District.
*Each school will receive one T-Ball set to practice the two-handed strike

If you have questions or require further information contact Lauren:
Lauren.mcclean@sesiahs.health.nsw.gov.au

Get your free t-ball set!

Register now!
Complete the online registration via this link or scan the QR Code:
www.eventbrite.com/e/pdhpe-workshop-putting-the-fun-into-fundamental-movement-skills-tickets-17451045547