NEWBORN USE ONLY
GIVEN ON DOCTORS ORDER ONLY

DOMPERIDONE
Maternal use only!

DESCRIPTION
Peripheral dopamine antagonist.

USE
Augment milk secretions in mothers with inadequate breast milk output.

PRESENTATION
10mg/tablet

DOSE
10 mg 3 x day for 2-3 days then increase to
20 mg 3 x day until milk supply well established. Decrease dose to
10 mg 3 x day for 1 week before stopping the medication altogether.

ADMINISTRATION
Oral

NOTE
1. Mothers should have been breastfeeding or expressing 6-8 times a day prior
   commencement of domperidone.
2. Double-pumping (milk yields are higher when both breasts are expressed
   simultaneously) and increased skin-to-skin contact (pouching, allowing baby to nuzzle
   the breast) have a positive effect.
3. Adequate diet, fluid intake and rest are important.
4. Reassurance, positive support, consistent advice from NICU staff, family and friends is
   crucial to maternal self-esteem and positive outcomes.
5. Galactogogues will increase milk supply ONLY in concert with all of the above.
6. There is little evidence to support prolonged treatment i.e. more than a month.

STORAGE
Room temperature

ADVERSE EFFECTS
Dry mouth, skin rash, itching, headache, thirst, bowel disturbances and
seizures are rare

INCOMPATIBILITY
cimetidine, famotidine, nizatidine, ranitidine, sodium bicarbonate

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CD002771

Revised: 10 April 2014